



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	1	Nicki Wilberforce	Thunder Bay	ON	35-39	1:06:04
	2	Kim House	Thunder Bay	ON	40-44	1:08:29
	3	Morgan Broennle	Thunder Bay	ON	20-29	1:08:44
	4	Berit Dool	Thunder Bay	ON	20-29	1:08:52
	5	Kathy Harris	Thunder Bay	ON	40-44	1:09:56
	6	Karen Rosehart	Thunder Bay	ON	30-34	1:10:56
	7	Carol Bannon	Thunder Bay	ON	50-54	1:11:04
	8	Sandra Albertson	Thunder Bay	ON	40-44	1:11:51
	9	Marianne Stewart	Thunder Bay	ON	30-34	1:11:58
	10	Tammy Colla	Thunder Bay	ON	20-29	1:12:41
	11	Maureen Page	Thunder Bay	ON	35-39	1:13:00
	12	Ashley Goodlad	Thunder Bay	ON	20-29	1:13:34
	13	Nicole Mace	Penetanguishene	ON	30-34	1:13:39
	14	Kim Filgliomeni	Schreiber	ON	30-34	1:13:49
	15	Cara Petrone	Schreiber	ON	30-34	1:13:50
	16	Sharon Komar	Thunder Bay	ON	40-44	1:13:53
	17	Beth Shipston	Thunder Bay	ON	35-39	1:14:17
	18	Riley Speziale	Thunder Bay	ON	0-19	1:14:18
	19	Nancy White	Thunder Bay	ON	45-49	1:14:24
	20	Trisha Clark	Thunder Bay	ON	35-39	1:14:24
	21	Sasha Clearwater	Nipigon	ON	35-39	1:14:34
	22	Isabel Pacheco	Thunder Bay	ON	35-39	1:15:03
	23	Cathy McGuire	Thunder Bay	ON	45-49	1:15:05
	24	Claudia Tropea	Thunder Bay	ON	40-44	1:15:33
	25	Deborah Frederickson	Thunder Bay	ON	50-54	1:15:33
	26	Stephanie Chow	Thunder Bay	ON	20-29	1:15:40
	27	Trish Allaire	Red Rock	ON	40-44	1:15:40
	28	Erin Creak	Thunder Bay	ON	30-34	1:15:57
	29	Angie Paul	Thunder Bay	ON	35-39	1:16:41
	30	Natalie Barriault	Thunder Bay	ON	20-29	1:16:46
	31	Lindsay Baraskewich	Thunder Bay	ON	20-29	1:16:49
	32	Joanne Hallarn	Thunder Bay	ON	40-44	1:17:06
	33	Heidi McGee	Thunder Bay	ON	40-44	1:17:06
	34	Barb Grosjean	Thunder Bay	ON	30-34	1:17:18
	35	Christine Bociurko	Thunder Bay	ON	40-44	1:17:21
	36	Beth Ponka	Thunder Bay	ON	40-44	1:17:41
	37	Linda Evans	Thunder Bay	ON	40-44	1:18:31
	38	Heather McLean	Thunder Bay	ON	35-39	1:18:43
	39	Rebeccah Boban	Thunder Bay	ON	30-34	1:18:47
	40	Becky Puiras	Thunder Bay	ON	20-29	1:18:48
	41	Jeannette Veneruz	Thunder Bay	ON	45-49	1:19:01
	42	Cindy Zanni	Thunder Bay	ON	45-49	1:19:02



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	43	Maria Flicka-Thomas	Thunder Bay	ON	45-49	1:19:03
	44	Lori Chambers	Thunder Bay	ON	40-44	1:19:23
	45	Laura Dilley	Thunder Bay	ON	20-29	1:19:40
	46	Kathie Chezick	Thunder Bay	ON	45-49	1:19:49
	47	Andrea Stach	Thunder Bay	ON	35-39	1:19:54
	48	Lori Green	Fort Frances	ON	40-44	1:20:06
	49	Amy Childs	Thunder Bay	ON	0-19	1:20:11
	50	Janet Kukko	Thunder Bay	ON	35-39	1:20:17
	51	Karen Kukko-Pulkkinen	Thunder Bay	ON	35-39	1:20:29
	52	Alison McMullen	Thunder Bay	ON	50-54	1:20:35
	53	Keli Cristofaro	Thunder Bay	ON	30-34	1:21:03
	54	Gael Jones	Thunder Bay	ON	60-69	1:21:06
	55	Jaime Hunsberger	Thunder Bay	ON	20-29	1:21:07
	56	Andrea Boyd	Thunder Bay	ON	30-34	1:21:13
	57	Ginette Roy	Thunder Bay	ON	35-39	1:21:15
	58	Betty Annala	Thunder Bay	ON	40-44	1:22:05
	59	Michelle Gernat	Thunder Bay	ON	35-39	1:22:15
	60	Leslie Hynnes	Thunder Bay	ON	35-39	1:22:17
	61	Linda Graver	Thunder Bay	ON	35-39	1:22:30
	62	Karen Murphy	Thunder Bay	ON	30-34	1:22:45
	63	Esme French	Thunder Bay	ON	40-44	1:22:58
	64	Shana Magee	Thunder Bay	ON	30-34	1:23:00
	65	Shelley Cryer	Thunder Bay	ON	30-34	1:23:16
	66	Michele McKenzie	Thunder Bay	ON	35-39	1:23:30
	67	Valerie Mertz	Thunder Bay	ON	30-34	1:23:39
	68	Kate Melchiorre	Thunder Bay	ON	35-39	1:23:48
	69	Moira Mangatal	Thunder Bay	ON	20-29	1:24:03
	70	Laura Bannon	Thunder Bay	ON	20-29	1:24:05
	71	Teresa Veneruz	Thunder Bay	ON	40-44	1:24:22
	72	Sally Kukko	Thunder Bay	ON	55-59	1:24:26
	73	Siobhan Farrell	Thunder Bay	ON	45-49	1:24:29
	74	Krista Emond	Devlin	ON	0-19	1:24:37
	75	Mona Chiasson	Thunder Bay	ON	40-44	1:24:46
	76	Richelle Mabee	Thunder Bay	ON	35-39	1:24:53
	77	Carey Murphy	Thunder Bay	ON	20-29	1:24:54
	78	Laura Burton-Balabuck	Thunder Bay	ON	20-29	1:25:02
	79	Katie Burton	Thunder Bay	ON	30-34	1:25:02
	80	Patricia Hajdu	Thunder Bay	ON	35-39	1:25:03
	81	Kellie Leishman	Thunder Bay	ON	35-39	1:25:27
	82	Chris O'Shaughnessy-Start	Thunder Bay	ON	40-44	1:25:29
	83	Susan Petryna	Thunder Bay	ON	40-44	1:25:36
	84	Helena Billard	Thunder Bay	ON	35-39	1:25:36



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	85	Ashleigh Morris	Thunder Bay	ON	20-29	1:26:19
	86	Shanon Arnold McDevitt	Thunder Bay	ON	30-34	1:26:23
	87	Erin Woodbeck	Thunder Bay	ON	20-29	1:26:27
	88	Hannah Karpiuk	Thunder Bay	ON	20-29	1:26:37
	89	Janice Piper	Thunder Bay	ON	45-49	1:26:52
	90	Jodi Martinsen	Thunder Bay	ON	30-34	1:27:07
	91	Suzan Christie	Thunder Bay	ON	30-34	1:27:10
	92	Joanne Anderson	Thunder Bay	ON	40-44	1:27:10
	93	Janine Black	Thunder Bay	ON	40-44	1:27:12
	94	Erin Romick	Thunder Bay	ON	20-29	1:27:25
	95	Norine Oda	Thunder Bay	ON	50-54	1:27:36
	96	Paula Nordlund	Thunder Bay	ON	35-39	1:27:37
	97	Lisa Tabor	Thunder Bay	ON	35-39	1:27:45
	98	Nathalie Bedard	Thunder Bay	ON	35-39	1:27:59
	99	Trudy Tough	Thunder Bay	ON	45-49	1:28:00
	100	Michelle McChristie	Thunder Bay	ON	30-34	1:28:13
	101	Robin Lepere	Thunder Bay	ON	20-29	1:28:15
	102	Nancy Shine	Thunder Bay	ON	40-44	1:28:18
	103	Janis Hardick	Thunder Bay	ON	45-49	1:28:33
	104	Natasha Tracz	Thunder Bay	ON	20-29	1:28:40
	105	Barb McGill	Marathon	ON	45-49	1:28:50
	106	Tiana D'Angelo	Thunder Bay	ON	20-29	1:28:51
	107	Jennifer Bell	Thunder Bay	ON	30-34	1:28:51
	108	Carolyn Weiss	Thunder Bay	ON	30-34	1:28:52
	109	Lindsay Kolari	Thunder Bay	ON	20-29	1:29:02
	110	Maureen Ahokas	Thunder Bay	ON	55-59	1:29:10
	111	Rose Bortolon	Thunder Bay	ON	45-49	1:29:16
	112	Megan DelBen	Thunder Bay	ON	20-29	1:29:21
	113	Ashley Basinger	Thunder Bay	ON	20-29	1:29:22
	114	Heather Neilson-Clayton	Thunder Bay	ON	45-49	1:29:47
	115	Julie Labonte	Thunder Bay	ON	20-29	1:29:52
	116	Dana Bova	Thunder Bay	ON	30-34	1:29:54
	117	Marilee Chase	Thunder Bay	ON	40-44	1:30:01
	118	Sara Elvish	Thunder Bay	ON	40-44	1:30:21
	119	Suzanne Gillespie	Thunder Bay	ON	40-44	1:30:44
	120	Connie Chouinard	Red Rock	ON	35-39	1:30:47
	121	Michelle Hughes	Thunder Bay	ON	30-34	1:30:49
	122	Abby Anderson	Thunder Bay	ON	30-34	1:30:49
	123	Jacalyn Bale	Thunder Bay	ON	20-29	1:31:14
	124	JoAnne Dagsvik	Thunder Bay	ON	55-59	1:31:17
	125	Jackie Otway	Thunder Bay	ON	55-59	1:31:43
	126	Shena LaFreniere	Kakabeka Falls	ON	50-54	1:31:50



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	127	Erin Coull	Thunder Bay	ON	20-29	1:31:52
	128	Kirsten Pradal	Thunder Bay	ON	20-29	1:32:05
	129	Laurie Barabash	Thunder Bay	ON	50-54	1:32:15
	130	Tiffany Miller	Thunder Bay	ON	20-29	1:32:23
	131	Monica North	Thunder Bay	ON	20-29	1:32:51
	132	Erin Turner	Thunder Bay	ON	0-19	1:33:01
	133	Barb Tabachak	Thunder Bay	ON	40-44	1:33:04
	134	Adria Milne	Neebing	ON	30-34	1:33:12
	135	Christiane Leiwe	Thunder Bay	ON	45-49	1:33:24
	136	Adrienne Fera	Marathon	ON	20-29	1:33:24
	137	Heather Hyslop	Thunder Bay	ON	40-44	1:33:31
	138	Jacqueline Long	Thunder Bay	ON	60-69	1:33:49
	139	Carly Ray	Thunder Bay	ON	20-29	1:33:56
	140	Jill Axisa	Millgrove	ON	45-49	1:34:07
	141	Michalk Coffey	Thunder Bay	ON	35-39	1:34:24
	142	Arlene Sanzo	Thunder Bay	ON	35-39	1:34:24
	143	Barb Flegel	Thunder Bay	ON	45-49	1:34:31
	144	Elisha Potts	Thunder Bay	ON	0-19	1:34:43
	145	Andrea Middleton	Murillo	ON	30-34	1:34:45
	146	Tanya Hayes	Thunder Bay	ON	20-29	1:34:50
	147	Christine Taylor	Thunder Bay	ON	20-29	1:34:52
	148	Sharla MacKinnon	Fort Frances	ON	30-34	1:34:56
	149	Bev Chambers Francis	Thunder Bay	ON	55-59	1:35:01
	150	Betty Oldale	Thunder Bay	ON	50-54	1:35:03
	151	Robin Gould	Thunder Bay	ON	30-34	1:35:03
	152	Joanne Potts	Thunder Bay	ON	40-44	1:35:07
	153	Nancy Kowalchuk	Thunder Bay	ON	20-29	1:35:13
	154	Armagail Lindsey	Thunder Bay	ON	55-59	1:35:18
	155	Jodi Lehtinen	Thunder Bay	ON	30-34	1:35:19
	156	Melissa Carroll	Thunder Bay	ON	30-34	1:35:27
	157	Carrie Vita	Thunder Bay	ON	30-34	1:35:28
	158	Kiza Francis	Ottawa	ON	20-29	1:35:36
	159	Vicky Carlucci	Thunder Bay	ON	30-34	1:35:37
	160	Jill DeGagne	Thunder Bay	ON	40-44	1:36:03
	161	Janice Hartford	Thunder Bay	ON	40-44	1:36:03
	162	Jenna Horan	Thunder Bay	ON	30-34	1:36:08
	163	Fiona Maclean	Thunder Bay	ON	40-44	1:36:11
	164	Dani Garon	Thunder Bay	ON	20-29	1:36:14
	165	Colleen Snelgrove	Thunder Bay	ON	45-49	1:36:17
	166	Cheryl Ritchie	Thunder Bay	ON	45-49	1:36:36
	167	Lindsay Bannon	Thunder Bay	ON	20-29	1:36:36
	168	Rosanna Hathazi	Thunder Bay	ON	35-39	1:36:48



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	169	Kimberly Darosa	Thunder Bay	ON	0-19	1:36:48
	170	Diane Scocchia	Thunder Bay	ON	50-54	1:36:51
	171	Tricia Allan	Thunder Bay	ON	45-49	1:37:13
	172	Donna Russo	Thunder Bay	ON	45-49	1:37:15
	173	Laurie Henderson	Thunder Bay	ON	40-44	1:37:19
	174	Samantha George Smith	Thunder Bay	ON	35-39	1:37:33
	175	Rose Darosa	Thunder Bay	ON	35-39	1:37:33
	176	Rachel DeFranceschi	Thunder Bay	ON	30-34	1:38:06
	177	Ann Zsakai	Thunder Bay	ON	40-44	1:38:08
	178	Carina Desramaux	Thunder Bay	ON	30-34	1:38:09
	179	Vanessa Power	Winnipeg	MB	20-29	1:38:14
	180	Karen McMaster	Thunder Bay	ON	45-49	1:38:19
	181	Marlene Pawluk	Thunder Bay	ON	55-59	1:38:21
	182	Ritva Restall	Thunder Bay	ON	50-54	1:38:37
	183	Cathy Michaliuk	Thunder Bay	ON	40-44	1:38:43
	184	Louanna O'Connor	Thunder Bay	ON	40-44	1:38:49
	185	Jodi Scott	Thunder Bay	ON	35-39	1:39:01
	186	Karen Dahl	Thunder Bay	ON	50-54	1:39:21
	187	Cheryl Harrison	Thunder Bay	ON	30-34	1:39:22
	188	France Luloff		ON	40-44	1:39:41
	189	Leanne Willis	Thunder Bay	ON	20-29	1:40:07
	190	Jackie Dojack	Thunder Bay	ON	60-69	1:40:19
	191	Shelley Trewin	Thunder Bay	ON	30-34	1:40:39
	192	Linda Butler	Thunder Bay	ON	50-54	1:40:51
	193	Trina DiStefano	Thunder Bay	ON	35-39	1:40:52
	194	Janet Chiupka	Thunder Bay	ON	50-54	1:40:57
	195	Jennifer O'Brien	Thunder Bay	ON	20-29	1:41:01
	196	Patricia Ylinen	Thunder Bay	ON	45-49	1:41:17
	197	Catherine Arnold	Thunder Bay	ON	45-49	1:41:17
	198	Dee Tuyl	Thunder Bay	ON	60-69	1:41:19
	199	Sharon Litwin	Thunder Bay	ON	35-39	1:41:48
	200	Nikki Maronese	Thunder Bay	ON	20-29	1:42:28
	201	Diana Madunic	Thunder Bay	ON	35-39	1:42:40
	202	Joan Robinson	Thunder Bay	ON	35-39	1:42:50
	203	Kim Ahola	Vickers Heights	ON	40-44	1:42:59
	204	Cathie Nixon	Prince George	BC	50-54	1:42:59
	205	Bev Cooper	Thunder Bay	ON	40-44	1:43:12
	206	Joanne Atwood	Thunder Bay	ON	45-49	1:43:12
	207	Becca King	Thunder Bay	ON	20-29	1:43:27
	208	Charissa King	Kitchener	ON	20-29	1:43:27
	209	Donna Hryczyn	Kaministiquia	ON	35-39	1:43:46
	210	Elizabeth Stafford	Thunder Bay	ON	50-54	1:43:52



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	211	Joanne Kok	Thunder Bay	ON	40-44	1:44:17
	212	Sabrina Peterson	Thunder Bay	ON	20-29	1:44:41
	213	Beatrice Vernier-Larochette	Thunder Bay	ON	50-54	1:44:55
	214	Tricia Taylor	Thunder Bay	ON	50-54	1:45:01
	215	Antonia Vidjen	Thunder Bay	ON	40-44	1:45:03
	216	Kaela Donohue	Thunder Bay	ON	20-29	1:45:06
	217	Janis Nixon	Thunder Bay	ON	45-49	1:45:18
	218	Carmela Magbanua	Thunder Bay	ON	30-34	1:45:27
	219	Doris Colosimo	Thunder Bay	ON	40-44	1:45:34
	220	Glenda Hamlyn	Thunder Bay	ON	20-29	1:45:38
	221	Margaret Davey	Thunder Bay	ON	60-69	1:45:39
	222	Carol Payne	Thunder Bay	ON	40-44	1:45:46
	223	Jo-ANN Scott	Thunder Bay	ON	35-39	1:45:52
	224	Roxanne Gagnon	Thunder Bay	ON	35-39	1:46:21
	225	Cheryl Nisula	Thunder Bay	ON	45-49	1:46:38
	226	Vi Turner	Thunder Bay	ON	70+	1:46:51
	227	Heather McKirdy	Thunder Bay	ON	20-29	1:47:14
	228	Jolene Winters	Thunder Bay	ON	30-34	1:47:25
	229	Tania Mash-Gagnon	Thunder Bay	ON	35-39	1:47:26
	230	Kim Karioja	Thunder Bay	ON	45-49	1:47:49
	231	Valerie Barriault	Thunder Bay	ON	20-29	1:47:57
	232	Nicole Sutherland	Thunder Bay	ON	40-44	1:48:04
	233	Jan Inkster	Thunder Bay	ON	60-69	1:48:24
	234	Peggy Wassegijig	Thunder Bay	ON	30-34	1:48:30
	235	Kim Baskin	Thunder Bay	ON	20-29	1:48:56
	236	Jessica Nehrebecky	Thunder Bay	ON	20-29	1:49:02
	237	Janie Abraham	Thunder Bay	ON	50-54	1:49:37
	238	Diana Gowanlock	Thunder Bay	ON	35-39	1:50:02
	239	Anita Lapointe	Thunder Bay	ON	30-34	1:50:02
	240	Shelley Hill	Thunder Bay	ON	35-39	1:50:02
	241	Joyiyn Forsythe	Thunder Bay	ON	30-34	1:50:57
	242	Allison Luther	Thunder Bay	ON	20-29	1:51:00
	243	Marlaine Hagel	Thunder Bay	ON	50-54	1:51:14
	244	Megan Workman	Thunder Bay	ON	30-34	1:51:14
	245	Tracey Chisholm	Thunder Bay	ON	45-49	1:51:14
	246	Sandra Guthrie	Thunder Bay	ON	50-54	1:51:15
	247	Jodi Ziebarth	Thunder Bay	ON	35-39	1:51:22
	248	Melissa Hardy	Thunder Bay	ON	30-34	1:51:27
	249	Tracey Sadgrove	Thunder Bay	ON	40-44	1:51:54
	250	Linda Kuizenga	Kakabeka Falls	ON	35-39	1:52:28
	251	Vanessa Watson	Thunder Bay	ON	20-29	1:53:19
	252	Jennifer Hanz	Winnipeg	MB	20-29	1:54:49



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
F	253	Terry Martin	Pass Lake	ON	45-49	1:55:13
	254	Karen Vigliarolo	Thunder Bay	ON	45-49	1:55:49
	255	Tamara Sadgrove	Thunder Bay	ON	35-39	1:57:48
	256	Abigail Tabachak	Thunder Bay	ON	0-19	2:01:46
	257	Savannah Hinterbrandner	Thunder Bay	ON	0-19	2:01:46
	258	Sarahlin Malo	Thunder Bay	ON	30-34	2:03:08
	259	Wendy Kresack	Thunder Bay	ON	45-49	2:03:08



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	1	Jonathan Balabuck	Thunder Bay	ON	20-29	53:30
	2	Stephen Hart	Thunder Bay	ON	20-29	55:49
	3	Ramon Verardo	Thunder Bay	ON	30-34	59:47
	4	Werner Schwar	Thunder Bay	ON	40-44	1:00:00
	5	Ryan McDonald	Thunder Bay	ON	30-34	1:00:18
	6	Jason Lucas	Thunder Bay	ON	30-34	1:00:25
	7	Jacob John	Thunder Bay	ON	0-19	1:00:54
	8	Doug Scott	Thunder Bay	MB	40-44	1:01:11
	9	Bruce Halvorson	Thunder Bay	ON	40-44	1:01:40
	10	Bill Krezonoski	Thunder Bay	ON	50-54	1:02:07
	11	Michael Curry	Thunder Bay	ON	30-34	1:02:59
	12	Sam Shippam	Kenora	ON	30-34	1:03:12
	13	Terry McDonald	Thunder Bay	ON	30-34	1:03:34
	14	Allan Harris	Thunder Bay	ON	45-49	1:03:36
	15	Lorne Ricard	Fort Frances	ON	50-54	1:03:36
	16	Cameron Nixon	Thunder Bay	ON	0-19	1:04:15
	17	Jim Keyes	Thunder Bay	ON	45-49	1:04:31
	18	Bryan Nunan	Thunder Bay	ON	45-49	1:04:58
	19	Mark LeDuc	Minneapolis	MN	50-54	1:05:05
	20	Bob Shine	Thunder Bay	ON	45-49	1:05:15
	21	Danny Larose	Pass Lake	ON	20-29	1:05:18
	22	Brian Boyle	Thunder Bay	ON	50-54	1:05:19
	23	Gino Chouinard	Red Rock	ON	35-39	1:05:26
	24	Rodney Puumala	Thunder Bay	ON	35-39	1:05:34
	25	Hilling Ezack	Thunder Bay	ON	20-29	1:05:55
	26	Tom McCulloch	Thunder Bay	ON	50-54	1:06:00
	27	Byron Maggrah	Thunder Bay	ON	40-44	1:06:34
	28	John Martinsen	Thunder Bay	ON	35-39	1:06:36
	29	Gary Young	Thunder Bay	ON	55-59	1:06:41
	30	Jamie Heringer	Thunder Bay	ON	20-29	1:06:59
	31	Phil Dopp	Sault Ste. Marie	ON	30-34	1:07:21
	32	Jason Bociurko	Thunder Bay	ON	30-34	1:07:21
	33	Alan McKenzie	Thunder Bay	ON	45-49	1:07:25
	34	Michael O'Connor	Thunder Bay	ON	40-44	1:07:44
	35	Dan Tipple	Thunder Bay	ON	40-44	1:07:49
	36	Darren Sneve	Thunder Bay	ON	45-49	1:08:01
	37	Charles Caldbick	Thunder Bay	ON	20-29	1:08:04
	38	Russell Peter Clark	Thunder Bay	ON	40-44	1:08:06
	39	Angelo Melchiorre	Thunder Bay	ON	35-39	1:08:12
	40	Stuart Brimmell	Thunder Bay	ON	40-44	1:08:13
	41	Brian Hendrickson	Thunder Bay	ON	55-59	1:08:14
	42	Matt Hoogsteen	Murillo	ON	20-29	1:08:17



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	43	Peter Lovis	Thunder Bay	ON	40-44	1:08:28
	44	David House	Thunder Bay	ON	45-49	1:08:29
	45	Stephen Rutledge	Thunder Bay	ON	50-54	1:08:35
	46	Claudio Pietrobelli	Thunder Bay	ON	35-39	1:08:44
	47	James Mazan	Thunder Bay	ON	35-39	1:08:49
	48	Rory Cava	Thunder Bay	ON	45-49	1:09:01
	49	Alan Christie	Thunder Bay	ON	40-44	1:09:09
	50	Tom Pazianos	Thunder Bay	ON	50-54	1:09:14
	51	Leigh Smith	Thunder Bay	ON	45-49	1:09:20
	52	Adam Cipolla	Thunder Bay	ON	30-34	1:09:22
	53	Murray Crane	Thunder Bay	ON	50-54	1:09:43
	54	Cliff Paul	Thunder Bay	ON	35-39	1:09:50
	55	Josef Ehrler	Thunder Bay	ON	55-59	1:09:51
	56	Bill Michl	Fort Frances	ON	50-54	1:10:00
	57	Ian Hamilton	Thunder Bay	ON	35-39	1:10:02
	58	Frank Wilson	Thunder Bay	ON	55-59	1:10:12
	59	Stewart Schmidt	Thunder Bay	ON	40-44	1:10:32
	60	Stephen Tapajna	Winnipeg	MB	30-34	1:10:35
	61	Gordon Ryan	Thunder Bay	ON	50-54	1:10:44
	62	Don Grant	Thunder Bay	ON	35-39	1:10:49
	63	Kris Nisula	Thunder Bay	ON	30-34	1:10:53
	64	Tim Surcess	Thunder Bay	ON	50-54	1:10:58
	65	Joe Moore	Thunder Bay	ON	30-34	1:10:59
	66	Mark Thibert	Thunder Bay	ON	45-49	1:10:59
	67	Ralph Hibbert	Thunder Bay	ON	45-49	1:11:07
	68	Jordan Baraniuk	Thunder Bay	ON	0-19	1:11:13
	69	Tom Methot	Thunder Bay	ON	45-49	1:11:17
	70	Jeff Martin	Thunder Bay	ON	20-29	1:11:46
	71	Darren Smallwood	Thunder Bay	ON	40-44	1:11:48
	72	Ken Horton	Thunder Bay	ON	30-34	1:11:52
	73	Jason Wyspianski	Thunder Bay	ON	20-29	1:12:10
	74	Wesley Bova	Thunder Bay	ON	35-39	1:12:12
	75	Robert Field	Trenton	ON	50-54	1:12:25
	76	Philip Ponka	Thunder Bay	ON	35-39	1:12:32
	77	John Hawkins	Thunder Bay	ON	35-39	1:12:40
	78	Tony Donato	Thunder Bay	ON	35-39	1:12:50
	79	Allan Snelgrove	Thunder Bay	ON	50-54	1:12:55
	80	Roy Nisula	Thunder Bay	ON	50-54	1:13:13
	81	Rob Roussel	Thunder Bay	ON	45-49	1:13:18
	82	Gary Tabor	Thunder Bay	ON	40-44	1:13:18
	83	Eric Kowalyk	Winnipeg	MB	0-19	1:13:31
	84	Robb Anderson	Thunder Bay	ON	55-59	1:13:37



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	85	Riley Burton	Thunder Bay	ON	30-34	1:13:39
	86	Barry Slater	Thunder Bay	ON	45-49	1:13:43
	87	Henry Panizza	Thunder Bay	ON	45-49	1:13:55
	88	Carmine Felice	Thunder Bay	ON	50-54	1:14:06
	89	Marshall Erickson	Thunder Bay	ON	40-44	1:14:10
	90	Gordon Wickham	Thunder Bay	ON	40-44	1:14:15
	91	Marcus Good	Thunder Bay	ON	30-34	1:14:27
	92	Greg Ulok	Thunder Bay	ON	35-39	1:14:34
	93	Ron Rost	Thunder Bay	ON	45-49	1:14:37
	94	Ron Speziale	Thunder Bay	ON	40-44	1:14:41
	95	Michel Aulagnon	Thunder Bay	ON	50-54	1:14:41
	96	Graeme Glabb	Kanata	ON	20-29	1:14:43
	97	Fred Shaughnessy	Echo Bay	ON	50-54	1:14:46
	98	Antonio Stefanile	Thunder Bay	ON	20-29	1:14:59
	99	Victor Cooke	Thunder Bay	ON	45-49	1:15:06
	100	Peter Navratil	Thunder Bay	ON	50-54	1:15:20
	101	Dan Ugray	Thunder Bay	ON	50-54	1:15:25
	102	Jarrett Hay	Thunder Bay	ON	20-29	1:15:30
	103	Roberto Bucci	Thunder Bay	ON	35-39	1:15:38
	104	Brian Dysievick	Thunder Bay	ON	45-49	1:15:47
	105	Michael Maronese	Thunder Bay	ON	20-29	1:15:53
	106	Denis Charlebois	Thunder Bay	ON	30-34	1:16:02
	107	Carlo Sunila	Thunder Bay	ON	35-39	1:16:17
	108	Jeff Noyes	Thunder Bay	ON	20-29	1:16:21
	109	Jason Whiteside	Thunder Bay	ON	20-29	1:16:40
	110	Stephen Adams	Thunder Bay	ON	35-39	1:16:42
	111	Louis Bortolon	Thunder Bay	ON	50-54	1:16:44
	112	Philip Major	Thunder Bay	ON	30-34	1:16:44
	113	Joe McGill	Marathon	ON	45-49	1:16:45
	114	Phil Patterson	Thunder Bay	ON	30-34	1:16:48
	115	Bruce Slater	Atikokan	ON	45-49	1:16:51
	116	James Martin	Neebing	ON	50-54	1:16:53
	117	Michael Iwachewski	Thunder Bay	ON	45-49	1:16:59
	118	Richard Morden	Thunder Bay	ON	45-49	1:17:25
	119	Barrie Daigle	Thunder Bay	ON	50-54	1:17:33
	120	Paolo Sanzo	Thunder Bay	ON	35-39	1:17:38
	121	Edward Giertuga	Thunder Bay	ON	50-54	1:17:41
	122	Jim Vaillant	Thunder Bay	ON	45-49	1:17:45
	123	Dan Arvelin	Thunder Bay	ON	30-34	1:17:52
	124	Bryan North	Thunder Bay	ON	50-54	1:18:01
	125	Tim Lampi	Thunder Bay	ON	35-39	1:18:01
	126	Doug Wright	Thunder Bay	ON	45-49	1:18:11



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	127	John Ylimaki	Nipigon	ON	60-69	1:18:20
	128	Claude Wyspianski	Thunder Bay	ON	55-59	1:18:22
	129	Doug Ross	Winnipeg	ON	20-29	1:18:24
	130	Jeremy Ezack	Thunder Bay	ON	30-34	1:18:25
	131	Alan Veneruz	Thunder Bay	ON	45-49	1:18:28
	132	Mac Davies	Thunder Bay	ON	55-59	1:18:31
	133	Jim Hansen	Thunder Bay	ON	50-54	1:18:37
	134	Olaf Smith	Thunder Bay	ON	20-29	1:18:40
	135	Rick Carter	Hudson	WI	45-49	1:18:56
	136	Patrick Shewchuk	Thunder Bay	ON	20-29	1:18:58
	137	Jack Kushnier	Thunder Bay	ON	55-59	1:19:05
	138	Larry Sochackey	Thunder Bay	ON	50-54	1:19:16
	139	Jeff O'Brien	Thunder Bay	ON	20-29	1:19:19
	140	Andy Meisner	Thunder Bay	ON	35-39	1:19:22
	141	David Villella	Thunder Bay	ON	40-44	1:19:36
	142	Alan Wooler	Thunder Bay	ON	50-54	1:19:51
	143	Philip Dzuba	Thunder Bay	ON	40-44	1:19:57
	144	Rob Towell	Thunder Bay	ON	20-29	1:19:57
	145	Bradley Vis	Murillo	ON	0-19	1:20:06
	146	Michael Mozell	Thunder Bay	ON	35-39	1:20:07
	147	Arnie Nurmi	Thunder Bay	ON	60-69	1:20:10
	148	Paul Mackett	Thunder Bay	ON	40-44	1:20:14
	149	Connor Remus	Thunder Bay	ON	0-19	1:20:18
	150	Bruce Brown	Thunder Bay	ON	55-59	1:20:32
	151	Dan Hatton	White River	ON	60-69	1:20:58
	152	David Henderson	Thunder Bay	ON	50-54	1:21:04
	153	Phil Figliomeni	Schreiber	ON	30-34	1:21:04
	154	Robin Kennie	Thunder Bay	ON	30-34	1:21:04
	155	David Dunlop	Thunder Bay	ON	20-29	1:21:27
	156	Marty Patterson	Thunder Bay	ON	45-49	1:21:40
	157	Michael Carter	Thunder Bay	ON	60-69	1:21:44
	158	Richard Vezeau	Thunder Bay	ON	45-49	1:21:57
	159	Jim Restall	Thunder Bay	ON	50-54	1:22:02
	160	James Sauve	Ottawa	ON	35-39	1:22:03
	161	Greg Noyes	Thunder Bay	ON	20-29	1:22:19
	162	Ed Smelt	Marathon	ON	40-44	1:22:24
	163	Tyler Fortin	Thunder Bay	ON	0-19	1:22:32
	164	Grant Lindsey	Thunder Bay	ON	50-54	1:22:35
	165	Michael Shafirka	Thunder Bay	ON	20-29	1:22:49
	166	Farrell Fulkerson	Thunder Bay	ON	50-54	1:22:51
	167	Toby Start	Thunder Bay	ON	45-49	1:22:52
	168	Craig Bullock	Dryden	ON	50-54	1:22:56



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	169	John Pilgrim	Thunder Bay	ON	20-29	1:22:58
	170	Paul Penna	Thunder Bay	ON	35-39	1:23:04
	171	Matt Steele	Thunder Bay	ON	20-29	1:23:13
	172	Bruce Bode	Thunder Bay	ON	45-49	1:23:33
	173	Pat Barabash	Thunder Bay	ON	50-54	1:23:42
	174	Bryan Merritt	Geraldton	ON	50-54	1:23:47
	175	Joel Biesenthal	Thunder Bay	ON	20-29	1:23:50
	176	Victor Krasowski	Thunder Bay	ON	50-54	1:23:56
	177	Craig Sandberg	Thunder Bay	ON	55-59	1:24:02
	178	Matthew Morden	Thunder Bay	ON	20-29	1:24:06
	179	Phil Elkie	Thunder Bay	ON	45-49	1:24:10
	180	Chris Pyne	Thunder Bay	ON	60-69	1:24:12
	181	William Montelpare	Thunder Bay	ON	45-49	1:24:15
	182	Ron Marion	Dryden	ON	45-49	1:24:19
	183	Anthony Fazzari	Thunder Bay	ON	40-44	1:24:50
	184	Marty Emond	Devlin	ON	45-49	1:24:50
	185	Scott Rome	Thunder Bay	ON	35-39	1:24:55
	186	Edward Fiddament	Thunder Bay	ON	40-44	1:25:06
	187	Kevin Kortez-Miller	Thunder Bay	ON	35-39	1:25:14
	188	Jonathan Woodbeck	Thunder Bay	ON	20-29	1:25:56
	189	Ron Michaliuk	Thunder Bay	ON	45-49	1:25:56
	190	Kevin Negley	Thunder Bay	ON	50-54	1:25:58
	191	Lance McKillop	Thunder Bay	ON	45-49	1:25:58
	192	John Hayes	Thunder Bay	ON	30-34	1:26:01
	193	Philip Buckler	Thunder Bay	ON	45-49	1:26:03
	194	Michael Tracz	Thunder Bay	ON	30-34	1:26:10
	195	Trevor Clinker	Thunder Bay	ON	20-29	1:26:17
	196	Les Perrault	Thunder Bay	ON	45-49	1:26:22
	197	Scott Haines	Hudson	ON	35-39	1:26:40
	198	Dan Slomke	Thunder Bay	ON	60-69	1:26:45
	199	Bruce Iwasa	Thunder Bay	ON	45-49	1:26:48
	200	Don Burton	Thunder Bay	ON	60-69	1:27:03
	201	W. Erik Howells	Thunder Bay	ON	35-39	1:27:10
	202	Dave Wood	Thunder Bay	ON	40-44	1:27:19
	203	Kevin Paradis		ON	35-39	1:27:20
	204	Frank McKay	Thunder Bay	ON	50-54	1:27:24
	205	Ted Ward	Thunder Bay	ON	45-49	1:27:32
	206	Kevin Knudson	Thunder Bay	ON	40-44	1:27:53
	207	William Bell	Thunder Bay	ON	30-34	1:27:59
	208	Ken Allan	Thunder Bay	ON	50-54	1:28:00
	209	Steve Tanguay	Thunder Bay	ON	40-44	1:28:01
	210	Scott Pound	Thunder Bay	ON	35-39	1:28:09



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	211	David Hardick	Thunder Bay	ON	45-49	1:28:12
	212	Tyler Gvora	Thunder Bay	ON	20-29	1:28:20
	213	Paul Straiton	Thunder Bay	ON	45-49	1:28:21
	214	Blake Cameron	Thunder Bay	ON	45-49	1:28:38
	215	Brad Bond	Thunder Bay	ON	30-34	1:28:47
	216	Bill Bragg	Thunder Bay	ON	60-69	1:29:11
	217	Herb Bax	Thunder Bay	ON	60-69	1:29:25
	218	Alex Mintenko	Thunder Bay	ON	60-69	1:29:29
	219	Morris Tarnawsky	Thunder Bay	ON	55-59	1:29:29
	220	John Young	Thunder Bay	ON	55-59	1:29:50
	221	Alan Auld	Thunder Bay	ON	40-44	1:29:58
	222	John Guthrie	Thunder Bay	ON	55-59	1:30:09
	223	Terry Hill	Thunder Bay	ON	45-49	1:30:14
	224	Bruce Turk	Kakabeka Falls	ON	35-39	1:31:17
	225	Chris Beaucage	Thunder Bay	ON	45-49	1:31:17
	226	Darren Leishman	Thunder Bay	ON	35-39	1:31:18
	227	Dave St. Amand	Thunder Bay	ON	50-54	1:31:34
	228	Tommy Doughty	Thunder Bay	ON	0-19	1:31:44
	229	Rob Sweet	Thunder Bay	ON	20-29	1:31:58
	230	Casey Horan	Thunder Bay	ON	30-34	1:33:27
	231	Kevin Caddo	Thunder Bay	ON	35-39	1:34:19
	232	Kevin Middleton	Murillo	ON	35-39	1:34:45
	233	Roger Lambert	Thunder Bay	ON	60-69	1:34:45
	234	Michael Wilson	Thunder Bay	ON	40-44	1:34:51
	235	Kris Sandberg	Thunder Bay	ON	20-29	1:34:58
	236	Jack Wagenaar	Thunder Bay	ON	45-49	1:35:05
	237	Aran O'Brien	Thunder Bay	ON	60-69	1:35:12
	238	Milan Benka	Thunder Bay	ON	55-59	1:35:41
	239	Alex Diner	Thunder Bay	ON	60-69	1:36:06
	240	James Coady	Thunder Bay	ON	45-49	1:36:34
	241	Junior Towegejick	Thunder Bay	ON	0-19	1:36:36
	242	Wes Thom	Thunder Bay	ON	20-29	1:36:52
	243	Murray Walberg	Thunder Bay	ON	35-39	1:37:12
	244	Tony DaSilva	Thunder Bay	ON	40-44	1:37:21
	245	Timothy Warkentin	Thunder Bay	ON	45-49	1:37:28
	246	Mike Dahlquist	Thunder Bay	ON	45-49	1:37:50
	247	Jim Power	Marathon	ON	50-54	1:38:15
	248	Joe Grzelewski	Thunder Bay	ON	50-54	1:39:04
	249	Clyde Tuyl	Thunder Bay	ON	55-59	1:39:05
	250	Tom Dawes	Murillo	ON	55-59	1:39:07
	251	Derek Daniher	Thunder Bay	ON	0-19	1:39:17
	252	Herbert Daniher	Thunder Bay	ON	45-49	1:39:23



Individual Final Results - By Sex

Sex	Place	Name	City	Prov	AgeGroup	Time
M	253	David Sparks	Thunder Bay	ON	60-69	1:39:31
	254	Mike St. James	Thunder Bay	ON	60-69	1:44:13
	255	Adrien Chan	Thunder Bay	ON	35-39	1:44:17
	256	Sean Donohue	Thunder Bay	ON	55-59	1:45:06
	257	Jim Colosimo	Thunder Bay	ON	70+	1:45:36
	258	Ric Stempein	Thunder Bay	ON	45-49	1:47:49
	259	Malcolm Sutherland	Thunder Bay	ON	35-39	1:48:04
	260	Larry Ezack	Thunder Bay	ON	55-59	1:53:01
	261	Richard Diem	Thunder Bay	ON	60-69	1:55:09
	262	Jim Gilbert	Thunder Bay	ON	40-44	1:56:19
	263	Frank Pollari	Thunder Bay	ON	45-49	2:03:09