

2010 RESULTS TEN MILE ROAD RACE – FEMALE BY AGE CLASS

FEMALE UNDER 20

Sponsored by DeeDee Merritt Celebration Of Life Awards

Race Record: 59:01 Sue Kainulainen, Thunder Bay 1981

PLACE	NAME	BIB	TIME	PACE
1	Victoria Alexander Atikokan	486	1:08:48.05	6:53
2	Daphne Haggarty	338	1:09:25.65	6:57
3	Kayla Kjellman Nipigon	624	1:13:02.70	7:19
4	Hannah Naroski	891	1:23:11.40	8:20
5	Mindy Blumberg	645	1:24:32.20	8:28
6	Alexandra Naroski	855	1:24:33.45	8:28
7	Courtney Wright	702	1:26:04.70	8:37
8	Ivana Vidjen	115	1:27:16.85	8:44
9	Amy Grann	695	1:27:50.85	8:48
10	Elisha Potts	151	1:35:18.70	9:32
11	Alice Colquhoun	434	1:36:45.05	9:41
12	Elena Soulias	132	1:38:59.60	9:54
13	Kimberly Darosa	356	1:41:25.50	10:09
14	Isabelle Fortin	211	1:46:56.85	10:42
15	Jennifer Currie	238	1:55:40.85	11:35
16	Mia Mickelburgh	509	1:56:07.00	11:37

FEMALE 20 - 24

Sponsored by Lakehead Athletics Club

Race Record: 58:30 Sue Kainulainen, Thunder Bay 1984

PLACE	NAME	BIB	TIME	PACE
1	Rebecca Carr	851	1:13:07.05	7:19
2	Melissa Nobbs	653	1:13:42.30	7:23
3	Lindsay Baraskewich	467	1:13:56.90	7:24
4	Martha Diguseppe	866	1:18:38.85	7:52
5	Sandra Perrier	350	1:20:07.50	8:01
6	Samantha Junttola	772	1:20:35.60	8:04
7	Liz Ratterman	834	1:21:03.60	8:07
8	Kristen Ibey	493	1:22:36.85	8:16
9	Jessica Kantymir	191	1:23:52.00	8:24
10	Kathleen Naroski	854	1:26:18.85	8:38
11	Hillary Bernosky Neebing	489	1:26:21.75	8:39
12	Kira Schan Atikokan	523	1:29:11.75	8:56
13	Gabrielle Zawacki Kakabeka Falls	554	1:33:06.55	9:19
14	Camille Zawacki	575	1:33:07.60	9:19
15	Angela Harju	310	1:33:25.85	9:21
16	Rosemarie Bava	250	1:40:38.15	10:04
17	Mari Rossi	714	1:41:08.45	10:07
18	Ashley Sandberg	710	1:41:50.20	10:12
19	Erica Chezick	830	1:46:28.35	10:39
20	Amanda Krasniuk	861	1:46:33.00	10:40
21	Samantha Weidner	111	1:46:56.00	10:42
22	Katie Johnson Kakabeka Falls	836	1:47:40.90	10:47
23	Heather Sutherland	924	1:49:26.55	10:57

24	Lainey Bannon	258	1:51:13.35	11:08
25	Ashleigh Heckley Kakabeka Falls	926	1:55:13.60	11:32
26	Breeze Pascoe	607	1:55:19.60	11:32
27	Jenna Hill	214	1:55:41.30	11:35
28	Candace Burns	226	2:00:51.85	12:06
29	Deanna O'Neill	160	2:02:56.30	12:18

FEMALE 25 - 29

Sponsored by Shawn Donohue

Race Record: 57:50 Katie Koski, Duluth MN 1999

PLACE	NAME	BIB	TIME	PACE
1	Leslie Semler Hermantown MN	935	1:02:28.25	6:15
2	Heather Hillsburg Ottawa	2	1:05:06.45	6:31
3	Rena Viehbeck	729	1:10:15.70	7:02
4	Samantha Carlson Duluth MN	934	1:12:17.05	7:14
5	Sarah Clowes Red Rock	826	1:14:08.35	7:25
6	Tiffany Nobbs	403	1:14:26.35	7:27
7	Heather Bragnalo	301	1:21:54.95	8:12
8	Megan Delben	520	1:22:03.95	8:13
9	Jackie Crooks Edmonton AB	578	1:22:50.40	8:18
10	Lindsay Bannon	735	1:23:16.65	8:20
11	Kelly Henry	544	1:23:46.80	8:23
12	Karling Zaporzan	408	1:24:09.45	8:25
13	Lauren Ischkin	780	1:24:33.25	8:28
14	Tiana D'Angelo	757	1:24:45.60	8:29
15	Erin Coull	495	1:26:44.10	8:41
16	Elysia Petrone	856	1:26:46.25	8:41
17	Jonelle Armitage	365	1:28:36.85	8:52
18	Laura Sajna	469	1:29:14.50	8:56
19	Ola Mioduszewski Ottawa	843	1:29:46.00	8:59
20	Amy Vescio	318	1:29:57.20	9:00
21	Leigh Potvin	634	1:30:24.60	9:03
22	Jennifer Edwards	565	1:30:32.80	9:04
23	Shawna Rees	792	1:30:40.45	9:05
24	Lauren Thatcher	454	1:30:47.80	9:05
25	Anika Guthrie	908	1:31:34.00	9:10
26	Amanda Kean	525	1:31:56.50	9:12
27	Erin Nudds	558	1:35:33.95	9:34
28	Leah Payne	156	1:39:42.60	9:59
29	Emily McCague	907	1:40:05.80	10:01
30	Jolene Pearen	142	1:41:45.30	10:11
31	Carrie Breitsprecher	243	1:46:00.30	10:37
32	Sarah Polowski	664	1:49:05.10	10:55
33	Carly Ray	309	1:51:35.95	11:10
34	Diana Stansell	398	1:51:36.05	11:10
35	Cassie Buick	242	1:52:29.40	11:15
36	Candice Buckley	241	1:52:29.80	11:15
37	Andrea Van Vliet	114	2:05:01.45	12:31
38	Valerie Davies	230	2:05:01.90	12:31

FEMALE 30 - 34

Sponsored by Lakehead Printing

Race Record: 57:16 Erja Ervonen, Finland 1994

PLACE	NAME	BIB	TIME	PACE
1	Kerry Kuluski Toronto	298	1:11:04.75	7:07
2	Carole Cameron	610	1:11:20.75	7:09
3	Karen Rosehart	821	1:11:29.60	7:09
4	Lyndsay Hupka	194	1:13:49.40	7:23
5	Stephanie Chow	633	1:15:08.70	7:31
6	Michelle Donato	468	1:15:27.55	7:33
7	Julijana Prpic	691	1:16:54.05	7:42
8	Alison Thompson	782	1:18:35.90	7:52
9	Megan Pace St. Louis Park MN	376	1:19:08.30	7:55
10	Leanna Marshall	314	1:19:23.70	7:57
11	Rebeccah Boban	906	1:19:58.90	8:00
12	Suzanne Lacaria	337	1:20:47.60	8:05
13	Katie Burton	643	1:22:28.55	8:15
14	Karlene Gleason	455	1:22:33.60	8:16
15	Irene Pugliese	685	1:22:56.55	8:18
16	Valerie Wilson	107	1:23:25.55	8:21
17	Tanis Palko	700	1:24:24.90	8:27
18	Karen Dicasmirro	552	1:24:27.25	8:27
19	Adrianne Lix	776	1:24:59.70	8:30
20	Andrea Rhodenizer Nipigon	638	1:25:02.70	8:31
21	Krista Graham	925	1:25:55.80	8:36
22	Carrie Vita	731	1:26:34.95	8:40
23	Vicky Carlucci	222	1:27:20.70	8:45
24	Carla Wiersema	109	1:28:24.65	8:51
25	Ashleigh Morris	405	1:28:35.45	8:52
26	Erin Woodbeck	393	1:28:36.60	8:52
27	Megan Chochla	680	1:30:33.55	9:04
28	Melinda Norhaugen	163	1:31:22.70	9:09
29	Judy McCartney	785	1:32:50.85	9:18
30	Melanie Hakala	204	1:33:50.45	9:24
31	Beth Kuiper	914	1:33:54.75	9:24
32	Erin Beagle	789	1:33:54.75	9:24
33	Michelle McGrath	820	1:35:28.20	9:33
34	Jocelyn Pearson	155	1:36:00.95	9:37
35	Natasha Shack Fort Frances	654	1:36:10.95	9:38
36	Randy-Lynn Sprengle Pass Lake	652	1:36:18.15	9:38
37	Jodi-Lynn Steele	775	1:36:22.65	9:39
38	Erin Banton	561	1:36:28.35	9:39
39	Dani Garon	300	1:37:23.50	9:45
40	Kristy Boucher	227	1:37:44.60	9:47
41	Jodi Martinsen	215	1:38:25.15	9:51
42	Kristi Obrien	161	1:39:01.20	9:55
43	Christine Drake Marathon	382	1:39:08.40	9:55
44	Erin Brophy	859	1:40:18.65	10:02
45	Sarah Morrison	444	1:40:33.25	10:04
46	Bobbie Blundon	445	1:40:53.75	10:06
47	April Hadley	639	1:44:27.95	10:27
48	Anna Sombrutski	655	1:45:12.55	10:32
49	Jennifer Kresack	195	1:46:10.00	10:37
50	Jennifer Holm	728	1:47:53.00	10:48
51	Heather McKirdy	176	1:48:44.90	10:53
52	Suzanne Renda	874	1:49:13.70	10:56
53	Angeet Oster	875	1:49:13.90	10:56
54	Jessica MacRae	175	1:49:21.05	10:57
55	Lucy Rajnovich	149	1:50:17.35	11:02
56	Amber Boudreau	197	1:51:20.80	11:09
57	Rebecca Hautala	291	1:56:16.60	11:38
58	Rebecca Ann Wheeler	283	1:57:52.90	11:48
59	Vanessa Kennedy Longlac	392	2:03:56.40	12:24

FEMALE 35 - 39

Sponsored by Il Pomodoro Restaurant

Race Record: 59:03 Janette Stoot, Colorado 1996

PLACE	NAME	BIB	TIME	PACE
1	Jaye Kendrick Kingsville	541	1:07:35.70	6:46
2	Beth Shipston	5	1:09:21.05	6:57
3	Sara Hollingsworth Duluth MN	930	1:10:53.25	7:06
4	Sarah Eckler	806	1:12:26.20	7:15
5	Kim Filgliomeni Schreiber	383	1:12:53.65	7:18
6	Isabel Pacheco	537	1:13:14.90	7:20
7	Christine Vita	289	1:13:38.20	7:22
8	Caroline Fanti	632	1:15:54.20	7:36
9	Keli Cristofaro	353	1:16:32.15	7:40
10	Karen Murphy	724	1:17:28.15	7:45
11	Monique Welbourne	322	1:17:34.75	7:46
12	Shelley Cryer	302	1:20:02.95	8:01
13	Andrea Boyd	703	1:20:58.15	8:06
14	Kate Melchiorre	295	1:21:57.15	8:12
15	Julie Adams	573	1:22:17.55	8:14
16	Karen Kukko-Pulkkinen	648	1:24:18.55	8:26
17	Lydia Wiita	701	1:24:21.10	8:27
18	Linda Graver	357	1:24:53.00	8:30
19	Karen Gannon Atikokan	505	1:25:50.45	8:36
20	Michelle Addison	422	1:26:00.35	8:37
21	Andrea Middleton Murillo	596	1:26:03.55	8:37
22	Michelle McChristie	721	1:26:44.95	8:41
23	Joanna Power	447	1:26:46.75	8:41
24	Barb Zelek Marathon	374	1:26:47.15	8:41
25	Jennifer Bell	535	1:28:55.75	8:54
26	Gail Emery Winnipeg MB	285	1:29:04.95	8:55
27	Jennifer Oussoren Marathon	860	1:29:25.20	8:57
28	Tanya Belisle	670	1:29:45.30	8:59
29	Racheal Anishinabie	846	1:30:01.50	9:01
30	Karen Greenfield	287	1:31:27.45	9:09
31	Karen Watt	432	1:31:45.35	9:11
32	Katie Ostrom	158	1:31:49.90	9:11
33	Sarah Carnegie	901	1:31:52.75	9:12
34	Rebekah Skochinski	139	1:32:25.40	9:15
35	Jennifer Kreczmer	190	1:32:41.50	9:17
36	Kelly Keeler	817	1:32:58.65	9:18
37	Sam Smith	138	1:33:02.05	9:19
38	Vikki Tougas	123	1:34:50.05	9:30
39	Shannon Reynolds	778	1:35:37.30	9:34
40	Megan Major	265	1:36:01.80	9:37
41	Amy Abbink	277	1:37:03.35	9:43
42	Martha Allen Marathon	381	1:39:08.35	9:55
43	Cynthia Cline	234	1:39:42.45	9:59
44	Bj Mercier Red Rock	832	1:39:43.80	9:59
45	Lindsay Menard	491	1:39:44.35	9:59
46	Stephanie Block	384	1:39:50.60	10:00
47	Colleen Laybourne	897	1:40:33.20	10:04
48	Amie Nephin Geraldton	529	1:40:50.00	10:05
49	Colette Proulx	395	1:40:53.85	10:06
50	Lisa Hodges	730	1:41:44.95	10:11
51	Tracey Maki	476	1:41:46.50	10:11

52	Adrienne Lopes	182	1:42:39.65	10:16
53	Laurie Kibiuk	339	1:43:03.85	10:19
54	Grace Baxter	247	1:43:05.05	10:19
55	Nancy Dow Kakabeka Falls	927	1:43:07.70	10:19
56	Carmela Magbanua	336	1:43:27.70	10:21
57	Simone Poling	699	1:44:40.55	10:29
58	Mary-Jean Cormier	736	1:44:49.15	10:29
59	Julee Boan	251	1:45:06.40	10:31
60	Robin Cooper	236	1:45:33.55	10:34
61	Jennifer Wiseman	110	1:46:59.80	10:42
62	Gillian Hamilton	474	1:48:00.35	10:49
63	Kerri Bernardi	245	1:49:17.35	10:56
64	Sherry Blasizzo	260	1:49:18.85	10:56
65	Angela Depelteau	220	1:50:42.35	11:05
66	Tracy Cook	292	1:56:16.45	11:38
67	Silvana Marchese	173	1:56:29.50	11:39
68	Kathy Oakley	162	2:10:09.85	13:01

FEMALE 40 - 44

Sponsored by Bruno's Contracting

Race Record: 61:19 Nicki Wilberforce, Thunder Bay 2009

PLACE	NAME	BIB	TIME	PACE
1	Nicki Wilberforce	1	1:03:37.05	6:22
2	Sharon Komar	661	1:11:38.35	7:10
3	Kathy Harris	460	1:12:40.15	7:17
4	Kim House	708	1:13:53.60	7:24
5	Gina Rockstad Cloquet MN	931	1:16:25.75	7:39
6	Betty Annala	253	1:16:58.95	7:42
7	Ginette Roy	584	1:18:51.80	7:54
8	Maureen Page	588	1:19:25.15	7:57
9	Linda Evans	662	1:19:35.05	7:58
10	Lisa Messerer Duluth MN	929	1:19:49.30	7:59
11	Leanne Barch	530	1:20:17.50	8:02
12	Beth Ponka	761	1:20:47.30	8:05
13	Lori Cunniffe Marathon	942	1:22:41.40	8:17
14	Karen Miault	620	1:23:21.40	8:21
15	Helena Billard	673	1:23:58.30	8:24
16	Lori Chambers	585	1:24:37.55	8:28
17	Cheryl D'Angelo	299	1:25:09.45	8:31
18	Bonnie Tittaferante	368	1:25:28.90	8:33
19	Rose Darosa	101	1:25:43.55	8:35
20	Kelly Green	207	1:25:56.60	8:36
21	Janine Chiasson	911	1:25:56.90	8:36
22	Laura Friesen Winnipeg MB	343	1:26:06.00	8:37
23	Sharon Lovis	521	1:26:12.00	8:38
24	Angela Saunders	717	1:26:16.75	8:38
25	Paula Nordlund	502	1:26:38.00	8:40
26	Esme French	328	1:26:48.00	8:41
27	Michelle McKittrick	360	1:27:23.95	8:45
28	Nathalie Bedard	688	1:27:35.65	8:46
29	Valerie Koropeski	601	1:27:56.10	8:48
30	Mona Chiasson	919	1:27:57.05	8:48
31	Donna Yocom	669	1:27:58.05	8:48
32	Jodie Horihan	542	1:28:52.30	8:54
33	Marian Diamond	517	1:29:14.55	8:56
34	Christine Sillen	501	1:29:33.10	8:58
35	Joyce Crawford	883	1:30:07.50	9:01

36	Belinda Beres	726	1:30:37.70	9:04
37	Judy Martinsen	748	1:30:58.65	9:06
38	Maxine Wiersema	108	1:31:26.90	9:09
39	Lisa Tabor	262	1:33:02.65	9:19
40	Trina Distefano	218	1:33:09.00	9:19
41	Rachel Carter-Wilson Sioux Lookout	845	1:33:24.35	9:21
42	Stacy Morton	894	1:35:28.20	9:33
43	Joann Scott	148	1:35:43.45	9:35
44	Donata Zamojski	694	1:36:21.70	9:39
45	Jeannie Cooper	566	1:36:28.10	9:39
46	Leanne Digiuseppe	568	1:37:12.15	9:44
47	Suzanne Kruppa	188	1:38:28.85	9:51
48	Cordie Stark	133	1:38:36.40	9:52
49	Lisa Primavesi Nolalu	657	1:39:53.80	10:00
50	Spice Donohue	216	1:39:58.55	10:00
51	Joelle Levesque	186	1:40:06.50	10:01
52	Sara Elvish Hoyt Lake MN	479	1:40:23.55	10:03
53	Joan Robinson	145	1:40:37.25	10:04
54	Jennifer Childs	749	1:41:08.70	10:07
55	Tracy Sadgrove	146	1:43:44.35	10:23
56	Yolande Lawson	185	1:44:32.30	10:28
57	Carrienne Agawa	563	1:45:54.85	10:36
58	Laura Macgowan	177	1:46:31.00	10:40
59	Janet Hensrud	572	1:46:43.25	10:41
60	Linda Beaudry	246	1:46:59.75	10:42
61	Kim Spivak	135	1:48:23.85	10:51
62	Jodi Scott	140	1:49:04.60	10:55
63	Sheena Albanese	278	1:50:30.45	11:04
64	Glenda Desaulniers	219	1:50:35.05	11:04
65	Chantal Lanthier	296	1:51:44.95	11:11
66	Linda Kuizenga Kakabeka Falls	555	1:51:52.75	11:12
67	Patricia Dunnet Atikokan	498	1:54:54.60	11:30
68	Sheri Gray Upsala	448	1:56:38.50	11:40
69	Susan Ongaro	159	2:04:29.45	12:27
70	Lucie Allaire	279	2:04:54.40	12:30

FEMALE 45 - 49

Sponsored by Thunder Bay Professional Fire Fighter's Association

NEW RACE RECORD: 67:34 SUE KAINULAINEN, Thunder Bay, 2010

Prior Race Record: 68:24 Kelly Rogers, Esko MN 2004

PLACE	NAME	BIB	TIME	PACE
1	Sue Kainulainen	3	1:07:34.45	6:46
2	Karen Halvorson	743	1:10:17.50	7:02
3	Claudia Tropea	675	1:14:17.90	7:26
4	Heidi McGee Neebing	355	1:15:27.65	7:33
5	Christine Bociurko	504	1:18:41.20	7:53
6	Jeannette Veneruz	553	1:20:04.85	8:01
7	Kathleen Lynch	180	1:20:32.80	8:04
8	Angie Palo	519	1:20:47.90	8:05
9	Maureen Belisle	768	1:20:59.85	8:06
10	Allison Parsons	831	1:23:32.10	8:22
11	Tammi Degiacomo	420	1:24:40.45	8:29
12	Barb Tabachak	795	1:27:44.20	8:47
13	Patricia Johnson	909	1:28:00.75	8:49
14	Anne Elkie	426	1:28:34.90	8:52
15	Trudy McKinnon	545	1:28:39.75	8:52
16	Shelly Thompson Drummond WI	936	1:28:41.85	8:53

17	Heather Neilson-Clayton	325	1:28:57.50	8:54
18	Angela Gillis Dryden	293	1:29:37.75	8:58
19	Kelly Gallagher	614	1:30:37.90	9:04
20	Lynda Dacosta	239	1:31:26.35	9:09
21	Nancy Shine	457	1:31:36.35	9:10
22	Colleen Levesque	439	1:32:20.35	9:15
23	Teresa Veneruz	698	1:33:20.55	9:21
24	Louanna O'Connor	803	1:33:41.15	9:23
25	Ann Zsakai	352	1:35:32.95	9:34
26	Tracey Roy	880	1:36:16.35	9:38
27	Doris Colosimo	235	1:37:36.00	9:46
28	Carolyn Bowie	560	1:38:11.30	9:50
29	Nicole Sutherland	459	1:38:18.70	9:50
30	Rose Bortolon	000	1:39:59.35	10:00
31	Heather Hyslop	446	1:39:59.50	10:00
32	Ellen MacKenzie	178	1:40:15.30	10:02
33	Catherine Arnold	678	1:40:48.80	10:05
34	Joann Toskovich	124	1:41:26.35	10:09
35	Antonia Vidjen	116	1:43:21.35	10:21
36	Jo-Jo Iorfida	671	1:43:23.75	10:21
37	Joanne Atwood	256	1:43:38.10	10:22
38	Laurie Henderson	201	1:44:25.35	10:27
39	Cathy Michaliuk	418	1:45:42.00	10:35
40	Carol Dyce	631	1:46:34.00	10:40
41	Adele Vaillant	882	1:48:22.40	10:51
42	Joanne Kok	307	1:48:27.60	10:51
43	Joanne Potts	150	1:48:52.40	10:54
44	Cheryl Ready	274	1:48:59.65	10:54
45	Terri Zeleny	103	1:50:41.65	11:05
46	Rosa Maselj	170	1:50:52.35	11:06
47	Lesley Johnson Kakabeka Falls	837	1:54:07.75	11:25
48	Cleo Wolsiffer Upsala	312	1:57:22.90	11:45
49	Wendy Kresack	189	2:02:11.00	12:14

FEMALE 50 - 54

Sponsored by Kim Karioja

Race Record: 71:04 Carol Bannon, Thunder Bay 2007

PLACE	NAME	BIB	TIME	PACE
1	Janice Watson-Ryan	740	1:12:23.15	7:15
2	Kelly Rogers Esko MN	933	1:13:45.20	7:23
3	Cindy Zanni	606	1:15:30.90	7:34
4	Carol Bannon	734	1:15:33.45	7:34
5	Nancy White	893	1:16:01.50	7:37
6	Deborah Frederickson	482	1:17:54.80	7:48
7	Cathy McGuire	372	1:20:36.60	8:04
8	Susan Gosselin	587	1:21:04.85	8:07
9	Maria Flicka-Thomas	396	1:22:21.25	8:15
10	Rosemary Hartley Nipigon	483	1:22:32.80	8:16
11	Barb McGill Marathon	641	1:22:46.25	8:17
12	Alison McMullen	513	1:23:58.80	8:24
13	Anne Schan	524	1:24:15.90	8:26
14	Maureen Belluz Murillo	332	1:24:18.25	8:26
15	Lois Knutson	428	1:25:38.20	8:34
16	Sherrylynn Hill	617	1:26:40.65	8:41
17	Susan McDonald	294	1:26:43.20	8:41
18	Donna Ostrom	579	1:27:20.90	8:45
19	Betsy Beveridge	752	1:33:34.50	9:22

20	Siobhan Farrell	346	1:34:02.60	9:25
21	Linda Trevisanutto	122	1:35:00.90	9:31
22	Joan Hardy	203	1:37:57.30	9:48
23	Sandra Guthrie	271	1:38:29.60	9:51
24	Colleen Gibson	196	1:41:23.45	10:09
25	Katherine Zaporzan	548	1:42:18.75	10:14
26	Laureen Cordeiro	237	1:43:34.35	10:22
27	Rosemary Bostrom	437	1:43:42.50	10:23
28	Colleen Snelgrove	273	1:43:59.25	10:24
29	Therese Dechene	228	1:44:26.05	10:27
30	Janet Chiupka	233	1:44:33.15	10:28
31 X	Louise Larose	885	1:45:36.85	10:34
32	Janis Nixon	164	1:45:50.50	10:36
33	Zenya Puchalski	438	1:45:54.00	10:36
34	Susan Armstrong	255	1:46:02.25	10:37
35	Tarja Wataja	477	1:46:58.05	10:42
36	Cheryl Nisula	166	1:47:03.25	10:43
37	Karen Vigliarolo	672	1:47:10.25	10:44
38	Tricia Taylor	127	1:50:46.95	11:05
39	Linda Block	244	1:51:01.20	11:07
40	Valerie Kennedy Geraldton	682	1:58:52.55	11:54
41	Maria Foreman	550	1:59:33.60	11:58
42	Maureen Parkes	157	2:03:40.25	12:23
43	Laurie Niskanen	167	2:05:01.10	12:31
44	Jacqui Soulias	904	2:05:01.40	12:31

FEMALE 55 - 59

Sponsored By Wanson Lumber Co. Ltd.

Race Record: 76:49 Gael Jones, Thunder Bay 2003

PLACE	NAME	BIB	TIME	PACE
1	Sally Kukko	409	1:26:36.00	8:40
2	Mary Pat Bernoski Neebing	488	1:27:19.35	8:44
3	Jackie Otway	399	1:28:17.65	8:50
4	Ritva Restall	144	1:35:03.90	9:31
5	Bev Chambers Francis	232	1:36:01.25	9:37
6	Tarja Trochimchuk	306	1:37:34.50	9:46
7	Denise Taylor	128	1:38:40.30	9:53
8	Margaret Woods	436	1:43:04.85	10:19
9	Gina Sutton	131	1:43:48.50	10:23
10	Karen Dahl	270	1:44:05.30	10:25
11	Betty Oldale	397	1:46:04.45	10:37
12	Diane Gordon	443	1:52:17.50	11:14
13	Lavette Woodbeck	105	1:54:20.25	11:27
14	Sherry Baerg	257	1:56:19.60	11:38
15	Debra Makela Kaministiquia	608	1:57:27.70	11:45
16	Karen Carlucci	223	2:02:09.25	12:13
17	Carol Daniher	240	2:04:58.25	12:30

FEMALE 60 - 69

Sponsored by Stride Orthopaedics & Footware

Race Record: 77:06 Marilyn Schnobrich - Duluth MN 2004

PLACE	NAME	BIB	TIME	PACE
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1	Marilyn Schnobrich Duluth MN	932	1:23:59.45	8:24
2	Gael Jones	556	1:29:06.20	8:55
3	Maureen Ahokas	472	1:30:29.30	9:03
4	Jacqueline Long	183	1:38:47.35	9:53
5	Marilyn Seitz	130	1:43:30.55	10:22
6	Dee Tuyl	480	1:43:41.60	10:23
7	Marlene Pawluk	798	1:44:35.55	10:28
8	Nancy Fleming	599	1:54:16.90	11:26
9	Diane Knox	744	2:05:56.75	12:36

FEMALE 70 - 79

Sponsored by Atwood, Labine, Arnone, McCartney LLP

Race Record: 94:44 Vi Turner, Thunder Bay 2003

PLACE	NAME	BIB	TIME	PACE
1	Vi Turner	77	1:57:05.10	11:43