



Fire Fighters 10 Mile Road Race Sponsored by Half-Way Motors/Nissan

~Family Fun Relay~

Monday, May 24th, 2010



Entry Fee \$25.00/team by Monday, May 17th

Late Entry \$40.00/team Wednesday, May 19th - Saturday, May 22nd
 (make cheque payable to: **10 Mile Road Race**)

**Entry fee does not include t-shirt or spaghetti dinner. T-shirt \$15.00 (per runner)
 Spaghetti Dinner \$10.00 (per runner)**

***** There is NO t-shirt option for late entries *****

DIVISION:

- Family Open Division – 5 members per team – minimum one adult and one child under 16)
- DISTANCES** Each runner will run two (2) miles. Baton must be exchanged in the relay exchange area.

The final runner must wear the timing chip

- Team co-ordinator responsible for delivery and pickup of team member from each handoff point
- Kit pickup at **HALF-WAY MOTORS/NISSAN**

Thursday	May 20 th	4-7 p.m.
Friday	May 21 st	4-7 p.m.
Saturday	May 22 nd	1-4 p.m.
Sunday	May 23 rd	4-7 p.m.
Sunday	May 23 rd	5-7 p.m.

KNIGHTS OF COLUMBUS CENTRE

- Spaghetti Dinner – Sunday 5-7 Knights of Columbus



Complete and return to:
 Fresh Air Experience

For Further Information contact:
 Rose Bortolon
rbortolon@hotmail.com
 475-3192

Team Name : _____

Team Members _____

Team Contact Name _____
 Address _____

 Phone _____
 E-Mail _____

		Fees
Entry		\$ _____
T-shirt(s)	XS – XL (\$15 X _____)	\$ _____
Size	_____	
Size	_____	
Size	_____	
Size	_____	
Size	_____	
Spaghetti Dinner (\$10.00 X _____)		\$ _____
TOTAL		\$ _____

WAIVER
 By accepting this entry I hereby waive and release the Thunder Bay Professional Firefighters Association, the City of Thunder Bay, all sponsors, and members of the organizing committee and all other volunteers of all claims and all responsibility of damages, injuries, and loss of articles which team members may sustain as participants in the Ten Mile Road Race. I acknowledge and understand all risks associated with this event and attest that team members are sufficiently trained to participate. I have read and fully understand this waiver/release.

Team Representative

_____ (must be 19 years or older)