

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/18/2014

Race Scored by Thunder Bay Timing

***** FEMALE - COMPLETE AGE-GROUP RESULTS *****

(Printed: 12:57:27 06/04/2014)

(Times are NET)

***** 1 - 19 *****

Sponsored by - DeeDee Merritt Celebration of Life Awards

Record - 59:01 Sue Kainulainen 1981

Place	Name	City	Time	Pace
1	Mary Strain	Fort Frances	1:08:12	6:50
2	Beatrice Kaiser		1:19:52	8:00
3	Jules Jacobson		1:20:54	8:06
4	Sienna Bergagnini		1:21:09	8:07
5	Sarah Hay		1:22:15	8:14
6	Shelby Cramer		1:26:26	8:39
7	Danielle Saunders		1:26:42	8:41
8	Jacqueline Desimon		1:29:59	9:00
9	Dominique Veneruz		1:33:28	9:21
10	Stephanie Cornell	Atikokan	1:34:58	9:30
11	Shannon Dyce		1:38:25	9:51
12	Alexa Strickland		1:38:50	9:53
13	Whitney Scott		1:41:05	10:07
14	Kayla Colledanchis		1:42:09	10:13
15	Madison Taylor		1:42:23	10:15
16	Samantha Onski		1:44:42	10:29
17	Becky Kuzmich		1:50:15	11:02
18	Karley Ambrose		1:51:55	11:12
19	Cassidy Williams		1:55:01	11:31
20	Clarissa Crowe	Sandy Lake	2:10:17	13:02

***** 20 - 24 *****

Sponsored by - Lakehead Running

Record - 58:30 Sue Kainulainen 1984

Place	Name	City	Time	Pace
1	Jaclyn Rollins		1:02:25	6:15
2	Daphne Haggarty		1:07:34	6:46
3	Natasha Frank		1:11:54	7:12
4	Moira Haggarty		1:13:22	7:21
5	Hillary Bernosky	Neebing	1:14:09	7:25
6	Mirabai Alexander		1:19:59	8:00
7	Rachel Labate		1:20:30	8:03
8	Tara Labate		1:21:07	8:07
9	Julia Bailey	Shuniah	1:21:57	8:12
10	Andrea Pepe		1:24:05	8:25
11	Abigail Tabachak		1:24:13	8:26
12	Erika Gibson		1:24:40	8:28
13	Megan MacDonald		1:24:59	8:30
14	Katie Mapledoram	Rossllyn	1:25:44	8:35
15	Tess Ryan		1:25:54	8:36
16	Megan Gillies		1:29:14	8:56
17	Marissa Bruce	Shuniah	1:31:53	9:12
18	Gabrielle Sawchuk	Neebing	1:32:28	9:15
19	Leanne Johnson		1:34:51	9:30
20	Ashlee Cooke		1:37:01	9:43

21	Kelsey Stojkovic		1:39:13	9:56
22	Victoria Fruhner	Cambridge	1:40:48	10:05
23	Katie Murphy		1:43:42	10:23
24	Kirsten Untinen		1:45:53	10:36
25	Paige Presenger		1:46:02	10:37
26	Raquel Almeida	Kakabeka Falls	1:46:40	10:40
27	Erin Campbell		1:47:47	10:47
28	Stephanie Simko	Murillo	1:49:25	10:57
29	Katie O'Quinn		1:54:47	11:29
30	Alyssa Cuglietta		2:00:36	12:04
31	Paige Fenelon		2:00:37	12:04
32	Lesley Crow		2:10:57	13:06
33	Kara Kapush		2:13:09	13:19

***** 25 - 29 *****

Sponsored by - Shawn Donohue

Record - 57:50 Katie Koski - Duluth MN 1999

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Lisa Alaimo		1:04:46	6:29
2	Caroline Cox		1:07:52	6:48
3	Lindsay Tuuttila	Rosslyn	1:10:07	7:01
4	Erin Tribe		1:12:11	7:14
5	Julie Follis		1:12:31	7:16
6	Madeline Youmans		1:14:14	7:26
7	Anna Waciakowski		1:14:37	7:28
8	Stephanie Poling	Gorham	1:16:31	7:40
9	Stephanie Minor	Winnipeg	1:17:35	7:46
10	Jessica Kantymir		1:17:54	7:48
11	Missy Teatero		1:20:21	8:03
12	Leanne Logan		1:20:55	8:06
13	Casey Ruberto		1:21:04	8:07
14	Megan Paxton		1:21:52	8:12
15	Madeleine Lay		1:23:49	8:23
16	Michelle Labate		1:24:14	8:26
17	Sara Chow		1:25:06	8:31
18	Stephanie Hill		1:26:08	8:37
19	Laura Dennis		1:26:26	8:39
20	Jennifer Hyytiaine		1:27:24	8:45
21	Marla Henderson	Toronto	1:30:29	9:03
22	Alanna Augruso		1:31:02	9:07
23	Dylan Lutes		1:31:04	9:07
24	Liz McDonald		1:31:04	9:07
25	Melissa Wilson	Geraldton	1:31:34	9:10
26	Andrea Lento		1:31:58	9:12
27	Amy Olson		1:32:21	9:15
28	Emily Elchuk		1:32:31	9:15
29	Chelsea Heath		1:33:30	9:21
30	Leanne Christen		1:33:48	9:23
31	Jennifer Hansen		1:34:48	9:29
32	Lainey Bannon		1:35:34	9:34
33	Laura Deluca		1:36:06	9:37
34	Raija Begall		1:36:15	9:38
35	Lindsay Janiec		1:36:29	9:39
36	Rosetta Daniar		1:37:19	9:44
37	Robyn Goral		1:37:28	9:45
38	Caitlin Brown		1:38:21	9:51
39	Kirstin Smallwood		1:40:38	10:04
40	Michelle Allain		1:41:47	10:11

41	Amanda Boyd	1:42:17	10:14
42	Lisa McDonald	1:43:16	10:20
43	Deanna Buitenhuis Slate River	1:43:17	10:20
44	Chelsea Fraser	1:43:27	10:21
45	Megan Mauro	1:47:21	10:45
46	Susan Moulson	1:48:53	10:54
47	Nicole Nekuliak	1:50:28	11:03
48	Kelsey Poirier	1:53:12	11:20
49	Stephanie Brown	1:54:31	11:28
50	Tonia Wittmeier	1:56:27	11:39
51	Michelle Adams	1:57:31	11:46
52	Ashley Sandberg	1:57:58	11:48
53	Lindsay Boyd	1:58:28	11:51
54	Danielle Skene	2:11:29	13:09

***** 30 - 34 *****

Sponsored by - Lakehead Printing
Record - 57:16 Erja Ervonen - Finland 1994

Place	Name	City	Time	Pace
====	=====	=====	=====	=====
1	Ashley Goodlad		1:09:41	6:59
2	Stacy Giardetti		1:12:04	7:13
3	Natalie Lehto		1:12:04	7:13
4	Kelly Henry		1:12:39	7:16
5	Kyla Buys		1:13:40	7:22
6	Connor Pratt		1:17:31	7:46
7	Lesley Moulson		1:17:52	7:48
8	Kerri Davis	Atikokan	1:20:30	8:03
9	Amanda Newton		1:20:34	8:04
10	Amanda Campaner	Rossllyn	1:21:26	8:09
11	Catherine O'Neill		1:22:49	8:17
12	Moira O'Neill		1:22:50	8:17
13	Julie Van Ossenbru	Nipigon	1:24:24	8:27
14	Kristy Towell		1:24:55	8:30
15	Morning Star Tom	Emo	1:25:56	8:36
16	Shavonne Hasfal-Mc	Toronto	1:30:29	9:03
17	Mandie Sims		1:30:54	9:06
18	Narges White		1:31:19	9:08
19	April Thorvaldson		1:33:11	9:20
20	Jennifer Rob	Murillo	1:33:29	9:21
21	Amanda Holdsworth		1:34:13	9:26
22	Jacqui Workman		1:35:18	9:32
23	Becky Agar		1:35:32	9:34
24	Marcia Wehrstedt		1:35:39	9:34
25	Nikki Maronese		1:35:50	9:35
26	Tasha Coughlan-Man		1:35:56	9:36
27	Julie Brown		1:37:50	9:47
28	Lisa-Marie Zorzes		1:38:33	9:52
29	Anika Guthrie		1:39:00	9:54
30	Allison Anderson		1:39:10	9:55
31	Pamela Cain	Slate River	1:39:46	9:59
32	Melissa Vincent	Shuniah	1:40:08	10:01
33	Emily Kerton		1:40:30	10:03
34	Rain Watson		1:40:30	10:03
35	Michelle Costa		1:40:57	10:06
36	Dani Garon		1:42:19	10:14
37	Nancy Monchka		1:42:55	10:18
38	Vanessa Falshaw		1:43:47	10:23
39	Diana Stansell		1:46:06	10:37

40	Karen Carter		1:46:58	10:42
41	Kari Wakefield		1:47:05	10:43
42	Katie Hughdie		1:47:06	10:43
43	Angel Gledhill		1:47:49	10:47
44	Allison Valdock		1:47:49	10:47
45	Sarah Lane		1:48:34	10:52
46	Olivia Olson		1:49:30	10:57
47	Ashley Dell		1:51:13	11:08
48	Shannon Agowissa	Naughton	1:55:31	11:34
49	Eilidh Childs		1:58:37	11:52
50	Lina Chapman		1:59:08	11:55
51	Leah Nix	Atikokan	2:12:59	13:18
52	Vanessa Kennedy	Longlac	2:14:11	13:26

***** 35 - 39 *****

Sponsored by - Lakehead Masters Running Club
Record - 59:03 Janette Stoot - Colorado 1996

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Karen Rosehart		1:08:37	6:52
2	Zelka Black		1:10:28	7:03
3	Nicole Mace	Penetanguishene	1:11:20	7:08
4	Kathleen Shaw		1:12:08	7:13
5	Michelle Donato		1:13:17	7:20
6	Kirsten Addison		1:16:52	7:42
7	Catia Rizzo		1:16:53	7:42
8	Julijana Prpic		1:17:24	7:45
9	Racheal Anishinabi		1:18:16	7:50
10	Brandy Robbins	Dorion	1:19:01	7:55
11	Katie Burton		1:19:29	7:57
12	Victoria Carlucci		1:19:52	8:00
13	Carrie Vita		1:21:17	8:08
14	Christine Vita		1:21:18	8:08
15	Michelle McGrath		1:22:10	8:13
16	Melinda Norhaugen		1:23:41	8:23
17	Jennifer Harris		1:24:37	8:28
18	Michelle Walsh		1:26:34	8:40
19	Candace Litwinenko		1:26:39	8:40
20	Janey Pellegrino		1:27:45	8:47
21	Crystal Alderdice		1:28:24	8:51
22	Chantal Olson	Red Rock	1:28:29	8:51
23	Silvana Kostiuik		1:28:31	8:52
24	Jerry-Lynn Durant		1:28:32	8:52
25	Tracy Ortgiese		1:29:12	8:56
26	Nicole Reid		1:29:15	8:56
27	Socorro Woodman		1:30:11	9:02
28	Kari White		1:30:29	9:03
29	Christina Brassard		1:30:29	9:03
30	Erin Dunn		1:31:52	9:12
31	Agnela Gainer		1:33:04	9:19
32	Kathryn MacIsaac		1:33:16	9:20
33	Grace Baxter		1:33:43	9:23
34	Melissa Gernat		1:34:38	9:28
35	Natasha Robertson	Gorham	1:35:11	9:32
36	Jodi Steele		1:35:19	9:32
37	Shannon Schmidt		1:35:31	9:34
38	Kit Chepesiuk		1:36:07	9:37
39	Jenny Wolverton		1:37:15	9:44
40	Crystal Cook	Marathon	1:37:15	9:44

41	Michelle Henderson		1:38:09	9:49
42	Holly O'Neill		1:40:49	10:05
43	Jennifer Oussoren	Marathon	1:40:52	10:06
44	Jennifer Lawson		1:42:28	10:15
45	Carolyn Fresco	Rosslyn	1:43:15	10:20
46	Peaches Glenn	Murillo	1:43:27	10:21
47	Ryan Drury	Rosslyn	1:43:59	10:24
48	Sheri Zale		1:44:26	10:27
49	Doreen Trinh	Longlac	1:45:17	10:32
50	Jessica Venasky		1:45:58	10:36
51	Stepahnie Przysuch		1:48:54	10:54
52	Wilhelmina Hodder		1:49:37	10:58
53	Jill Medwick		1:49:49	10:59
54	Terri Nicholson	Echo Bay	1:50:45	11:05
55	Elyse Mussell		1:56:22	11:39
56	Pam Sawler		1:58:23	11:51
57	Jodi Martinsen		1:58:54	11:54
58	Laura Ortgiese	Kakabeka Falls	2:01:47	12:11

***** 40 - 44 *****

Sponsored by - Bruno's Contracting
Record - 1:01:19 Nicki Wilberforce 2009

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Katie McGee	Duluth	1:02:56	6:18
2	Marianne Stewart	Kakabeka Falls	1:11:28	7:09
3	Beth Shipston		1:13:37	7:22
4	Shelley Cryer		1:17:19	7:44
5	Heather Saunders		1:18:41	7:53
6	Heather McLean		1:18:57	7:54
7	Andrea Middleton	Murillo	1:20:23	8:03
8	Andrea Stach		1:21:58	8:12
9	Andrea Boyd		1:22:31	8:16
10	Cordie Stark		1:24:59	8:30
11	Rosie Darosa		1:26:40	8:40
12	Lorna Anderson		1:27:44	8:47
13	Katie Ostrom	Rosslyn	1:27:58	8:48
14	Barb Zelek	Marathon	1:29:00	8:54
15	Michelle Addison		1:30:37	9:04
16	Donna Yocom		1:33:09	9:19
17	Michelle McKitrick		1:33:15	9:20
18	Virginia Thompson	Manitouwadge	1:33:28	9:21
19	Donna Jeanpierre		1:35:15	9:32
20	Alison Beazley		1:35:59	9:36
21	Mary-Jean Cormier		1:37:02	9:43
22	Nancy Dow	Kakabeka Falls	1:37:39	9:46
23	Heather Lammers		1:38:09	9:49
24	Cheri Stanfield		1:39:47	9:59
25	Robin Gould		1:40:31	10:04
26	Kim Pelletier		1:41:10	10:07
27	Janine Andraka		1:42:57	10:18
28	Ronda Rooney		1:43:51	10:24
29	Trina Diner		1:45:46	10:35
30	Tammy Coccimiglio		1:48:00	10:48
31	Jennifer Quance		1:48:01	10:49
32	Lesley Lamers		1:49:37	10:58
33	Erin Nadon		1:49:42	10:59
34	Kim Strickland		1:51:45	11:11
35	Tammy Stamler	Atikokan	1:52:25	11:15

36 Lori Schmidt 1:59:04 11:55
37 Tammy Ambrose 2:12:51 13:18

***** 45 - 49 *****

Sponsored by - Thunder Bay Professional Fire Fighters Association
Record - 1:02:51 Nicki Wilberforce 2013

Place	Name	City	Time	Pace
1	Nicola Wilberforce	Rossllyn	1:04:24	6:27
2	Heidi McGee	Neebing	1:12:05	7:13
3	Diana Mellerup		1:17:58	7:48
4	Betty Annala	Rossllyn	1:18:27	7:51
5	Claudia Tropea		1:19:40	7:58
6	Helena Billard		1:21:30	8:09
7	Anne Marie Davis		1:22:27	8:15
8	Esme French		1:22:30	8:15
9	Maureen Page		1:22:32	8:16
10	Beth Ponka		1:23:05	8:19
11	Bonnie Tittaferan		1:24:34	8:28
12	Susan Whatley-Halv		1:24:53	8:30
13	Connie Cahill		1:25:05	8:31
14	Jodi Scott		1:25:50	8:35
15	Colleen Kjellman	Nipigon	1:26:15	8:38
16	Angela Saunders		1:26:43	8:41
17	Stacy Morton		1:28:27	8:51
18	Teresa Veneruz		1:29:55	9:00
19	Margie Derynck		1:31:25	9:09
20	Lynn Hurrell		1:31:30	9:09
21	Belinda Beres		1:31:39	9:10
22	Fiona Maclean		1:32:02	9:13
23	Luisa Burgess		1:32:54	9:18
24	Charmaine Cades		1:33:41	9:23
25	Joy Sys		1:33:42	9:23
26	Carol Vester		1:34:40	9:28
27	Sherri Johnson		1:36:12	9:38
28	Laura Prodanyk		1:36:50	9:41
29	Michele Verdenik		1:37:08	9:43
30	Jo-Ann Vis		1:37:27	9:45
31	Suanne White		1:37:40	9:46
32	Judy Barton		1:39:17	9:56
33	Jo-L Levesque		1:40:43	10:05
34	Karen Ranta		1:42:02	10:13
35	Tracey Roy		1:45:05	10:31
36	Juanita Dempsey		1:46:40	10:40
37	Ruth Vannieuwenhui	Murillo	1:48:01	10:49
38	Kim Spivak		1:50:34	11:04
39	Colleen Levesque		1:51:03	11:07
40	Laverne Murphy		1:58:59	11:54
41	Sherry Patterson		2:02:54	12:18
42	Barbara Eccles		2:06:55	12:42

***** 50 - 54 *****

Sponsored by - Kim Karioja
Record - 1:08:34 Sue Kainulainen 2012

Place	Name	City	Time	Pace
1	Janice Watson-Ryan		1:14:07	7:25
2	Cindy Zanni		1:15:11	7:32

3	Rina Daniar		1:16:06	7:37
4	Donna Ostrom		1:16:34	7:40
5	Kathleen Lynch		1:20:55	8:06
6	Kathryn Stajkowski		1:22:30	8:15
7	Kathy Chappell	Red Rock	1:23:34	8:22
8	Barb Tabachak		1:24:22	8:27
9	Tammi Degiacomo		1:24:49	8:29
10	Jane Mayer		1:30:57	9:06
11	Shelby Salo	Nipigon	1:31:34	9:10
12	Trudy McKinnon		1:32:26	9:15
13	Karyn Armiento		1:33:05	9:19
14	Joyce Ilkka		1:35:58	9:36
15	Nancy Shine		1:36:36	9:40
16	Pauline Osala	Nipigon	1:37:12	9:44
17	Heather White	Acton	1:37:43	9:47
18	Marilee Chase		1:37:57	9:48
19	Heather Hyslop		1:38:17	9:50
20	Shelley Taylor		1:38:21	9:51
21	Doris Colosimo		1:40:10	10:01
22	Antonia Vidjen		1:40:12	10:02
23	Tracey Zimak		1:40:12	10:02
24	Cathy Michaliuk		1:40:57	10:06
25	Lynn Crookham		1:42:11	10:14
26	Rosemary Bostrom		1:42:17	10:14
27	Josie Daniels		1:45:31	10:34
28	Therese Dechene		1:46:13	10:38
29	Norina Sopotiuick	Pinewood	1:46:30	10:39
30	Elizabeth Hutchins		1:46:57	10:42
31	Cheryl Ready		1:46:59	10:42
32	Donna Buttman		1:48:49	10:53
33	Nicole Sutherland		1:51:04	11:07
34	Laurie Henderson		1:57:42	11:47
35	Lorraine Partanen	Kaministiquia	2:05:52	12:36
36	Rosa Maselj		2:10:19	13:02
37	Wendy Kresack		2:11:01	13:07
38	Lori Kapush		2:13:10	13:19

***** 55 - 59 *****

Sponsored by - Wanson Lumber Co Ltd.
Record - 1:11:53 Kathi Madden - Duluth 2013

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Carol Bannon		1:18:30	7:51
2	Alison McMullen		1:21:34	8:10
3	Deborah Fredericks		1:21:34	8:10
4	Maryanne Rooney		1:24:29	8:27
5	Susan McDonald		1:28:33	8:52
6	Barb McGill	Marathon	1:29:45	8:59
7	Angela Domansky-De		1:30:11	9:02
8	Betsy Beveridge	Kakabeka Falls	1:31:42	9:11
9	Maureen Belluz	Murillo	1:32:16	9:14
10	Deenna Penner		1:35:25	9:33
11	Diane Scocchia		1:36:02	9:37
12	Colleen Laine		1:36:51	9:42
13	Siobhan Farrell		1:39:18	9:56
14	Lori Ruberto		1:42:09	10:13
15	Tarja Trochimchuk		1:43:35	10:22
16	Colleen Snelgrove		1:44:09	10:25
17	Colleen Kennedy		1:45:18	10:32

18 Cheryl Nisula	1:48:50	10:53
19 Tricia Taylor	1:55:51	11:36
20 Janet Chiupka	1:56:45	11:41
21 Diane MacLaurin	1:58:03	11:49
22 Maureen Parkes	1:58:44	11:53
23 Janis Nixon	1:59:16	11:56
24 Sandra Guthrie	2:14:15	13:26

***** 60 - 64 *****

Sponsored by - Quirion Financial Services
Record - 1:17:06 Marilyn Schnobrich - Duluth 2004

Place	Name	City	Time	Pace
====	=====	=====	=====	=====
1	Mary Pat Bernosky	Neebing	1:28:53	8:54
2	Joan Purves		1:31:57	9:12
3	Bev Chambers Franc		1:35:31	9:34
4	Maureen Twigg		1:37:52	9:48
5	Denise Taylor		1:43:22	10:21
6	Gina Sutton		1:50:31	11:03
7	Betty Oldale		1:58:01	11:49
8	Charlotte McDonald		1:59:05	11:55
9	Carol Daniher		2:08:43	12:53
10	Karen Carlucci		2:12:28	13:15

***** 65 - 69 *****

Sponsored by - Stride Orthopaedics & Footwear
Record - 1:27:15 Gael Jones 2011

Place	Name	City	Time	Pace
====	=====	=====	=====	=====
1	Gael Jones	Shuniah	1:29:15	8:56
2	Maureen Ahokas		1:37:27	9:45
3	Gaydonna Baker	Emo	1:39:45	9:59
4	Marlene Pawluk		1:42:06	10:13
5	Dee Tuyl		1:42:49	10:17

***** 70 - 79 *****

Sponsored by - Atwood Labine Arnone McCartney LLP
Record - 1:34:44 Vi Turner 2003

Place	Name	City	Time	Pace
====	=====	=====	=====	=====
1	Jan Inkster		1:56:53	11:42

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/18/2014

Race Scored by Thunder Bay Timing

***** MALE - COMPLETE AGE-GROUP RESULTS *****

(Printed: 12:57:27 06/04/2014)

(Times are NET)

***** 1 - 19 *****

Sponsored by - Edward Jones - Don Morrison

Record - 49:13 Bill Britton 1973

Place	Name	City	Time	Pace
1	Fergus Foster		1:07:50	6:47
2	Tobias Quinn		1:12:38	7:16
3	Lucas Evans		1:12:39	7:16
4	Nathan Hay		1:12:42	7:17
5	Brady Harkonen	Neebing	1:15:47	7:35
6	Adam Walser		1:16:09	7:37
7	Kai Meekis		1:16:34	7:40
8	Ken Ponka		1:18:53	7:54
9	Percy Clark		1:19:43	7:59
10	Kyle Czerwinski	Shuniah	1:19:52	8:00
11	Dylan Patterson	Neebing	1:20:13	8:02
12	Daniel Furfaro		1:21:02	8:07
13	Eric Osala	Nipigon	1:23:00	8:18
14	Liam O'Connor		1:24:25	8:27
15	Aidan Howald		1:24:31	8:28
16	Damian Kearney		1:26:19	8:38
17	Darin Crow	Sandy Lake	1:27:58	8:48
18	Dakota Fiddler	Sandy Lake	1:28:10	8:49
19	Nicholas Kwiatkows		1:29:44	8:59
20	Evan O'Connor		1:39:03	9:55
21	Kyle Levesque		1:40:42	10:05

***** 20 - 24 *****

Sponsored by - Confederation College Fitness Centre

Record - 50:23 Mike Ivancic 1986

Place	Name	City	Time	Pace
1	Dominique Aulagnon		51:31	5:09
2	Connor McGuire		52:52	5:18
3	Greg Kilroy		57:14	5:44
4	Daniel Howells		59:41	5:59
5	Devon Wold	Valemount	1:03:06	6:19
6	Robert Sheppard		1:10:33	7:04
7	Matthew Fragale		1:12:08	7:13
8	Erik Trochimchuk		1:13:17	7:20
9	Jordan Baraniuk	Neebing	1:15:18	7:32
10	David Pyle		1:15:52	7:36
11	Michael Perrier		1:16:20	7:38
12	Paul Colosimo		1:17:20	7:44
13	Thomas Aro		1:17:48	7:47
14	Matt Vis		1:20:48	8:05
15	Tanner Allen		1:21:43	8:11
16	Sam Molendyk		1:22:43	8:17
17	Nathan Modrian		1:23:24	8:21
18	Colin Stover		1:25:44	8:35
19	Cory Prevost		1:26:23	8:39

20	Jarvis Brady	1:26:52	8:42
21	Patrick Miedema	1:30:59	9:06
22	Michael Gleeson	1:35:59	9:36
23	Jordan Lehto	1:36:35	9:40
24	Joseph Beg	1:37:29	9:45
25	Matthew Sanche	1:42:16	10:14
26	Relay Maybe		

***** 25 - 29 *****

Sponsored by - Natural Health & Chiropractic
Record - 47:09 Pekka Paivarinta - Finland 1975

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Corey Gallagher	Winnipeg	52:20	5:14
2	Sheldon Kilcullen	Winnipeg	52:58	5:18
3	Andrew Follis		1:03:50	6:23
4	Alexander North		1:07:30	6:45
5	Gus Daniar		1:09:29	6:57
6	Michael Minor	Winnipeg	1:09:52	7:00
7	Antonio Stefanile		1:09:59	7:00
8	Dan Domansky		1:11:09	7:07
9	Carl Tuesday	Fort Frances	1:11:28	7:09
10	Rick Ricard	Fort Frances	1:11:45	7:11
11	Simon Haslam		1:12:23	7:15
12	Josh Robinson		1:12:49	7:17
13	Matthew Cuddy		1:13:02	7:19
14	Terry Smith		1:14:30	7:27
15	Jarret Popowich		1:17:33	7:46
16	Brendon Hill	Kakabeka Falls	1:18:16	7:50
17	Erik Lane	Nolalu	1:19:29	7:57
18	Christopher Morden		1:19:53	8:00
19	Travis Potter		1:23:14	8:20
20	Dan Hrychuk		1:23:54	8:24
21	Petar Vidjen		1:24:29	8:27
22	Luc Moir		1:24:34	8:28
23	Trevor Cava		1:24:35	8:28
24	Derek Stajkowski	Neebing	1:30:15	9:02
25	Omendra Adhikary		1:30:46	9:05
26	Taylor MacKenzie		1:31:02	9:07
27	Rob Deleo	Kakabeka Falls	1:31:21	9:09
28	Doug Kennedy	Geraldton	1:35:55	9:36
29	Jarrett Hay		1:41:08	10:07
30	Brent Irwin		1:54:32	11:28
31	Daniel Sabbe		1:58:30	11:51

***** 30 - 34 *****

Sponsored by - Allard Designs
Record - 49:56 Eric Hartmark - Duluth MN 2010

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Gilbert Kiptoo	Ziwa, Kenya	51:10	5:07
2	Trevor Zimak		51:27	5:09
3	Mark Maronese		54:40	5:28
4	Jonathan Balabuck		56:24	5:39
5	Antonio Redfern Pu Murillo		56:55	5:42
6	Doug Thiessen		58:34	5:52
7	Greg Wilson		1:03:14	6:20
8	Scott Wiebe	Kakabeka Falls	1:03:49	6:23

9	Michael Maronese		1:03:53	6:24
10	Michael Giardetti		1:07:04	6:43
11	Ryan Laukka		1:08:19	6:50
12	Sam Newton		1:08:37	6:52
13	Ricky Kruger		1:09:02	6:55
14	Adam Moreira		1:10:32	7:04
15	Emanuel Iorianni		1:10:50	7:05
16	Trevor Workman		1:10:53	7:06
17	Dale Lane		1:11:31	7:10
18	Tyler Reinelt		1:12:20	7:14
19	Daniel Hannah		1:12:40	7:16
20	Matthew Morden	Shuniah	1:14:32	7:28
21	Jean-Louis Charett		1:14:36	7:28
22	Stefan Moreira		1:15:03	7:31
23	Pat Price		1:16:06	7:37
24	Alex Lambruschini		1:16:09	7:37
25	Shane Aikenhead		1:16:34	7:40
26	Matt Henny	Kakabeka Falls	1:17:18	7:44
27	Danny Larose	Geraldton	1:17:18	7:44
28	Jim Kennedy	Longlac	1:17:58	7:48
29	Rj Taylor		1:20:22	8:03
30	Patrick Shewchuk		1:20:55	8:06
31	John Blanchette		1:22:33	8:16
32	Danilo Silva		1:23:13	8:20
33	Adam Munshaw		1:24:33	8:28
34	Neal Thorvaldson		1:33:12	9:20
35	Brent Maranzan		1:34:39	9:28
36	Matt Agar		1:35:31	9:34
37	Paul Ireland		1:36:35	9:40
38	Michael Ferguson		1:38:28	9:51
39	Logan Blake		1:52:02	11:13
40	Kent Spiers		1:58:58	11:54

***** 35 - 39 *****

Sponsored by - Rick Stempein
Record - 50:59 Bill Krezonoski 1989

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Phillip Samoei	Eldoret, Kenya	55:46	5:35
2	Marko Ahokas		1:03:15	6:20
3	Kris Nisula		1:03:56	6:24
4	Phil Brown		1:04:22	6:27
5	Chris Fralick		1:04:51	6:30
6	Craig Kashak	Shuniah	1:05:06	6:31
7	Jason Dewar		1:05:43	6:35
8	Roger Prasad		1:10:00	7:00
9	Ty Alderdice		1:12:48	7:17
10	Riley Burton		1:13:25	7:21
11	Andrew Nixon		1:15:49	7:35
12	Rob Towell		1:17:32	7:46
13	Denis Charlebois		1:18:41	7:53
14	Sjoerd Attema		1:19:27	7:57
15	Greg Larizza	Rosslyn	1:20:09	8:01
16	Dave Sacino		1:21:25	8:09
17	Jody Loos		1:23:08	8:19
18	Daniel Kaukinen		1:24:53	8:30
19	Domenico Sanzo		1:25:49	8:35
20	Christopher Allen		1:26:23	8:39
21	James Van Acker		1:26:56	8:42

22 Nicola Sanzo		1:27:30	8:45
23 Kris Sandberg		1:28:45	8:53
24 Tony Puddephatt		1:32:16	9:14
25 Jeff McLeod		1:38:19	9:50
26 Carl Taylor		1:38:55	9:54
27 Joel Agowissa	Naughton	1:39:09	9:55
28 William Falshaw		1:43:45	10:23
29 Giovanni Gallo		1:45:25	10:33
30 Darryl Buckle		1:52:15	11:14

***** 40 - 44 *****

Sponsored by - Fresh Air Experience
Record - 52:40 Jess Koski - Duluth 1995

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Ryan McDonald		1:01:37	6:10
2	Kevin Paradis	Kakabeka Falls	1:07:33	6:46
3	John Hawkins		1:08:04	6:49
4	Larry Baxter		1:08:12	6:50
5	Dwayne Radbourne		1:09:48	6:59
6	David Lammers		1:10:37	7:04
7	Ian Hamilton		1:10:37	7:04
8	John Martinsen		1:13:22	7:21
9	David Bott	Marathon	1:13:39	7:22
10	Joey Roy		1:14:08	7:25
11	Gary Small		1:15:23	7:33
12	Mike Carlucci		1:15:45	7:35
13	Rob Morris		1:15:58	7:36
14	George Wilson		1:17:32	7:46
15	Randy Devost		1:18:51	7:54
16	Mark Beazley		1:21:47	8:11
17	Gene Keast		1:21:59	8:12
18	Erik Hongisto		1:22:04	8:13
19	Kevin Kortez-Mille		1:22:16	8:14
20	Chris Goegan		1:24:17	8:26
21	Brock Lambert		1:26:44	8:41
22	Jon Johnsen		1:27:58	8:48
23	Karl Reimer		1:28:25	8:51
24	Bill Ezzard		1:32:54	9:18
25	Jeremy McBride		1:32:59	9:18
26	John Vita		1:35:50	9:35
27	Brian Lawson		1:42:28	10:15
28	Randy Wakefield		1:45:04	10:31
29	Jerry Nardi		1:48:31	10:52
30	James Mann		1:49:37	10:58
31	Andrew Hotrum		1:50:23	11:03

***** 45 - 49 *****

Sponsored by - John W. MacDonald Law Office
Record - 55:34 Jim Pelarske - Two Harbours 1997

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Robert Decot	Duluth	58:55	5:54
2	Douglas Scott		1:02:26	6:15
3	Todd Randall		1:07:04	6:43
4	Paul Wouthuis		1:07:31	6:46
5	Philip Ponka		1:08:11	6:50
6	Todd Little		1:09:45	6:59

7	Russell Clark		1:10:04	7:01
8	Sean Albanese		1:10:43	7:05
9	Gary Tabor		1:13:37	7:22
10	Darren Smallwood		1:13:55	7:24
11	Stephen Adams		1:15:06	7:31
12	Roberto Bucci		1:16:12	7:38
13	Don Nixon		1:16:55	7:42
14	Greg Cooke		1:17:00	7:42
15	Ron Dove		1:17:37	7:46
16	Mark Kuszniier		1:17:58	7:48
17	Milos Sepa		1:22:31	8:16
18	Blaine Hill		1:22:37	8:16
19	Marshall Erickson		1:22:42	8:17
20	Rob Hicklin		1:24:05	8:25
21	Michael O'Connor		1:24:26	8:27
22	Jason Haack		1:24:37	8:28
23	Daniel Hubert		1:26:19	8:38
24	Tony Dasilva		1:26:27	8:39
25	Steve Tanguay		1:28:31	8:52
26	Kevin McArdle		1:28:39	8:52
27	Kenneth Wilson		1:29:45	8:59
28	Rod Brescia		1:29:58	9:00
29	Malcolm Sutherland		1:30:37	9:04
30	Shawn Donohue	Rosslyn	1:32:22	9:15
31	James Panikulam		1:35:36	9:34
32	Ken MacIntosh		1:36:55	9:42
33	Doug Patterson		1:38:25	9:51
34	Londyn Bilbrough		1:58:01	11:49

***** 50 - 54 *****

Sponsored by - One Stop Auto Centre
Record - 58:14 Bill Krezonoski 2004

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Jim Keyes		1:04:16	6:26
2	Peter Lovis		1:04:36	6:28
3	Mark Smith		1:06:58	6:42
4	Stewart Schmidt		1:07:19	6:44
5	Hubert Kuhleitner		1:08:14	6:50
6	Robert Shubat		1:08:15	6:50
7	Darren Sneve		1:09:13	6:56
8	Edward Holbik		1:09:34	6:58
9	Jonilson Soares		1:10:01	7:01
10	Gerald Walton		1:11:19	7:08
11	Michael Iwachewski		1:11:58	7:12
12	Edward Maki		1:12:50	7:17
13	Claudio Tesolin		1:13:55	7:24
14	Rob Roussel		1:15:11	7:32
15	David Steinberg	Duluth	1:15:16	7:32
16	Ian Gordon	Calgary	1:15:51	7:36
17	Bernie Pechiwa		1:17:09	7:43
18	Dan Popowich		1:18:04	7:49
19	Martin Kaiser		1:19:14	7:56
20	Mitz Bandiera		1:19:50	7:59
21	Tom Boland		1:20:56	8:06
22	Hugh Smith		1:21:17	8:08
23	Michael Pepe		1:22:08	8:13
24	Stewart Mainville		1:23:07	8:19
25	Kevin Knudson	Shuniah	1:23:20	8:20

26	Gino Cacciatore		1:24:25	8:27
27	Ron Michaliuk		1:27:04	8:43
28	Les Perrault		1:32:18	9:14
29	Chris Beaucage		1:37:27	9:45
30	John Scott		1:37:51	9:48
31	Jim Windego		1:43:03	10:19
32	Paolo Rodeghiero		1:45:47	10:35
33	Kelly Patterson	Neebing	1:48:33	10:52
34	Grant Turner	Ottawa	2:13:51	13:24
35	Frank Pollari		2:17:04	13:43

***** 55 - 59 *****

Sponsored by - Lakehead Masters Running Club

Record - 58:56 Dan Conway - Chetek WS 1998

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Bob Shine		1:06:10	6:37
2	Lorne Ricard	Fort Frances	1:07:57	6:48
3	Roy Nisula		1:10:44	7:05
4	Leigh Smith		1:13:33	7:22
5	Michael Kowalchuk		1:14:40	7:28
6	Carmine Felice		1:15:44	7:35
7	Scott Coutts	Atikokan	1:16:10	7:37
8	John Friday		1:17:08	7:43
9	Joe McGill	Marathon	1:17:44	7:47
10	Louis Bortolon		1:19:42	7:59
11	Ken Allan		1:20:07	8:01
12	Ralph Hibbert		1:20:58	8:06
13	Brian Dysievick	Rossllyn	1:21:27	8:09
14	Richard Morden		1:22:47	8:17
15	Dale Dennis		1:24:42	8:29
16	Joe Grzelewski		1:25:44	8:35
17	Rick Smith		1:25:52	8:36
18	Fred Bauer		1:27:37	8:46
19	Edward Giertuga		1:28:32	8:52
20	Mark Thibert		1:30:21	9:03
21	Jerome Bannon		1:36:30	9:39
22	David Hardick		1:40:13	10:02
23	Elvis Comegan		2:02:20	12:14
24	Seppo Osala	Nipigon	2:17:06	13:43

***** 60 - 64 *****

Sponsored by - Thunder Bay Metre Eaters

Record - 59:21 Dan Conway - Superior 1999

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Bill Krezonoski	Shuniah	1:03:13	6:20
2	Gary Young		1:08:51	6:53
3	Peter Navratil		1:10:11	7:02
4	Bob Baxter		1:11:43	7:11
5	Claude Wyspianski		1:17:30	7:45
6	Robb Anderson	Carleton Place	1:18:36	7:52
7	Josef Ehrler		1:18:56	7:54
8	Rod Fuchihara		1:23:13	8:20
9	Daniel Ugray		1:23:43	8:23
10	Robert Keeper		1:26:52	8:42
11	Larry Sochackey		1:29:51	9:00
12	John Lutes	London	1:31:03	9:07

13	John Burns	Cochrane	1:33:16	9:20
14	Emir Vidjen		1:34:44	9:29
15	Gary Woodbeck		1:36:34	9:40
16	Clyde Tuyl		1:40:20	10:02
17	Craig Sandberg		1:44:42	10:29
18	Ralph Bekintis	Sandy Lake	1:45:13	10:32
19	Kaj Nummelin		1:45:56	10:36
20	David Farrell		1:48:43	10:53
21	John Guthrie		1:54:51	11:30
22	John Young		2:07:32	12:46

***** 65 - 69 *****

Sponsored by - Robb Anderson

Record - 1:03:48 Arjan Gelling - Nanaimo BC 2013

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Brian Hendrickson		1:11:56	7:12
2	Frank Wilson		1:13:45	7:23
3	Arnie Nurmi		1:22:19	8:14
4	Dan Slomke		1:33:00	9:18
5	Bob Greer	Neebing	1:37:33	9:46
6	Rainer Partanen	Kaministiquia	1:37:40	9:46
7	Alex Mintenko		1:41:02	10:07
8	Gary Smith		1:46:06	10:37
9	Jim Thatcher		1:50:32	11:04

***** 70 - 79 *****

Sponsored by - Daniar's Automatic Transmission

Record - 1:13:50 Nick Rogers - Edina MN 2009

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Bill Bragg		1:40:30	10:03
2	Alex Diner		1:42:05	10:13
3	Michael St. James		1:50:28	11:03