

# 2010 RESULTS TEN MILE ROAD RACE - MALE

PLACE	NAME	BIB	Place	Division	TIME	PACE
1	Gilbert Kiptoo Ziwa, Kenya	12	1/29	M25-29	49:50.10	5:00
2	Eric Hartmark Duluth MN	15	1/44	M30-34	49:56.45	5:00
3	Phillip Kipchumba Eldoret, Kenya	13	1/36	M35-39	51:39.55	5:10
4	Paul Carr	11	1/27	M20-24	56:04.15	5:37
5	Mark Maronese	707	2/44	M30-34	56:14.60	5:38
6	Stephen Hart	892	3/44	M30-34	56:16.35	5:38
7	Adam Kates	696	4/44	M30-34	57:08.05	5:43
8	Michael Somppi	756	2/27	M20-24	57:21.75	5:45
9 X	Jonathan Balabuck	10	5/44	M30-34	57:46.15	5:47
10	Corey Gallagher Winnipeg	939	3/27	M20-24	58:11.05	5:50
11	Jarrow Wahman Duluth MN	928	1/43	M45-49	58:43.30	5:53
12	Dustin Moore	902	4/27	M20-24	1:00:37.75	6:04
13	Edan Corcoran	380	1/58	M50-54	1:00:50.90	6:06
14	Mehmet Danis Toronto	367	2/36	M35-39	1:01:16.95	6:08
15	Ryan McDonald	288	3/36	M35-39	1:01:24.55	6:09
16	Jeremy Goth Campbell River BC	848	4/36	M35-39	1:01:45.10	6:11
17	Doug Thiessen	464	2/29	M25-29	1:02:09.55	6:13
18	John Martinsen	500	1/49	M40-44	1:02:11.10	6:14
19	Claudio Pietrobelli	853	2/49	M40-44	1:02:30.20	6:16
20	Ramon Verardo	918	5/36	M35-39	1:02:50.85	6:18
21	Werner Schwar	732	3/49	M40-44	1:02:53.30	6:18
22	Michael Tassotto	791	6/36	M35-39	1:03:12.45	6:20
23	Jim Keyes	647	2/43	M45-49	1:03:20.00	6:20
24	Matt Vis	635	1/16	M<20	1:03:27.95	6:21
25	Aldo Furlan Winnipeg MB	378	3/43	M45-49	1:03:30.90	6:22
26	Gary Young	478	1/39	M55-59	1:03:45.95	6:23
27	Douglas Scott	511	4/43	M45-49	1:03:52.60	6:24
28	Ryan Hupka Albertville MN	375	6/44	M30-34	1:04:16.80	6:26
29	Stewart Schmidt	603	5/43	M45-49	1:04:25.90	6:27
30	Kyle Kawahara	915	5/27	M20-24	1:04:44.05	6:29
31	Peter Lovis	522	6/43	M45-49	1:05:13.60	6:32
32	Shaun Naroski	683	7/43	M45-49	1:05:33.75	6:34
33	Scott Wiebe	841	3/29	M25-29	1:05:45.20	6:35
34	Joel Gerry	886	7/44	M30-34	1:05:56.80	6:36
35	Kip Sigsworth	313	7/36	M35-39	1:06:18.60	6:38
36	Philip Ponka	763	4/49	M40-44	1:06:37.50	6:40
37 X	Jamie Shippam	777	8/44	M30-34	1:06:38.65	6:40
38	Russell Pete Clark	628	5/49	M40-44	1:06:48.15	6:41
39	Cameron Mannila Nipigon	807	2/16	M<20	1:07:05.80	6:43
40	John Viitanen	604	6/49	M40-44	1:07:06.20	6:43
41	Paul Inkila	497	2/58	M50-54	1:07:24.40	6:45
42	Jess Koski Duluth MN	16	2/39	M55-59	1:07:34.30	6:46
43	Edward Willmott	857	8/43	M45-49	1:07:34.95	6:46
44	Kevin Paradis Kakabeka Falls	316	8/36	M35-39	1:07:58.20	6:48
45	Ian Hamilton	475	7/49	M40-44	1:08:02.55	6:49
46	Darryl Gannon Atikokan	506	9/43	M45-49	1:08:20.05	6:51
47	David Needham Nottinghamshire Gb	297	3/39	M55-59	1:08:21.20	6:51
48	Chris Fralick	335	9/44	M30-34	1:08:28.10	6:51
49	Leigh Smith	435	3/58	M50-54	1:08:33.90	6:52
50	Darren Sneve	515	10/43	M45-49	1:08:40.60	6:53
51	Gordon Ryan	739	4/39	M55-59	1:08:43.25	6:53
52	Stuart Brimmell	684	11/43	M45-49	1:08:46.40	6:53
53	John Garland	100	1/31	M60-69	1:08:51.90	6:54
54	Frank Wilson	600	2/31	M60-69	1:09:18.80	6:56
55	John Hawkins	814	8/49	M40-44	1:09:19.75	6:56
56	Chandler Gresch	208	3/16	M<20	1:09:32.75	6:58
57	Jason Wyspianski	799	10/44	M30-34	1:09:42.30	6:59

58	Bill Belanger	750	5/39	M55-59	1:09:45.10	6:59
59	Michael O'Connor	591	9/49	M40-44	1:09:47.05	6:59
60	Roberto Bucci	822	10/49	M40-44	1:09:56.80	7:00
61	Danny Larose Geraldton	282	4/29	M25-29	1:10:09.20	7:01
62	Allan Harris	839	4/58	M50-54	1:10:11.10	7:02
63	Tyler Bulloch	386	6/27	M20-24	1:10:29.05	7:03
64	Jerome Tuesday Fort Frances	319	7/27	M20-24	1:10:34.90	7:04
65	X Christian Pelletier Geraldton	465	5/29	M25-29	1:10:35.30	7:04
66	Brian Boyle	760	5/58	M50-54	1:10:46.60	7:05
67	Adam Walser	113	4/16	M<20	1:10:57.35	7:06
68	Mark Thibert	315	6/58	M50-54	1:11:00.15	7:07
69	Dan Tipple	705	12/43	M45-49	1:11:03.50	7:07
70	Tom Pazianos	922	7/58	M50-54	1:11:13.70	7:08
71	Trevor Belrose Kenora	351	9/36	M35-39	1:11:14.05	7:08
72	Carmine Felice	387	6/39	M55-59	1:11:16.95	7:08
73	Jeremy Bodnieks	767	6/29	M25-29	1:11:17.55	7:08
74	Dave Lammers	323	11/49	M40-44	1:11:22.45	7:09
75	Brian Hendrickson	690	3/31	M60-69	1:11:33.10	7:10
76	David Smith	917	12/49	M40-44	1:11:42.40	7:11
77	Michel Aulagnon	401	8/58	M50-54	1:11:47.15	7:11
78	Christian Hollmann	921	13/49	M40-44	1:11:49.35	7:11
79	Marc Perrier	868	7/29	M25-29	1:11:59.55	7:12
80	Kieran Armstrong	753	5/16	M<20	1:12:10.70	7:14
81	John Friday	689	9/58	M50-54	1:12:12.45	7:14
82	Jim McCart	651	7/39	M55-59	1:12:12.95	7:14
83	Ashkan Mokhtari	371	14/49	M40-44	1:12:17.85	7:14
84	Russ Greer Prince George BC	484	13/43	M45-49	1:12:20.95	7:15
85	Rob Roussel	557	14/43	M45-49	1:12:28.40	7:15
86	Rob Shubat	618	15/43	M45-49	1:12:59.80	7:18
87	Ron Rost	813	10/58	M50-54	1:13:11.85	7:20
88	Steve Appleton	254	11/44	M30-34	1:13:12.00	7:20
89	Stephen Adams	531	15/49	M40-44	1:13:23.35	7:21
90	Larry Baxter	248	10/36	M35-39	1:13:37.65	7:22
91	Charles Johnson	589	8/39	M55-59	1:13:42.15	7:23
92	Ben Grant	801	11/36	M35-39	1:13:48.80	7:23
93	Mario Hinse	864	8/29	M25-29	1:13:51.95	7:24
94	X Darren Smallwood	825	16/49	M40-44	1:14:03.50	7:25
95	Scott Potts	152	16/43	M45-49	1:14:05.85	7:25
96	Dan Tesolin	646	6/16	M<20	1:14:20.95	7:27
97	David Ranta Winnipeg MB	342	11/58	M50-54	1:14:22.00	7:27
98	Roy Nisula	389	12/58	M50-54	1:14:34.90	7:28
99	James Martin Neebing	574	13/58	M50-54	1:14:48.75	7:29
100	Philip Major	276	12/36	M35-39	1:14:52.80	7:30
101	Peter Watson	725	14/58	M50-54	1:15:02.30	7:31
102	Stephen Cameron	611	13/36	M35-39	1:15:08.70	7:31
103	Alexander North	415	8/27	M20-24	1:15:13.25	7:32
104	James Toppin	303	15/58	M50-54	1:15:16.65	7:32
105	Ken Horton	865	12/44	M30-34	1:15:17.10	7:32
106	Antonio Stefanile	549	9/29	M25-29	1:15:19.75	7:32
107	Vaughn Dahl	413	9/39	M55-59	1:15:19.85	7:32
108	Michael Iwachewski	602	16/58	M50-54	1:15:24.95	7:33
109	John Guthrie	272	10/39	M55-59	1:15:33.10	7:34
110	Scott Coutts Atikokan	747	17/58	M50-54	1:15:37.15	7:34
111	X Chris Hynnes	898	14/36	M35-39	1:15:42.40	7:35
112	Don Morrison	741	18/58	M50-54	1:15:43.40	7:35
113	Walter Davies Longlac	783	11/39	M55-59	1:15:46.75	7:35
114	X George Wilson	516	17/49	M40-44	1:15:53.50	7:36
115	Josef Ehrler	414	4/31	M60-69	1:15:53.50	7:36
116	Kevin Miller	527	15/36	M35-39	1:16:05.50	7:37
117	Warren Philp	718	19/58	M50-54	1:16:06.70	7:37
118	Tere McDonald	470	12/39	M55-59	1:16:10.85	7:38
119	Sean Albanese	593	18/49	M40-44	1:16:11.00	7:38
120	Robb Anderson	809	5/31	M60-69	1:16:13.75	7:38

121	Jim Vaillant	567	20/58	M50-54	1:16:20.25	7:39
122	Tim Lampi	402	19/49	M40-44	1:16:25.65	7:39
123	Patrick Shewchuk	769	13/44	M30-34	1:16:29.35	7:39
124	Michael Kowalchuk	512	21/58	M50-54	1:16:36.80	7:40
125	Tim Surcess	719	22/58	M50-54	1:16:38.25	7:40
126	Peter Himanen	616	17/43	M45-49	1:16:47.30	7:41
127	Phil Elkie	425	18/43	M45-49	1:16:49.80	7:41
128	Murray Walberg	598	20/49	M40-44	1:16:54.85	7:42
129	Ron Dove	794	19/43	M45-49	1:16:59.45	7:42
130	Jason Gerry	870	14/44	M30-34	1:17:03.55	7:43
131	Tommy Eberhardt Roswell GA	305	6/31	M60-69	1:17:03.65	7:43
132	Don Grant	871	16/36	M35-39	1:17:15.60	7:44
133	Darrin Nicholas	333	21/49	M40-44	1:17:32.20	7:46
134	Tom Methot	786	23/58	M50-54	1:17:40.55	7:47
135	Steve Gajerski Winnipeg MB	940	24/58	M50-54	1:17:49.15	7:47
136	Andrew Nixon	737	17/36	M35-39	1:17:51.95	7:48
137	Neil McCartney	819	15/44	M30-34	1:17:53.10	7:48
138	Bruce Ketchum	329	22/49	M40-44	1:18:00.45	7:49
139	Denis Charlebois	677	16/44	M30-34	1:18:26.00	7:51
140	Bob Shine	456	25/58	M50-54	1:18:27.45	7:51
141	Allan Snelgrove	264	13/39	M55-59	1:18:45.45	7:53
142	Stephen Loughery Dryden	290	14/39	M55-59	1:18:46.30	7:53
143	Rod Fuchihara	627	15/39	M55-59	1:18:47.20	7:53
144	Greg Furfaro	363	9/27	M20-24	1:18:52.40	7:54
145	Ken Ritson	514	10/29	M25-29	1:18:58.20	7:54
146	Michael Shafirka	562	17/44	M30-34	1:18:58.35	7:54
147	Marshall Erickson	528	20/43	M45-49	1:19:03.95	7:55
148	Roy Belluz Murillo	331	10/27	M20-24	1:19:06.65	7:55
149	Michael Gilmour Winnipeg MB	629	23/49	M40-44	1:19:08.60	7:55
150	Larry Sochackey	580	16/39	M55-59	1:19:28.45	7:57
151	Wade Demchuk	835	24/49	M40-44	1:19:31.80	7:58
152	Brian White	320	25/49	M40-44	1:19:33.15	7:58
153	Rupert Klein	787	18/44	M30-34	1:19:35.15	7:58
154	Andrew Winters	808	18/36	M35-39	1:19:38.90	7:58
155	Henry Hamilton Neebing	75	1/5	M70-79	1:19:48.95	7:59
156	James Howells	450	7/16	M<20	1:19:54.20	8:00
157	Claude Wyspianski	487	17/39	M55-59	1:20:08.60	8:01
158	Terry Bortolin	354	11/29	M25-29	1:20:14.30	8:02
159 X	Arnie Nurmi	547	7/31	M60-69	1:20:14.45	8:02
160	James Kennedy Longlac	644	12/29	M25-29	1:20:19.50	8:02
161	Dan Ugray	582	18/39	M55-59	1:20:21.85	8:03
162	Carman Carlucci	224	8/31	M60-69	1:20:38.65	8:04
163	Gregory Stroud Marathon	370	21/43	M45-49	1:20:38.95	8:04
164	Bruce Slater Atikokan	850	22/43	M45-49	1:20:44.50	8:05
165	David Anthes	779	23/43	M45-49	1:20:49.60	8:05
166	Bob Baxter	334	19/39	M55-59	1:20:52.60	8:06
167	Tony Ruberto	828	26/49	M40-44	1:20:57.60	8:06
168 X	Bill Falshaw	499	19/44	M30-34	1:21:03.85	8:07
169	Andre Arruda	816	11/27	M20-24	1:21:14.65	8:08
170	Peter Navratil	876	20/39	M55-59	1:21:30.05	8:10
171	Darryl Fawcett	612	20/44	M30-34	1:21:34.00	8:10
172	Ryan Kelly	419	13/29	M25-29	1:21:36.80	8:10
173	Andy Armitage	364	14/29	M25-29	1:21:37.05	8:10
174	Stephen Stajkowski	755	12/27	M20-24	1:21:44.25	8:11
175	Jarrett Hay	377	13/27	M20-24	1:22:00.75	8:13
176	Randy Berg	492	26/58	M50-54	1:22:03.85	8:13
177	Neal Thorvaldson	640	15/29	M25-29	1:22:07.35	8:13
178	Don Yocom	650	24/43	M45-49	1:22:08.10	8:13
179	Craig Kozlowski	637	14/27	M20-24	1:22:09.35	8:13
180	Joseph Hamilton Nolalu	656	27/58	M50-54	1:22:09.90	8:13
181	Kevin Ellard	400	15/27	M20-24	1:22:14.95	8:14
182 X	Joe Grzelewski	349	28/58	M50-54	1:22:17.75	8:14
183	Bruce Bode	793	29/58	M50-54	1:22:18.15	8:14

184	Riley Burton	532	21/44	M30-34	1:22:28.80	8:15
185	Blair Alton	742	22/44	M30-34	1:22:32.00	8:16
186	Trent Thompson	126	19/36	M35-39	1:22:33.10	8:16
187	Joe Curiarello	916	23/44	M30-34	1:22:33.45	8:16
188	David Medhurst	592	16/27	M20-24	1:22:34.35	8:16
189	Brad Olsen	687	17/27	M20-24	1:22:41.05	8:17
190	Ryan Caron	225	16/29	M25-29	1:22:41.70	8:17
191	Joe McGill Marathon	642	30/58	M50-54	1:22:46.10	8:17
192	Jim Crooks	576	21/39	M55-59	1:22:50.80	8:18
193	Gary Tabor	275	27/49	M40-44	1:22:51.70	8:18
194	X Doug Wright	571	31/58	M50-54	1:22:59.50	8:18
195	John Coppock	889	28/49	M40-44	1:23:01.25	8:19
196	Gabe Tuesday	649	8/16	M<20	1:23:03.00	8:19
197	Matthew Coady	625	9/16	M<20	1:23:04.65	8:19
198	X Matthew Morden	540	17/29	M25-29	1:23:18.35	8:20
199	Mike Bennett	869	18/29	M25-29	1:23:40.90	8:23
200	Ravi Agarwawa Pittsford NY	923	29/49	M40-44	1:23:48.25	8:23
201	Kevin Schutte	534	24/44	M30-34	1:23:48.85	8:23
202	Ross McLean	667	32/58	M50-54	1:24:01.15	8:25
203	Mike Judge	802	20/36	M35-39	1:24:05.45	8:25
204	David St. James Toronto	900	30/49	M40-44	1:24:06.25	8:25
205	Frank Pollari	674	25/43	M45-49	1:24:07.70	8:25
206	Jason Turner	867	21/36	M35-39	1:24:08.40	8:25
207	Robert Garneau Schreiber	366	26/43	M45-49	1:24:11.60	8:26
208	Carlo Sunila	385	22/36	M35-39	1:24:16.50	8:26
209	Derek Anttila	623	19/29	M25-29	1:24:26.75	8:27
210	John Paterson	781	20/29	M25-29	1:24:33.65	8:28
211	Tyler Williamson	758	25/44	M30-34	1:25:06.50	8:31
212	Malcolm Sutherland	458	31/49	M40-44	1:25:26.15	8:33
213	Rob Towell	852	26/44	M30-34	1:25:26.25	8:33
214	Ken Allan	252	33/58	M50-54	1:25:27.45	8:33
215	X Richard Morden	727	34/58	M50-54	1:25:32.75	8:34
216	David Henderson	461	27/43	M45-49	1:25:41.25	8:35
217	Matthew Kowalchuk Winnipeg	920	21/29	M25-29	1:25:42.30	8:35
218	Jodi Loos	751	23/36	M35-39	1:25:43.00	8:35
219	Ryan Arthur	765	27/44	M30-34	1:25:47.20	8:35
220	Robert Martinie	171	22/39	M55-59	1:25:49.80	8:35
221	Les Perrault	462	28/43	M45-49	1:25:50.20	8:36
222	Craig Sandberg	711	23/39	M55-59	1:25:53.35	8:36
223	David Farrell	452	24/39	M55-59	1:25:54.85	8:36
224	Blaine Hill	341	32/49	M40-44	1:25:59.20	8:36
225	Jonathon Gerrie	358	22/29	M25-29	1:26:01.35	8:37
226	Kevin Middleton Murillo	597	24/36	M35-39	1:26:03.75	8:37
227	Steve Tanguay	268	33/49	M40-44	1:26:08.05	8:37
228	Joel Biesenthal	888	28/44	M30-34	1:26:08.50	8:37
229	Erik Hongisto	391	25/36	M35-39	1:26:10.50	8:38
230	Craig Bullock Dryden	379	25/39	M55-59	1:26:15.55	8:38
231	Edward Giertuga	790	26/39	M55-59	1:26:19.25	8:38
232	Ian Couch	570	34/49	M40-44	1:26:25.05	8:39
233	Art Decorte	716	9/31	M60-69	1:26:26.25	8:39
234	George Fleming	636	35/49	M40-44	1:26:31.55	8:40
235	Ron Michaliuk	317	29/43	M45-49	1:26:35.50	8:40
236	Greg Noyes	359	29/44	M30-34	1:26:42.90	8:41
237	Tony Dasilva	421	36/49	M40-44	1:26:45.30	8:41
238	Kalervo Kempainen	660	10/31	M60-69	1:26:46.25	8:41
239	Stewart Kallio	723	27/39	M55-59	1:26:55.10	8:42
240	David Bott Marathon	709	37/49	M40-44	1:26:56.85	8:42
241	Lance McKillop	347	30/43	M45-49	1:26:59.55	8:42
242	Allan McKitrick	361	31/43	M45-49	1:27:07.65	8:43
243	Robert Poulter	543	38/49	M40-44	1:27:11.60	8:44
244	Daniel Kaukinen	827	30/44	M30-34	1:27:13.65	8:44
245	Kris Sandberg	430	31/44	M30-34	1:27:21.80	8:45
246	X Bryan Merritt Geraldton	466	35/58	M50-54	1:27:25.30	8:45

247	Aaron MacDonell	304	26/36	M35-39	1:27:30.15	8:46
248	Jessly Bonifacio	503	23/29	M25-29	1:27:34.30	8:46
249	Dennis Pradal	569	32/44	M30-34	1:27:44.25	8:47
250	Todd Sloan	903	27/36	M35-39	1:27:56.60	8:48
251	Darrell Wright	104	33/44	M30-34	1:27:57.85	8:48
252	Bruce Iwasa	712	36/58	M50-54	1:28:00.45	8:49
253	Matthew Sourtzis	518	10/16	M<20	1:28:01.75	8:49
254	X Shawn Donohue	217	32/43	M45-49	1:28:04.85	8:49
255	Calum Davies	622	18/27	M20-24	1:28:05.00	8:49
256	Kurt Breitsprecher	829	34/44	M30-34	1:28:07.60	8:49
257	Chris Pyne	390	11/31	M60-69	1:28:08.70	8:49
258	Dan Hatton	539	12/31	M60-69	1:28:23.35	8:51
259	Shane Carroll Sioux Lookout	937	39/49	M40-44	1:28:30.80	8:52
260	Wilson Poulter	442	11/16	M<20	1:28:32.05	8:52
261	Michael Tracz	784	35/44	M30-34	1:28:33.85	8:52
262	Bill Poulter	441	40/49	M40-44	1:28:37.65	8:52
263	Gary Krawec	559	37/58	M50-54	1:28:56.05	8:54
264	Lou Morrow	881	41/49	M40-44	1:29:09.70	8:55
265	Mike Carlucci	221	28/36	M35-39	1:29:28.40	8:57
266	Shane Lynch	508	36/44	M30-34	1:29:33.40	8:58
267	Jeremy Harnum	526	24/29	M25-29	1:30:02.30	9:01
268	Peter Rasevych	800	42/49	M40-44	1:30:07.00	9:01
269	Louis Bortolon	263	28/39	M55-59	1:30:08.50	9:01
270	Martin Schep Neebing	440	37/44	M30-34	1:30:12.00	9:02
271	Brent Stajkowski	759	38/58	M50-54	1:30:15.15	9:02
272	George Couzelis	324	29/36	M35-39	1:30:16.35	9:02
273	Adam Madge	815	19/27	M20-24	1:30:17.65	9:02
274	Joe Donlon	704	33/43	M45-49	1:30:18.25	9:02
275	Tony Stapley	463	29/39	M55-59	1:30:20.70	9:03
276	Bill Bragg	818	13/31	M60-69	1:30:25.60	9:03
277	Dan Slomke	412	14/31	M60-69	1:30:25.65	9:03
278	Rob Glena	416	34/43	M45-49	1:30:35.60	9:04
279	Kyle Shaen	308	25/29	M25-29	1:30:59.70	9:06
280	Blake Cameron	722	39/58	M50-54	1:31:01.50	9:07
281	Toby Start	494	35/43	M45-49	1:31:08.15	9:07
282	Patrick Morash	179	43/49	M40-44	1:31:08.15	9:07
283	Joe Boban	905	38/44	M30-34	1:31:24.70	9:09
284	Keith Greenfield	345	12/16	M<20	1:31:26.95	9:09
285	Jerry Nardi	394	44/49	M40-44	1:31:39.85	9:10
286	Jack Kushnier	706	15/31	M60-69	1:31:41.85	9:11
287	X Tom Dawes Murillo	581	30/39	M55-59	1:31:48.85	9:11
288	Alex Mintenko	473	16/31	M60-69	1:31:52.15	9:12
289	John Scott	141	36/43	M45-49	1:32:12.45	9:14
290	Gil Lawson	198	37/43	M45-49	1:32:22.60	9:15
291	Don Nixon	165	45/49	M40-44	1:32:31.40	9:16
292	Ryan Maloney	174	20/27	M20-24	1:32:50.10	9:18
293	David Christen	862	39/44	M30-34	1:32:51.75	9:18
294	Wayne Petersen Pass Lake	595	40/44	M30-34	1:33:13.20	9:20
295	Kenneth Wilson	340	38/43	M45-49	1:33:17.55	9:20
296	Nicholas Lytwenko	311	21/27	M20-24	1:33:26.50	9:21
297	Lance Deschamps	910	40/58	M50-54	1:33:31.85	9:22
298	Gerald Graham	564	31/39	M55-59	1:33:37.65	9:22
299	Claudio Morson	169	41/58	M50-54	1:33:56.20	9:24
300	David Hardick	261	42/58	M50-54	1:34:06.20	9:25
301	Anton Vidjen	117	13/16	M<20	1:34:08.10	9:25
302	Clyde Tuyl	481	32/39	M55-59	1:34:14.45	9:26
303	John Young	411	17/31	M60-69	1:34:19.15	9:26
304	Michael Ferguson	210	26/29	M25-29	1:34:19.85	9:26
305	Grant Turner	121	39/43	M45-49	1:34:22.25	9:27
306	John Bodnieks	766	18/31	M60-69	1:34:37.00	9:28
307	Jason Wedgerfield	112	30/36	M35-39	1:35:07.30	9:31
308	Rob Hole	823	31/36	M35-39	1:35:09.70	9:31
309	John Twigg	713	19/31	M60-69	1:35:23.25	9:33

310	Peter Wanson	577	20/31	M60-69	1:35:27.65	9:33
311	Jeremy Pearson	154	32/36	M35-39	1:36:01.25	9:37
312	Gord Crawford	884	46/49	M40-44	1:36:05.75	9:37
313	Dave Sacino	692	33/36	M35-39	1:36:09.85	9:37
314	Andre Kennephol	774	34/36	M35-39	1:36:24.05	9:39
315	Mark McKinnon	619	33/39	M55-59	1:36:34.55	9:40
316	Charles Major	613	40/43	M45-49	1:36:49.00	9:41
317	Timothy Warkentin	686	41/43	M45-49	1:36:50.55	9:42
318	Don Harris	423	43/58	M50-54	1:37:37.45	9:46
319	Dave St. Amand	134	34/39	M55-59	1:37:47.60	9:47
320	Arnold Laine	663	44/58	M50-54	1:37:58.90	9:48
321	Nicholas Giles	209	14/16	M<20	1:38:13.75	9:50
322	Henry Mandziuk	676	21/31	M60-69	1:38:22.35	9:51
323	Brock Lambert	659	35/36	M35-39	1:38:26.85	9:51
324	Jeff Murray	715	41/44	M30-34	1:38:29.30	9:51
325	James Kennedy Geraldton	681	35/39	M55-59	1:38:29.95	9:51
326	David J. Graba	427	2/5	M70-79	1:38:38.85	9:52
327	Bill Boswell	668	22/31	M60-69	1:38:54.65	9:54
328	Warren Giertuga	849	47/49	M40-44	1:38:58.65	9:54
329	Alex Diner	449	23/31	M60-69	1:39:02.75	9:55
330	Scott Henderson	200	42/43	M45-49	1:39:07.80	9:55
331	John (jr) Kolic	899	48/49	M40-44	1:39:47.00	9:59
332	Patrick O'Connor	804	45/58	M50-54	1:39:57.95	10:00
333	Ralph Hibbert	538	46/58	M50-54	1:39:59.70	10:00
334	Jason Dewar	896	42/44	M30-34	1:40:27.60	10:03
335	X Claude Fournier Geraldton	344	47/58	M50-54	1:40:31.80	10:04
336	Greg Arnold	720	48/58	M50-54	1:40:33.90	10:04
337	Christopher Kadolph	192	22/27	M20-24	1:40:38.55	10:04
338	Eric Todd	326	49/58	M50-54	1:41:06.75	10:07
339	Aran O'Brien	605	24/31	M60-69	1:41:11.55	10:08
340	X Jim Thatcher	453	25/31	M60-69	1:41:58.85	10:12
341	Mark Ambrose	321	49/49	M40-44	1:42:28.30	10:15
342	Mark Hakala	205	43/44	M30-34	1:42:34.40	10:16
343	Ty Alderdice	406	44/44	M30-34	1:43:10.50	10:20
344	Junior McKay	764	23/27	M20-24	1:43:55.85	10:24
345	Roger Lambert	771	26/31	M60-69	1:44:23.30	10:27
346	Mike St. James	431	27/31	M60-69	1:44:33.75	10:28
347	Avery Henderson	102	27/29	M25-29	1:44:54.15	10:30
348	Tyler Gvora	206	28/29	M25-29	1:45:06.65	10:31
349	Eric Imperius	78	3/5	M70-79	1:45:08.80	10:31
350	Derek Daniher	824	24/27	M20-24	1:45:39.20	10:34
351	Paul Hessey	199	50/58	M50-54	1:46:05.75	10:37
352	Dan Blekkenhorst	833	25/27	M20-24	1:46:28.60	10:39
353	Gary Smith	137	28/31	M60-69	1:46:30.40	10:40
354	James Coady	626	51/58	M50-54	1:46:49.85	10:41
355	John Magsino	941	26/27	M20-24	1:47:38.25	10:46
356	Bill Gregorash	912	52/58	M50-54	1:47:39.00	10:46
357	Dan Newton	433	53/58	M50-54	1:48:19.50	10:50
358	Herbert Daniher	546	54/58	M50-54	1:48:23.55	10:51
359	Bryan North	873	55/58	M50-54	1:49:14.55	10:56
360	Gary Woodbeck	106	36/39	M55-59	1:49:34.95	10:58
361	X Jerome Bannon	733	56/58	M50-54	1:51:16.70	11:08
362	Bill Wrightsell Toronto	858	43/43	M45-49	1:51:20.00	11:08
363	Walter Stecky	76	4/5	M70-79	1:54:37.80	11:28
364	Frank McKay	805	37/39	M55-59	1:55:11.90	11:32
365	Andy Paulusma	630	29/29	M25-29	1:55:16.50	11:32
366	Paul Mickleburgh	510	38/39	M55-59	1:56:07.05	11:37
367	Patrick Gravelle	745	15/16	M<20	1:56:11.80	11:38
368	Peter Gravelle	746	57/58	M50-54	1:56:12.00	11:38
369	Matthew Ponka	762	16/16	M<20	1:56:33.65	11:40
370	Adrien Chan	770	36/36	M35-39	2:01:15.00	12:08
371	Gerry Goulet	424	39/39	M55-59	2:01:15.25	12:08
372	Ric Windsor	327	29/31	M60-69	2:01:51.60	12:12

373	Izac Rajkumar	143	27/27	M20-24	2:02:56.75	12:18
374	Larry Kamo	738	58/58	M50-54	2:18:51.40	13:54
375	David Hladysh	796	30/31	M60-69	2:18:51.45	13:54
376	Ted Baumann	697	31/31	M60-69	2:21:50.85	14:12
377	Donald Shortreed	658	5/5	M70-79	2:28:11.95	14:50

# 2010 RESULTS TEN MILE ROAD RACE - FEMALE

PLACE	NAME	BIB	Place	Div'n	TIME	PACE
1	Leslie Semler Hermantown MN	935	1/38	F25-29	1:02:28.25	6:15
2	Nicki Wilberforce	1	1/70	F40-44	1:03:37.05	6:22
3	Heather Hillsburg Ottawa	2	2/38	F25-29	1:05:06.45	6:31
4	Sue Kainulainen	3	1/49	F45-49	1:07:34.45	6:46
5	Jaye Kendrick Kingsville	541	1/68	F35-39	1:07:35.70	6:46
6	Victoria Alexander Atikokan	486	1/16	F<20	1:08:48.05	6:53
7	Beth Shipston	5	2/68	F35-39	1:09:21.05	6:57
8	Daphne Haggarty	338	2/16	F<20	1:09:25.65	6:57
9	Rena Viehbeck	729	3/38	F25-29	1:10:15.70	7:02
10	Karen Halvorson	743	2/49	F45-49	1:10:17.50	7:02
11	Sara Hollingsworth Duluth MN	930	3/68	F35-39	1:10:53.25	7:06
12	Kerry Kuluski Toronto	298	1/59	F30-34	1:11:04.75	7:07
13	Carole Cameron	610	2/59	F30-34	1:11:20.75	7:09
14	Karen Rosehart	821	3/59	F30-34	1:11:29.60	7:09
15	Sharon Komar	661	2/70	F40-44	1:11:38.35	7:10
16	Samantha Carlson Duluth MN	934	4/38	F25-29	1:12:17.05	7:14
17	Janice Watson-Ryan	740	1/44	F50-54	1:12:23.15	7:15
18	Sarah Eckler	806	4/68	F35-39	1:12:26.20	7:15
19	Kathy Harris	460	3/70	F40-44	1:12:40.15	7:17
20	Kim Filgliomeni Schreiber	383	5/68	F35-39	1:12:53.65	7:18
21	Kayla Kjellman Nipigon	624	3/16	F<20	1:13:02.70	7:19
22	Rebecca Carr	851	1/29	F20-24	1:13:07.05	7:19
23	Isabel Pacheco	537	6/68	F35-39	1:13:14.90	7:20
24	Christine Vita	289	7/68	F35-39	1:13:38.20	7:22
25	Melissa Nobbs	653	2/29	F20-24	1:13:42.30	7:23
26	Kelly Rogers Esko MN	933	2/44	F50-54	1:13:45.20	7:23
27	Lyndsay Hupka	194	4/59	F30-34	1:13:49.40	7:23
28	Kim House	708	4/70	F40-44	1:13:53.60	7:24
29	Lindsay Baraskewich	467	3/29	F20-24	1:13:56.90	7:24
30	Sarah Clowes Red Rock	826	5/38	F25-29	1:14:08.35	7:25
31	Claudia Tropea	675	3/49	F45-49	1:14:17.90	7:26
32	Tiffany Nobbs	403	6/38	F25-29	1:14:26.35	7:27
33	Stephanie Chow	633	5/59	F30-34	1:15:08.70	7:31
34	Michelle Donato	468	6/59	F30-34	1:15:27.55	7:33
35	Heidi McGee Neebing	355	4/49	F45-49	1:15:27.65	7:33
36	Cindy Zanni	606	3/44	F50-54	1:15:30.90	7:34
37	Carol Bannon	734	4/44	F50-54	1:15:33.45	7:34
38	Caroline Fanti	632	8/68	F35-39	1:15:54.20	7:36
39	Nancy White	893	5/44	F50-54	1:16:01.50	7:37
40	Gina Rockstad Cloquet MN	931	5/70	F40-44	1:16:25.75	7:39
41	Keli Cristofaro	353	9/68	F35-39	1:16:32.15	7:40
42	Julijana Prpic	691	7/59	F30-34	1:16:54.05	7:42
43	Betty Annala	253	6/70	F40-44	1:16:58.95	7:42
44	Karen Murphy	724	10/68	F35-39	1:17:28.15	7:45
45	Monique Welbourne	322	11/68	F35-39	1:17:34.75	7:46
46	Deborah Frederickson	482	6/44	F50-54	1:17:54.80	7:48
47	Alison Thompson	782	8/59	F30-34	1:18:35.90	7:52
48	Martha Digiuseppe	866	4/29	F20-24	1:18:38.85	7:52
49	Christine Bociurko	504	5/49	F45-49	1:18:41.20	7:53
50	Ginette Roy	584	7/70	F40-44	1:18:51.80	7:54
51	Megan Pace St. Louis Park MN	376	9/59	F30-34	1:19:08.30	7:55
52	Leanna Marshall	314	10/59	F30-34	1:19:23.70	7:57
53	Maureen Page	588	8/70	F40-44	1:19:25.15	7:57
54	Linda Evans	662	9/70	F40-44	1:19:35.05	7:58
55	Lisa Messerer Duluth MN	929	10/70	F40-44	1:19:49.30	7:59
56	Rebecca Boban	906	11/59	F30-34	1:19:58.90	8:00



57	Shelley Cryer	302	12/68	F35-39	1:20:02.95	8:01
58	Jeannette Veneruz	553	6/49	F45-49	1:20:04.85	8:01
59	Sandra Perrier	350	5/29	F20-24	1:20:07.50	8:01
60	Leanne Barch	530	11/70	F40-44	1:20:17.50	8:02
61	Kathleen Lynch	180	7/49	F45-49	1:20:32.80	8:04
62	Samantha Junttola	772	6/29	F20-24	1:20:35.60	8:04
63	Cathy McGuire	372	7/44	F50-54	1:20:36.60	8:04
64	Beth Ponka	761	12/70	F40-44	1:20:47.30	8:05
65	Suzanne Lacaria	337	12/59	F30-34	1:20:47.60	8:05
66	Angie Palo	519	8/49	F45-49	1:20:47.90	8:05
67	Andrea Boyd	703	13/68	F35-39	1:20:58.15	8:06
68	Maureen Belisle	768	9/49	F45-49	1:20:59.85	8:06
69	Liz Ratterman	834	7/29	F20-24	1:21:03.60	8:07
70	Susan Gosselin	587	8/44	F50-54	1:21:04.85	8:07
71	Heather Bragnalo	301	7/38	F25-29	1:21:54.95	8:12
72	Kate Melchiorre	295	14/68	F35-39	1:21:57.15	8:12
73	Megan Delben	520	8/38	F25-29	1:22:03.95	8:13
74	Julie Adams	573	15/68	F35-39	1:22:17.55	8:14
75	Maria Flicka-Thomas	396	9/44	F50-54	1:22:21.25	8:15
76	Katie Burton	643	13/59	F30-34	1:22:28.55	8:15
77	Rosemary Hartley Nipigon	483	10/44	F50-54	1:22:32.80	8:16
78	Karlene Gleason	455	14/59	F30-34	1:22:33.60	8:16
79	Kristen Ibey	493	8/29	F20-24	1:22:36.85	8:16
80	Lori Cunniffe Marathon	942	13/70	F40-44	1:22:41.40	8:17
81	Barb McGill Marathon	641	11/44	F50-54	1:22:46.25	8:17
82	Jackie Crooks Edmonton AB	578	9/38	F25-29	1:22:50.40	8:18
83	Irene Pugliese	685	15/59	F30-34	1:22:56.55	8:18
84	Hannah Naroski	891	4/16	F<20	1:23:11.40	8:20
85	Lindsay Bannon	735	10/38	F25-29	1:23:16.65	8:20
86	Karen Miault	620	14/70	F40-44	1:23:21.40	8:21
87	Valerie Wilson	107	16/59	F30-34	1:23:25.55	8:21
88	Allison Parsons	831	10/49	F45-49	1:23:32.10	8:22
89	Kelly Henry	544	11/38	F25-29	1:23:46.80	8:23
90	Jessica Kantymir	191	9/29	F20-24	1:23:52.00	8:24
91	Helena Billard	673	15/70	F40-44	1:23:58.30	8:24
92	Alison McMullen	513	12/44	F50-54	1:23:58.80	8:24
93	Marilyn Schnobrich Duluth MN	932	1/9	F60-69	1:23:59.45	8:24
94	Karling Zaporzan	408	12/38	F25-29	1:24:09.45	8:25
95	Anne Schan	524	13/44	F50-54	1:24:15.90	8:26
96	Maureen Belluz Murillo	332	14/44	F50-54	1:24:18.25	8:26
97	Karen Kukko-Pulkkinen	648	16/68	F35-39	1:24:18.55	8:26
98	Lydia Wiita	701	17/68	F35-39	1:24:21.10	8:27
99	Tanis Palko	700	17/59	F30-34	1:24:24.90	8:27
100	Karen Dicastmirro	552	18/59	F30-34	1:24:27.25	8:27
101	Mindy Blumberg	645	5/16	F<20	1:24:32.20	8:28
102	Lauren Ischkin	780	13/38	F25-29	1:24:33.25	8:28
103	Alexandra Naroski	855	6/16	F<20	1:24:33.45	8:28
104	Lori Chambers	585	16/70	F40-44	1:24:37.55	8:28
105	Tammi Degiacomo	420	11/49	F45-49	1:24:40.45	8:29
106	Tiana D'Angelo	757	14/38	F25-29	1:24:45.60	8:29
107	Linda Graver	357	18/68	F35-39	1:24:53.00	8:30
108	Adrienne Lix	776	19/59	F30-34	1:24:59.70	8:30
109	Andrea Rhodenizer Nipigon	638	20/59	F30-34	1:25:02.70	8:31
110	Cheryl D'Angelo	299	17/70	F40-44	1:25:09.45	8:31
111	Bonnie Tittaferante	368	18/70	F40-44	1:25:28.90	8:33
112	Lois Knutson	428	15/44	F50-54	1:25:38.20	8:34
113	Rose Darosa	101	19/70	F40-44	1:25:43.55	8:35
114	Karen Gannon Atikokan	505	19/68	F35-39	1:25:50.45	8:36
115	Krista Graham	925	21/59	F30-34	1:25:55.80	8:36
116	Kelly Green	207	20/70	F40-44	1:25:56.60	8:36
117	Janine Chiasson	911	21/70	F40-44	1:25:56.90	8:36
118	Michelle Addison	422	20/68	F35-39	1:26:00.35	8:37
119	Andrea Middleton Murillo	596	21/68	F35-39	1:26:03.55	8:37

120	Courtney Wright	702	7/16	F<20	1:26:04.70	8:37
121	Laura Friesen Winnipeg MB	343	22/70	F40-44	1:26:06.00	8:37
122	Sharon Lovis	521	23/70	F40-44	1:26:12.00	8:38
123	Angela Saunders	717	24/70	F40-44	1:26:16.75	8:38
124	Kathleen Naroski	854	10/29	F20-24	1:26:18.85	8:38
125	Hillary Bernosky Neebing	489	11/29	F20-24	1:26:21.75	8:39
126	Carrie Vita	731	22/59	F30-34	1:26:34.95	8:40
127	Sally Kukko	409	1/17	F55-59	1:26:36.00	8:40
128	Paula Nordlund	502	25/70	F40-44	1:26:38.00	8:40
129	Sherrylynn Hill	617	16/44	F50-54	1:26:40.65	8:41
130	Susan McDonald	294	17/44	F50-54	1:26:43.20	8:41
131	Erin Coull	495	15/38	F25-29	1:26:44.10	8:41
132	Michelle McChristie	721	22/68	F35-39	1:26:44.95	8:41
133	Elysia Petrone	856	16/38	F25-29	1:26:46.25	8:41
134	Joanna Power	447	23/68	F35-39	1:26:46.75	8:41
135	Barb Zelek Marathon	374	24/68	F35-39	1:26:47.15	8:41
136	Esme French	328	26/70	F40-44	1:26:48.00	8:41
137	Ivana Vidjen	115	8/16	F<20	1:27:16.85	8:44
138	Mary Pat Bernoski Neebing	488	2/17	F55-59	1:27:19.35	8:44
139	Vicky Carlucci	222	23/59	F30-34	1:27:20.70	8:45
140	Donna Ostrom	579	18/44	F50-54	1:27:20.90	8:45
141	Michelle McKitrick	360	27/70	F40-44	1:27:23.95	8:45
142	Nathalie Bedard	688	28/70	F40-44	1:27:35.65	8:46
143	Barb Tabachak	795	12/49	F45-49	1:27:44.20	8:47
144	Amy Grann	695	9/16	F<20	1:27:50.85	8:48
145	Valerie Koropeski	601	29/70	F40-44	1:27:56.10	8:48
146	Mona Chiasson	919	30/70	F40-44	1:27:57.05	8:48
147	Donna Yocom	669	31/70	F40-44	1:27:58.05	8:48
148	Patricia Johnson	909	13/49	F45-49	1:28:00.75	8:49
149	Jackie Otway	399	3/17	F55-59	1:28:17.65	8:50
150	Carla Wiersema	109	24/59	F30-34	1:28:24.65	8:51
151	Anne Elkie	426	14/49	F45-49	1:28:34.90	8:52
152	Ashleigh Morris	405	25/59	F30-34	1:28:35.45	8:52
153	Erin Woodbeck	393	26/59	F30-34	1:28:36.60	8:52
154	Jonelle Armitage	365	17/38	F25-29	1:28:36.85	8:52
155	Trudy McKinnon	545	15/49	F45-49	1:28:39.75	8:52
156	Shelly Thompson Drummond WI	936	16/49	F45-49	1:28:41.85	8:53
157	Jodie Horihan	542	32/70	F40-44	1:28:52.30	8:54
158	Jennifer Bell	535	25/68	F35-39	1:28:55.75	8:54
159	Heather Neilson-Clayton	325	17/49	F45-49	1:28:57.50	8:54
160	Gail Emery Winnipeg MB	285	26/68	F35-39	1:29:04.95	8:55
161	Gael Jones	556	2/9	F60-69	1:29:06.20	8:55
162	Kira Schan Atikokan	523	12/29	F20-24	1:29:11.75	8:56
163	Laura Sajna	469	18/38	F25-29	1:29:14.50	8:56
164	Marian Diamond	517	33/70	F40-44	1:29:14.55	8:56
165	Jennifer Oussoren Marathon	860	27/68	F35-39	1:29:25.20	8:57
166	Christine Sillen	501	34/70	F40-44	1:29:33.10	8:58
167	Angela Gillis Dryden	293	18/49	F45-49	1:29:37.75	8:58
168	Tanya Belisle	670	28/68	F35-39	1:29:45.30	8:59
169	Ola Mioduszewski Ottawa	843	19/38	F25-29	1:29:46.00	8:59
170	Amy Vescio	318	20/38	F25-29	1:29:57.20	9:00
171	Racheal Anishinabie	846	29/68	F35-39	1:30:01.50	9:01
172	Joyce Crawford	883	35/70	F40-44	1:30:07.50	9:01
173	Leigh Potvin	634	21/38	F25-29	1:30:24.60	9:03
174	Maureen Ahokas	472	3/9	F60-69	1:30:29.30	9:03
175	Jennifer Edwards	565	22/38	F25-29	1:30:32.80	9:04
176	Megan Chochla	680	27/59	F30-34	1:30:33.55	9:04
177	Belinda Beres	726	36/70	F40-44	1:30:37.70	9:04
178	Kelly Gallagher	614	19/49	F45-49	1:30:37.90	9:04
179	Shawna Rees	792	23/38	F25-29	1:30:40.45	9:05
180	Lauren Thatcher	454	24/38	F25-29	1:30:47.80	9:05
181	Judy Martinsen	748	37/70	F40-44	1:30:58.65	9:06
182	Melinda Norhaugen	163	28/59	F30-34	1:31:22.70	9:09

183	Lynda Dacosta	239	20/49	F45-49	1:31:26.35	9:09
184	Maxine Wiersema	108	38/70	F40-44	1:31:26.90	9:09
185	Karen Greenfield	287	30/68	F35-39	1:31:27.45	9:09
186	Anika Guthrie	908	25/38	F25-29	1:31:34.00	9:10
187	Nancy Shine	457	21/49	F45-49	1:31:36.35	9:10
188	Karen Watt	432	31/68	F35-39	1:31:45.35	9:11
189	Katie Ostrom	158	32/68	F35-39	1:31:49.90	9:11
190	Sarah Carnegie	901	33/68	F35-39	1:31:52.75	9:12
191	Amanda Kean	525	26/38	F25-29	1:31:56.50	9:12
192	Colleen Levesque	439	22/49	F45-49	1:32:20.35	9:15
193	Rebekah Skoczinski	139	34/68	F35-39	1:32:25.40	9:15
194	Jennifer Kreczmer	190	35/68	F35-39	1:32:41.50	9:17
195	Judy McCartney	785	29/59	F30-34	1:32:50.85	9:18
196	Kelly Keeler	817	36/68	F35-39	1:32:58.65	9:18
197	Sam Smith	138	37/68	F35-39	1:33:02.05	9:19
198	Lisa Tabor	262	39/70	F40-44	1:33:02.65	9:19
199	Gabrielle Zawacki Kakabeka Falls	554	13/29	F20-24	1:33:06.55	9:19
200	Camille Zawacki	575	14/29	F20-24	1:33:07.60	9:19
201	Trina Distefano	218	40/70	F40-44	1:33:09.00	9:19
202	Teresa Veneruz	698	23/49	F45-49	1:33:20.55	9:21
203	Rachel Carter-Wilson Sioux Lookout	845	41/70	F40-44	1:33:24.35	9:21
204	Angela Harju	310	15/29	F20-24	1:33:25.85	9:21
205	Betsy Beveridge	752	19/44	F50-54	1:33:34.50	9:22
206	Louanna O'Connor	803	24/49	F45-49	1:33:41.15	9:23
207	Melanie Hakala	204	30/59	F30-34	1:33:50.45	9:24
208	Beth Kuiper	914	31/59	F30-34	1:33:54.75	9:24
209	Erin Beagle	789	32/59	F30-34	1:33:54.75	9:24
210	Siobhan Farrell	346	20/44	F50-54	1:34:02.60	9:25
211	Vikki Tougas	123	38/68	F35-39	1:34:50.05	9:30
212	Linda Trevisanutto	122	21/44	F50-54	1:35:00.90	9:31
213	Ritva Restall	144	4/17	F55-59	1:35:03.90	9:31
214	Elisha Potts	151	10/16	F<20	1:35:18.70	9:32
215	Michelle McGrath	820	33/59	F30-34	1:35:28.20	9:33
216	Stacy Morton	894	42/70	F40-44	1:35:28.20	9:33
217	Ann Zsakai	352	25/49	F45-49	1:35:32.95	9:34
218	Erin Nudds	558	27/38	F25-29	1:35:33.95	9:34
219	Shannon Reynolds	778	39/68	F35-39	1:35:37.30	9:34
220	Joann Scott	148	43/70	F40-44	1:35:43.45	9:35
221	Jocelyn Pearson	155	34/59	F30-34	1:36:00.95	9:37
222	Bev Chambers Francis	232	5/17	F55-59	1:36:01.25	9:37
223	Megan Major	265	40/68	F35-39	1:36:01.80	9:37
224	Natasha Shack Fort Frances	654	35/59	F30-34	1:36:10.95	9:38
225	Tracey Roy	880	26/49	F45-49	1:36:16.35	9:38
226	Randy-Lynn Sprenkle Pass Lake	652	36/59	F30-34	1:36:18.15	9:38
227	Donata Zamojski	694	44/70	F40-44	1:36:21.70	9:39
228	Jodi-Lynn Steele	775	37/59	F30-34	1:36:22.65	9:39
229	Jeannie Cooper	566	45/70	F40-44	1:36:28.10	9:39
230	Erin Banton	561	38/59	F30-34	1:36:28.35	9:39
231	Alice Colquhoun	434	11/16	F<20	1:36:45.05	9:41
232	Amy Abbink	277	41/68	F35-39	1:37:03.35	9:43
233	Leanne Digiuseppe	568	46/70	F40-44	1:37:12.15	9:44
234	Dani Garon	300	39/59	F30-34	1:37:23.50	9:45
235	Tarja Trochimchuk	306	6/17	F55-59	1:37:34.50	9:46
236	Doris Colosimo	235	27/49	F45-49	1:37:36.00	9:46
237	Kristy Boucher	227	40/59	F30-34	1:37:44.60	9:47
238	Joan Hardy	203	22/44	F50-54	1:37:57.30	9:48
239	Carolyn Bowie	560	28/49	F45-49	1:38:11.30	9:50
240	Nicole Sutherland	459	29/49	F45-49	1:38:18.70	9:50
241	Jodi Martinsen	215	41/59	F30-34	1:38:25.15	9:51
242	Suzanne Kruppa	188	47/70	F40-44	1:38:28.85	9:51
243	Sandra Guthrie	271	23/44	F50-54	1:38:29.60	9:51
244	Cordie Stark	133	48/70	F40-44	1:38:36.40	9:52
245	Denise Taylor	128	7/17	F55-59	1:38:40.30	9:53

246	Jacqueline Long	183	4/9	F60-69	1:38:47.35	9:53
247	Elena Soulias	132	12/16	F<20	1:38:59.60	9:54
248	Kristi Obrien	161	42/59	F30-34	1:39:01.20	9:55
249	Martha Allen Marathon	381	42/68	F35-39	1:39:08.35	9:55
250	Christine Drake Marathon	382	43/59	F30-34	1:39:08.40	9:55
251	Cynthia Cline	234	43/68	F35-39	1:39:42.45	9:59
252	Leah Payne	156	28/38	F25-29	1:39:42.60	9:59
253	Bj Mercier Red Rock	832	44/68	F35-39	1:39:43.80	9:59
254	Lindsay Menard	491	45/68	F35-39	1:39:44.35	9:59
255	Stephanie Block	384	46/68	F35-39	1:39:50.60	10:00
256	Lisa Primavesi Nolalu	657	49/70	F40-44	1:39:53.80	10:00
257	Spice Donohue	216	50/70	F40-44	1:39:58.55	10:00
258	Rose Bortolon	000	30/49	F45-49	1:39:59.35	10:00
259	Heather Hyslop	446	31/49	F45-49	1:39:59.50	10:00
260	Emily McCague	907	29/38	F25-29	1:40:05.80	10:01
261	Joelle Levesque	186	51/70	F40-44	1:40:06.50	10:01
262	Ellen MacKenzie	178	32/49	F45-49	1:40:15.30	10:02
263	Erin Brophy	859	44/59	F30-34	1:40:18.65	10:02
264	Sara Elvish Hoyt Lake MN	479	52/70	F40-44	1:40:23.55	10:03
265	Colleen Laybourne	897	47/68	F35-39	1:40:33.20	10:04
266	Sarah Morrison	444	45/59	F30-34	1:40:33.25	10:04
267	Joan Robinson	145	53/70	F40-44	1:40:37.25	10:04
268	Rosemarie Bava	250	16/29	F20-24	1:40:38.15	10:04
269	Catherine Arnold	678	33/49	F45-49	1:40:48.80	10:05
270	Amie Nephin Geraldton	529	48/68	F35-39	1:40:50.00	10:05
271	Bobbie Blundon	445	46/59	F30-34	1:40:53.75	10:06
272	Colette Proulx	395	49/68	F35-39	1:40:53.85	10:06
273	Mari Rossi	714	17/29	F20-24	1:41:08.45	10:07
274	Jennifer Childs	749	54/70	F40-44	1:41:08.70	10:07
275	Colleen Gibson	196	24/44	F50-54	1:41:23.45	10:09
276	Kimberly Darosa	356	13/16	F<20	1:41:25.50	10:09
277	Joann Toskovich	124	34/49	F45-49	1:41:26.35	10:09
278	Lisa Hodges	730	50/68	F35-39	1:41:44.95	10:11
279	Jolene Pearen	142	30/38	F25-29	1:41:45.30	10:11
280	Tracey Maki	476	51/68	F35-39	1:41:46.50	10:11
281	Ashley Sandberg	710	18/29	F20-24	1:41:50.20	10:12
282	Katherine Zaporzan	548	25/44	F50-54	1:42:18.75	10:14
283	Adrienne Lopes	182	52/68	F35-39	1:42:39.65	10:16
284	Laurie Kibiuk	339	53/68	F35-39	1:43:03.85	10:19
285	Margaret Woods	436	8/17	F55-59	1:43:04.85	10:19
286	Grace Baxter	247	54/68	F35-39	1:43:05.05	10:19
287	Nancy Dow Kakabeka Falls	927	55/68	F35-39	1:43:07.70	10:19
288	Antonia Vidjen	116	35/49	F45-49	1:43:21.35	10:21
289	Jo-Jo Iorfida	671	36/49	F45-49	1:43:23.75	10:21
290	Carmela Magbanua	336	56/68	F35-39	1:43:27.70	10:21
291	Marilyn Seitz	130	5/9	F60-69	1:43:30.55	10:22
292	Laureen Cordeiro	237	26/44	F50-54	1:43:34.35	10:22
293	Joanne Atwood	256	37/49	F45-49	1:43:38.10	10:22
294	Dee Tuyl	480	6/9	F60-69	1:43:41.60	10:23
295	Rosemary Bostrom	437	27/44	F50-54	1:43:42.50	10:23
296	Tracy Sadgrove	146	55/70	F40-44	1:43:44.35	10:23
297	Gina Sutton	131	9/17	F55-59	1:43:48.50	10:23
298	Colleen Snelgrove	273	28/44	F50-54	1:43:59.25	10:24
299	Karen Dahl	270	10/17	F55-59	1:44:05.30	10:25
300	Laurie Henderson	201	38/49	F45-49	1:44:25.35	10:27
301	Therese Dechene	228	29/44	F50-54	1:44:26.05	10:27
302	April Hadley	639	47/59	F30-34	1:44:27.95	10:27
303	Yolande Lawson	185	56/70	F40-44	1:44:32.30	10:28
304	Janet Chiupka	233	30/44	F50-54	1:44:33.15	10:28
305	Marlene Pawluk	798	7/9	F60-69	1:44:35.55	10:28
306	Simone Poling	699	57/68	F35-39	1:44:40.55	10:29
307	Mary-Jean Cormier	736	58/68	F35-39	1:44:49.15	10:29
308	Julee Boan	251	59/68	F35-39	1:45:06.40	10:31

309	Anna Sombrutski	655	48/59	F30-34	1:45:12.55	10:32
310	Robin Cooper	236	60/68	F35-39	1:45:33.55	10:34
311	X Louise Larose	885	31/44	F50-54	1:45:36.85	10:34
312	Cathy Michaliuk	418	39/49	F45-49	1:45:42.00	10:35
313	Janis Nixon	164	32/44	F50-54	1:45:50.50	10:36
314	Zenya Puchalski	438	33/44	F50-54	1:45:54.00	10:36
315	Carrienne Agawa	563	57/70	F40-44	1:45:54.85	10:36
316	Carrie Breitsprecher	243	31/38	F25-29	1:46:00.30	10:37
317	Susan Armstrong	255	34/44	F50-54	1:46:02.25	10:37
318	Betty Oldale	397	11/17	F55-59	1:46:04.45	10:37
319	Jennifer Kresack	195	49/59	F30-34	1:46:10.00	10:37
320	Erica Chezick	830	19/29	F20-24	1:46:28.35	10:39
321	Laura Macgowan	177	58/70	F40-44	1:46:31.00	10:40
322	Amanda Krasniuk	861	20/29	F20-24	1:46:33.00	10:40
323	Carol Dyce	631	40/49	F45-49	1:46:34.00	10:40
324	Janet Hensrud	572	59/70	F40-44	1:46:43.25	10:41
325	Samantha Weidner	111	21/29	F20-24	1:46:56.00	10:42
326	Isabelle Fortin	211	14/16	F<20	1:46:56.85	10:42
327	Tarja Wataja	477	35/44	F50-54	1:46:58.05	10:42
328	Linda Beaudry	246	60/70	F40-44	1:46:59.75	10:42
329	Jennifer Wiseman	110	61/68	F35-39	1:46:59.80	10:42
330	Cheryl Nisula	166	36/44	F50-54	1:47:03.25	10:43
331	Karen Vigliarolo	672	37/44	F50-54	1:47:10.25	10:44
332	Katie Johnson Kakabeka Falls	836	22/29	F20-24	1:47:40.90	10:47
333	Jennifer Holm	728	50/59	F30-34	1:47:53.00	10:48
334	Gillian Hamilton	474	62/68	F35-39	1:48:00.35	10:49
335	Adele Vaillant	882	41/49	F45-49	1:48:22.40	10:51
336	Kim Spivak	135	61/70	F40-44	1:48:23.85	10:51
337	Joanne Kok	307	42/49	F45-49	1:48:27.60	10:51
338	Heather McKirdy	176	51/59	F30-34	1:48:44.90	10:53
339	Joanne Potts	150	43/49	F45-49	1:48:52.40	10:54
340	Cheryl Ready	274	44/49	F45-49	1:48:59.65	10:54
341	Jodi Scott	140	62/70	F40-44	1:49:04.60	10:55
342	Sarah Polowski	664	32/38	F25-29	1:49:05.10	10:55
343	Suzanne Renda	874	52/59	F30-34	1:49:13.70	10:56
344	Angeet Oster	875	53/59	F30-34	1:49:13.90	10:56
345	Kerri Bernardi	245	63/68	F35-39	1:49:17.35	10:56
346	Sherry Blasizzo	260	64/68	F35-39	1:49:18.85	10:56
347	Jessica MacRae	175	54/59	F30-34	1:49:21.05	10:57
348	Heather Sutherland	924	23/29	F20-24	1:49:26.55	10:57
349	Lucy Rajnovich	149	55/59	F30-34	1:50:17.35	11:02
350	Sheena Albanese	278	63/70	F40-44	1:50:30.45	11:04
351	Glenda Desaulniers	219	64/70	F40-44	1:50:35.05	11:04
352	Terri Zeleny	103	45/49	F45-49	1:50:41.65	11:05
353	Angela Depelteau	220	65/68	F35-39	1:50:42.35	11:05
354	Tricia Taylor	127	38/44	F50-54	1:50:46.95	11:05
355	Rosa Maselj	170	46/49	F45-49	1:50:52.35	11:06
356	Linda Block	244	39/44	F50-54	1:51:01.20	11:07
357	Lainey Bannon	258	24/29	F20-24	1:51:13.35	11:08
358	Amber Boudreau	197	56/59	F30-34	1:51:20.80	11:09
359	Carly Ray	309	33/38	F25-29	1:51:35.95	11:10
360	Diana Stansell	398	34/38	F25-29	1:51:36.05	11:10
361	Chantal Lanthier	296	65/70	F40-44	1:51:44.95	11:11
362	Linda Kuizenga Kakabeka Falls	555	66/70	F40-44	1:51:52.75	11:12
363	Diane Gordon	443	12/17	F55-59	1:52:17.50	11:14
364	Cassie Buick	242	35/38	F25-29	1:52:29.40	11:15
365	Candice Buckley	241	36/38	F25-29	1:52:29.80	11:15
366	Lesley Johnson Kakabeka Falls	837	47/49	F45-49	1:54:07.75	11:25
367	Nancy Fleming	599	8/9	F60-69	1:54:16.90	11:26
368	Lavette Woodbeck	105	13/17	F55-59	1:54:20.25	11:27
369	Patricia Dunnet Atikokan	498	67/70	F40-44	1:54:54.60	11:30
370	Ashleigh Heckley Kakabeka Falls	926	25/29	F20-24	1:55:13.60	11:32
371	Breeze Pascoe	607	26/29	F20-24	1:55:19.60	11:32

372	Jennifer Currie	238	15/16	F<20	1:55:40.85	11:35
373	Jenna Hill	214	27/29	F20-24	1:55:41.30	11:35
374	Mia Mickelburgh	509	16/16	F<20	1:56:07.00	11:37
375	Tracy Cook	292	66/68	F35-39	1:56:16.45	11:38
376	Rebecca Hautala	291	57/59	F30-34	1:56:16.60	11:38
377	Sherry Baerg	257	14/17	F55-59	1:56:19.60	11:38
378	Silvana Marchese	173	67/68	F35-39	1:56:29.50	11:39
379	Sheri Gray Upsala	448	68/70	F40-44	1:56:38.50	11:40
380	Vi Turner	77	1/1	F70-79	1:57:05.10	11:43
381	Cleo Wolsiffer Upsala	312	48/49	F45-49	1:57:22.90	11:45
382	Debra Makela Kaministiquia	608	15/17	F55-59	1:57:27.70	11:45
383	Rebecca Ann Wheeler	283	58/59	F30-34	1:57:52.90	11:48
384	Valerie Kennedy Geraldton	682	40/44	F50-54	1:58:52.55	11:54
385	Maria Foreman	550	41/44	F50-54	1:59:33.60	11:58
386	Candace Burns	226	28/29	F20-24	2:00:51.85	12:06
387	Karen Carlucci	223	16/17	F55-59	2:02:09.25	12:13
388	Wendy Kresack	189	49/49	F45-49	2:02:11.00	12:14
389	Deanna O'Neill	160	29/29	F20-24	2:02:56.30	12:18
390	Maureen Parkes	157	42/44	F50-54	2:03:40.25	12:23
391	Vanessa Kennedy Longlac	392	59/59	F30-34	2:03:56.40	12:24
392	Susan Ongaro	159	69/70	F40-44	2:04:29.45	12:27
393	Lucie Allaire	279	70/70	F40-44	2:04:54.40	12:30
394	Carol Daniher	240	17/17	F55-59	2:04:58.25	12:30
395	Laurie Niskanen	167	43/44	F50-54	2:05:01.10	12:31
396	Jacqui Soulias	904	44/44	F50-54	2:05:01.40	12:31
397	Andrea Van Vliet	114	37/38	F25-29	2:05:01.45	12:31
398	Valerie Davies	230	38/38	F25-29	2:05:01.90	12:31
399	Diane Knox	744	9/9	F60-69	2:05:56.75	12:36
400	Kathy Oakley	162	68/68	F35-39	2:10:09.85	13:01