

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
1	1/30	12	M25-29	Scott Behling Duluth	2	25:57	5:12	51:01	5:07
2	1/43	11	M35-39	Trevor Zimak	1	25:57	5:12	51:31	5:10
3	1/23	636	M20-24	Jordan MacIntosh	3	26:08	5:14	53:15	5:20
4	2/23	14	M20-24	Louis Moreau	5	26:57	5:24	54:49	5:29
5	3/23	572	M20-24	Levi Nadlersmith	4	26:52	5:23	55:28	5:33
6	4/23	15	M20-24	Connor MacIntosh	7	27:43	5:33	55:39	5:34
7	1/10	673	M<19	Jett Dobson	6	27:37	5:32	56:05	5:37
8	2/43	18	M35-39 X	Jon Balabuck	8	28:26	5:42	57:11	5:43
9	5/23	716	M20-24	Conor McGovern Winnipeg	10	28:27	5:42	57:22	5:45
10	3/43	16	M35-39	Stephen Chapman Ottawa	11	28:29	5:42	57:33	5:46
11	6/23	379	M20-24	Henry Seeb Stillwater	9	28:27	5:42	58:19	5:50
12	4/43	17	M35-39	Scott Wiebe	12	28:54	5:47	58:42	5:53
13	1/26	606	F20-24	Rebekkah Pyle	17	31:19	6:16	1:01:17	6:08
14	5/43	20	M35-39	Doug Thiessen	15	30:38	6:08	1:01:46	6:11
15	1/29	19	M40-44	Marko Ahokas	14	30:31	6:07	1:02:05	6:13
16	2/30	557	M25-29	Nick Helmuth Glen Morris	13	30:31	6:07	1:02:23	6:15
17	3/30	119	M25-29 X	Scott Vaillant	20	31:29	6:18	1:02:36	6:16
18	1/28	142	M45-49	Kip Sigsworth	16	31:18	6:16	1:02:54	6:18
19	1/45	2	F25-29	Michelle Krezonoski	18	31:22	6:17	1:04:16	6:26
20	1/16	527	M55-59	Robert Shubat	25	32:21	6:29	1:04:28	6:27
21	6/43	314	M35-39 X	Matt Agar	19	31:29	6:18	1:04:29	6:27
22	2/16	306	M55-59	Jarrow Wahman Duluth	21	31:45	6:21	1:04:31	6:28
23	7/43	336	M35-39	Michael Maronese	29	32:47	6:34	1:04:50	6:29
24	4/30	327	M25-29	Chris Tomlinson Marathon	24	32:20	6:28	1:04:59	6:30
25	2/26	672	F20-24	Paige Kobe	26	32:26	6:30	1:05:16	6:32
26	2/28	125	M45-49	Ryan McDonald	23	32:16	6:28	1:05:45	6:35
27	1/38	445	F40-44	Molly Pennings Culver	27	32:27	6:30	1:05:49	6:35
28	8/43	691	M35-39 X	Jamie Shippam	22	31:58	6:24	1:06:00	6:36
29	7/23	128	M20-24	Joseph Ward	30	33:00	6:36	1:06:06	6:37
30	1/36	400	M30-34	Gus Daniar	28	32:38	6:32	1:06:24	6:39
31	5/30	531	M25-29	Patrick Mielke	39	34:04	6:49	1:07:06	6:43
32	2/45	5	F25-29	Rebecca Andrews	32	33:22	6:41	1:07:15	6:44
33	2/29	696	M40-44	Phil Brown	36	33:41	6:45	1:07:22	6:45
34	2/36	139	M30-34	Scott Billard	31	33:06	6:38	1:08:19	6:50
35	3/45	7	F25-29	Kayla Gallo	35	33:35	6:43	1:08:25	6:51
36	3/26	715	F20-24	Mia Serratore	33	33:25	6:41	1:08:50	6:53
37	3/36	304	M30-34	Paul Desaulniers	55	35:01	7:01	1:08:52	6:54
38	4/36	367	M30-34	Billy Hoogsteen	43	34:10	6:50	1:08:53	6:54
39	6/30	686	M25-29	Alex Vaillant	37	34:02	6:49	1:08:56	6:54
40	1/21	180	M50-54	David Prince	44	34:14	6:51	1:08:57	6:54
41	1/56	3	F35-39	Gia Rinaldi Ottawa	34	33:26	6:42	1:09:00	6:54
42	9/43	418	M35-39	Mike Heerema	47	34:42	6:57	1:09:11	6:56
43	8/23	697	M20-24	Ben Deley	48	34:43	6:57	1:09:11	6:56
44	2/56	476	F35-39	Sarah Clowes Shuniah	50	34:46	6:58	1:09:22	6:57
45	3/28	600	M45-49	Claudio Pietrobelli	42	34:10	6:50	1:09:23	6:57
46	7/30	660	M25-29	Chris Everist Murillo	53	35:00	7:00	1:09:52	7:00
47	10/43	653	M35-39	Ben Urbanski Rosslyn	54	35:00	7:00	1:09:52	7:00
48	3/56	9	F35-39	Jodie Barry	41	34:07	6:50	1:09:58	7:00
49	11/43	538	M35-39	Trevor Workman	40	34:06	6:50	1:10:05	7:01
50	4/45	6	F25-29	Kayla Kjellman	38	34:03	6:49	1:10:38	7:04

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
51	1/16	499	M60-64	Thomas Peterson Two Harbors	62	35:27	7:06	1:10:39	7:04
52	3/29	608	M40-44	Peter Stickel Shuniah	51	34:49	6:58	1:10:40	7:04
53	2/21	241	M50-54	Sean Albanese	57	35:13	7:03	1:11:00	7:06
54	4/28	480	M45-49	John Martinsen	60	35:25	7:05	1:11:16	7:08
55	1/47	308	F30-34	Laura Bron	65	35:37	7:08	1:11:18	7:08
56	2/47	21	F30-34	Samantha Bilenki	64	35:32	7:07	1:11:22	7:09
57	12/43	364	M35-39	X Robert Jean Kakabeka Falls	52	34:50	6:58	1:11:24	7:09
58	5/36	280	M30-34	Justin Friedel Kaministiquia	49	34:44	6:57	1:11:29	7:09
59	6/36	354	M30-34	Bryan Barrett Kakabeka Falls	61	35:26	7:06	1:11:41	7:11
60	4/29	688	M40-44	Craig Kashak Shuniah	67	35:45	7:09	1:11:45	7:11
61	13/43	658	M35-39	Brent Maranzan	58	35:18	7:04	1:11:54	7:12
62	2/10	366	M<19	Keiran Keagstrong	75	36:15	7:15	1:11:54	7:12
63	3/21	621	M50-54	Robert Coffey	59	35:22	7:05	1:11:56	7:12
64	5/45	656	F25-29	Moira Haggarty-Edwards	63	35:31	7:07	1:11:57	7:12
65	2/16	526	M60-64	Bob Shine	69	35:49	7:10	1:12:08	7:13
66	1/13	8	F55-59	Sue Kainulainen	68	35:48	7:10	1:12:25	7:15
67	1/13	509	M65-69	Bob Baxter	76	36:18	7:16	1:12:41	7:17
68	14/43	475	M35-39	Jeffrey Clowes Shuniah	78	36:30	7:18	1:13:01	7:19
69	15/43	616	M35-39	Devin-Finn-N Speziale Rosslyn	84	36:56	7:24	1:13:01	7:19
70	2/38	10	F40-44	Carole Murray	66	35:41	7:09	1:13:07	7:19
71	7/36	341	M30-34	Cameron Reid	45	34:26	6:54	1:13:26	7:21
72	16/43	251	M35-39	Mike Fawcett	82	36:47	7:22	1:13:32	7:22
73	8/30	592	M25-29	Kai Iwasa	98	37:33	7:31	1:13:40	7:22
74	3/10	337	M<19	Cameron Coats	124	38:50	7:46	1:13:44	7:23
75	4/21	429	M50-54	Mark Kuszniar	81	36:45	7:21	1:13:50	7:23
76	3/47	705	F30-34	Kelly Teeple	96	37:32	7:31	1:13:56	7:24
77	1/33	303	F45-49	Denette Ellard	70	35:53	7:11	1:13:58	7:24
78	9/30	239	M25-29	Ben Kuzmich	73	36:12	7:15	1:14:08	7:25
79	17/43	510	M35-39	X Matthew Morden Shuniah	86	37:01	7:25	1:14:14	7:26
80	5/28	462	M45-49	Eric Willmore	104	37:46	7:34	1:14:19	7:26
81	4/47	603	F30-34	Megan Power	97	37:32	7:31	1:14:23	7:27
82	18/43	467	M35-39	Stefan Shindle	106	37:58	7:36	1:14:25	7:27
83	4/56	123	F35-39	Rhonda Bill	79	36:33	7:19	1:14:29	7:27
84	5/21	348	M50-54	Russell Clark	74	36:14	7:15	1:14:29	7:27
85	9/23	451	M20-24	Matt Olinski	221	42:50	8:34	1:14:34	7:28
86	5/29	681	M40-44	Jason Dewar	88	37:12	7:27	1:14:49	7:29
87	6/28	398	M45-49	David Lammers	77	36:23	7:17	1:14:50	7:29
88	6/29	671	M40-44	Roy Summers	92	37:29	7:30	1:14:50	7:29
89	3/16	393	M60-64	Roy Nisula	87	37:12	7:27	1:14:51	7:30
90	19/43	230	M35-39	Mark Grant Nipigon	72	35:56	7:12	1:14:54	7:30
91	5/56	695	F35-39	Cassy Etienne	99	37:36	7:32	1:14:58	7:30
92	6/21	409	M50-54	Darryl Burton	112	38:09	7:38	1:14:58	7:30
93	7/28	278	M45-49	Brian Lawson	93	37:30	7:30	1:15:00	7:30
94	8/36	102	M30-34	X Adam Bilenki	102	37:38	7:32	1:15:06	7:31
95	9/36	179	M30-34	Dan Hrychuk	89	37:20	7:28	1:15:08	7:31
96	6/56	4	F35-39	Kelly Henry	46	34:33	6:55	1:15:17	7:32
97	10/30	126	M25-29	Michael Chepesiuk	56	35:01	7:01	1:15:38	7:34
98	7/21	465	M50-54	Michael Gluck	91	37:28	7:30	1:15:42	7:35
99	5/47	442	F30-34	Jamie-Lynn Clearwater Nipigon	85	37:00	7:24	1:15:47	7:35
100	10/23	307	M20-24	Mitchell Leblanc	83	36:54	7:23	1:16:15	7:38

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
101	4/10	167	M<19	Quinn Leschuk	114	38:09	7:38	1:16:23	7:39
102	8/28	601	M45-49	Rick MacEachern	113	38:09	7:38	1:16:23	7:39
103	7/56	620	F35-39	Amanda Campaner Rosslyn	95	37:32	7:31	1:16:30	7:39
104	4/26	408	F20-24	Alixis Grano	103	37:39	7:32	1:16:45	7:41
105	11/30	384	M25-29	Nathan Modrian	121	38:19	7:40	1:16:45	7:41
106	4/16	141	M60-64	Scott Coutts	116	38:13	7:39	1:16:48	7:41
107	1/26	584	F50-54	Heidi McGee Neebing	107	38:01	7:37	1:16:49	7:41
108	6/45	448	F25-29	Katie Darcis Shuniah	80	36:43	7:21	1:16:50	7:41
109	20/43	602	M35-39	Kris Poling Shuniah	105	37:53	7:35	1:17:02	7:43
110	10/36	244	M30-34	Adam Schaefer	142	39:33	7:55	1:17:06	7:43
111	12/30	678	M25-29	X Robert Sheppard	108	38:02	7:37	1:17:32	7:46
112	11/23	615	M20-24	Joseph Vrzovski	100	37:37	7:32	1:17:43	7:47
113	9/28	655	M45-49	Chuck Wesley	119	38:16	7:40	1:17:46	7:47
114	11/36	690	M30-34	X Mitchell Vanramhorst	143	39:37	7:56	1:17:47	7:47
115	5/10	582	M<19	Connor Murphy	94	37:31	7:31	1:18:05	7:49
116	10/28	631	M45-49	X Stephen Vincent	164	40:25	8:05	1:18:05	7:49
117	21/43	436	M35-39	X Neal Thorvaldson	168	40:29	8:06	1:18:06	7:49
118	6/47	261	F30-34	Lindsay Wowchuk	129	38:56	7:48	1:18:07	7:49
119	13/30	638	M25-29	Kristof Karpiuk	101	37:38	7:32	1:18:09	7:49
120	3/38	390	F40-44	Brandy Robbins Dorion	111	38:07	7:38	1:18:12	7:50
121	7/29	282	M40-44	Domenico Sanzo Shuniah	139	39:27	7:54	1:18:13	7:50
122	7/45	188	F25-29	Rachel Labate	147	39:41	7:57	1:18:14	7:50
123	2/26	481	F50-54	Betty Annala Rosslyn	130	39:03	7:49	1:18:16	7:50
124	12/23	623	M20-24	Jordan Leblanc	152	39:54	7:59	1:18:19	7:50
125	14/30	310	M25-29	Jesse Buob	135	39:16	7:52	1:18:22	7:51
126	22/43	520	M35-39	Hilling Ezack	110	38:05	7:37	1:18:23	7:51
127	1/13	578	F<19	Madi Fabiano	118	38:15	7:39	1:18:23	7:51
128	12/36	347	M30-34	Mohammad Noroozi	126	38:52	7:47	1:18:25	7:51
129	2/33	356	F45-49	Linda Graver	125	38:52	7:47	1:18:25	7:51
130	15/30	694	M25-29	Stuart Jackson-Monroe	134	39:14	7:51	1:18:32	7:52
131	3/33	593	F45-49	Janice Melchiorre	145	39:39	7:56	1:18:59	7:54
132	4/38	149	F40-44	Christine Vita	138	39:26	7:54	1:19:02	7:55
133	8/29	272	M40-44	Cedrick Jeanpierre	136	39:18	7:52	1:19:02	7:55
134	5/38	424	F40-44	Carolyn Weiss	137	39:26	7:54	1:19:03	7:55
135	5/16	539	M60-64	Vernon Berglund Golden Valley	146	39:41	7:57	1:19:08	7:55
136	7/47	290	F30-34	Theresa Thibert	122	38:35	7:43	1:19:11	7:56
137	23/43	160	M35-39	Logan Blake	141	39:32	7:55	1:19:16	7:56
138	16/30	286	M25-29	Tim Iazzolino	90	37:24	7:29	1:19:20	7:56
139	17/30	236	M25-29	Jon Holm	148	39:42	7:57	1:19:41	7:59
140	8/47	137	F30-34	Stephanie Poling Shuniah	123	38:39	7:44	1:19:45	7:59
141	24/43	122	M35-39	Steven Bill	150	39:46	7:58	1:19:47	7:59
142	13/36	232	M30-34	Jon Skavinski	170	40:41	8:09	1:19:51	8:00
143	9/29	525	M40-44	Charles Levkoe	128	38:56	7:48	1:19:53	8:00
144	5/26	323	F20-24	Shannon McKitrick	133	39:12	7:51	1:19:59	8:00
145	3/16	431	M55-59	Claudio Tesolin	131	39:03	7:49	1:20:03	8:01
146	25/43	597	M35-39	Mark Cattani	109	38:04	7:37	1:20:05	8:01
147	6/10	645	M<19	Paul Goodman Sandy Lake	71	35:56	7:12	1:20:11	8:02
148	1/3	707	M70-79	Frank Wilson	153	40:02	8:01	1:20:16	8:02
149	6/26	136	F20-24	Angela MacIsaac	149	39:46	7:58	1:20:20	8:02
150	18/30	624	M25-29	X Kari Rikkonen	117	38:13	7:39	1:20:21	8:03

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
151	26/43	659	M35-39	Mark Maranzan	179	41:00	8:12	1:20:31	8:04
152	27/43	450	M35-39	Rj Taylor	144	39:38	7:56	1:20:49	8:05
153	8/45	529	F25-29	Sabrina Felice	154	40:05	8:01	1:21:05	8:07
154	9/47	471	F30-34	Cortney Powell Neebing	162	40:23	8:05	1:21:06	8:07
155	28/43	375	M35-39	Robin Gathercole	163	40:24	8:05	1:21:06	8:07
156	14/36	389	M30-34	Terry Smith	140	39:29	7:54	1:21:09	8:07
157	11/28	501	M45-49	Kevin Kortez-Miller	191	41:27	8:18	1:21:14	8:08
158	15/36	609	M30-34	Matthew J Sainnawap Kingfisher Lak	132	39:06	7:50	1:21:15	8:08
159	3/26	663	F50-54	Patricia Fairley	159	40:20	8:04	1:21:19	8:08
160	16/36	522	M30-34	X Luc Moir Shuniah	174	40:52	8:11	1:21:26	8:09
161	29/43	543	M35-39	X Adam Munshaw	173	40:51	8:11	1:21:27	8:09
162	19/30	414	M25-29	Cody Atkinson	115	38:11	7:39	1:21:32	8:10
163	13/23	345	M20-24	Spencer Reynolds	183	41:11	8:15	1:21:36	8:10
164	9/45	120	F25-29	Hillary Sheppard	156	40:09	8:02	1:21:39	8:10
165	4/33	320	F45-49	Christine Lannon	151	39:53	7:59	1:21:42	8:11
166	17/36	138	M30-34	Jeffrey Moorley	120	38:18	7:40	1:21:51	8:11
167	18/36	346	M30-34	Tom Langen	155	40:06	8:02	1:21:53	8:12
168	30/43	275	M35-39	Ryan Caron	182	41:05	8:13	1:22:01	8:13
169	19/36	317	M30-34	Ken Blonde	197	41:48	8:22	1:22:02	8:13
170	4/16	703	M55-59	Rob Roussel	184	41:12	8:15	1:22:33	8:16
171	8/56	404	F35-39	Shannon Olfert Selkirk	185	41:14	8:15	1:22:40	8:16
172	10/45	410	F25-29	Abigail Tabachak	180	41:01	8:13	1:22:43	8:17
173	12/28	479	M45-49	Len Vaudrin	189	41:26	8:18	1:22:47	8:17
174	10/47	191	F30-34	Michelle Labate	195	41:38	8:20	1:22:52	8:18
175	5/16	438	M55-59	Dan Popowich	167	40:28	8:06	1:23:01	8:19
176	11/45	339	F25-29	Megan MacDonald Sioux Lookout	206	42:10	8:26	1:23:06	8:19
177	14/23	432	M20-24	Beau Leblanc	192	41:31	8:19	1:23:08	8:19
178	31/43	668	M35-39	Bob Botsford	127	38:53	7:47	1:23:12	8:20
179	7/26	452	F20-24	Kayla Lindsay	175	40:53	8:11	1:23:16	8:20
180	2/13	394	M65-69	Gary Young Fort William	172	40:50	8:10	1:23:19	8:20
181	6/38	331	F40-44	Nicole Mace Penetanguishene	222	42:54	8:35	1:23:21	8:21
182	4/26	484	F50-54	Diana Mellerup	200	41:54	8:23	1:23:25	8:21
183	13/28	670	M45-49	Mike Carlucci Rosslyn	157	40:19	8:04	1:23:25	8:21
184	12/45	163	F25-29	Sophia McGill Marathon	160	40:22	8:05	1:23:26	8:21
185	20/30	161	M25-29	Alex Tempelman	176	40:56	8:12	1:23:38	8:22
186	14/28	277	M45-49	Stéphane Lachance	203	42:07	8:26	1:23:43	8:23
187	32/43	351	M35-39	X Kyle McMullen Uxbridge	202	42:07	8:26	1:23:51	8:23
188	1/11	350	F60-64	Alison McMullen	204	42:08	8:26	1:23:51	8:24
189	6/16	209	M55-59	Tim Gillies	196	41:46	8:22	1:23:55	8:24
190	15/28	466	M45-49	Jeremy McBride	178	41:00	8:12	1:23:56	8:24
191	21/30	361	M25-29	X Matt Schmidt	194	41:33	8:19	1:24:02	8:25
192	22/30	420	M25-29	Scemoore Williams	169	40:31	8:07	1:24:02	8:25
193	16/28	296	M45-49	X Robert Wilson	193	41:32	8:19	1:24:02	8:25
194	33/43	664	M35-39	Mike Bone	218	42:42	8:33	1:24:15	8:26
195	17/28	109	M45-49	X Todd Reynolds	188	41:22	8:17	1:24:18	8:26
196	5/26	473	F50-54	Claudia Tropea	215	42:33	8:31	1:24:19	8:26
197	23/30	611	M25-29	Ben Tranter	210	42:17	8:28	1:24:28	8:27
198	20/36	413	M30-34	David Briand	158	40:20	8:04	1:24:42	8:29
199	11/47	717	F30-34	Kaela Stradiotto	236	43:18	8:40	1:24:44	8:29
200	8/21	171	M50-54	Ken MacIntosh	181	41:04	8:13	1:24:48	8:29

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
201	9/21	454	M50-54	Kevin McArdle	225	42:55	8:35	1:24:48	8:29
202	13/45	639	F25-29	Morgan Reilly	165	40:26	8:06	1:24:48	8:29
203	9/56	637	F35-39	X Ceilidh Boyd	166	40:26	8:06	1:24:49	8:29
204	12/47	652	F30-34	Raija Begall	213	42:24	8:29	1:24:51	8:30
205	10/56	485	F35-39	Eryn Cade	224	42:55	8:35	1:24:54	8:30
206	13/47	507	F30-34	Andrea Kromm	198	41:53	8:23	1:24:55	8:30
207	14/47	300	F30-34	Christina Groulx	263	43:57	8:48	1:25:00	8:30
208	11/56	374	F35-39	Anya Scheibmayr	260	43:50	8:46	1:25:03	8:31
209	15/47	328	F30-34	Sarah Ambroziak	261	43:50	8:46	1:25:04	8:31
210	7/38	607	F40-44	Socorro Woodman	205	42:09	8:26	1:25:04	8:31
211	16/47	563	F30-34	Kylee Maunula Shuniah	199	41:54	8:23	1:25:15	8:32
212	2/13	399	F55-59	Kathleen Lynch	227	42:58	8:36	1:25:19	8:32
213	10/21	657	M50-54	X Greg Stiletto	274	44:05	8:49	1:25:23	8:33
214	11/21	587	M50-54	Garry Sugarhead Kingfisher Lake	220	42:49	8:34	1:25:23	8:33
215	3/13	229	M65-69	Mitchell Kosny Toronto	171	40:50	8:10	1:25:25	8:33
216	6/16	627	M60-64	Brian Dysievick Rosslyn	235	43:16	8:40	1:25:29	8:33
217	7/16	357	M60-64	Ralph Hibbert	230	43:11	8:39	1:25:31	8:34
218	12/56	439	F35-39	Ashley Gathercole	187	41:22	8:17	1:25:46	8:35
219	13/56	482	F35-39	Dana McIntyre Winnipeg	186	41:19	8:16	1:25:47	8:35
220	7/16	506	M55-59	Roy Sidders Cochenour	241	43:27	8:42	1:25:49	8:35
221	18/28	504	M45-49	Fergus Beattie Kakabeka Falls	242	43:27	8:42	1:25:50	8:35
222	8/38	338	F40-44	Nicole Reid	216	42:40	8:32	1:25:51	8:36
223	8/16	613	M55-59	Ian Dobson	251	43:41	8:45	1:25:55	8:36
224	14/45	534	F25-29	Courtney Breukelman	323	45:23	9:05	1:25:56	8:36
225	6/26	402	F50-54	Shelley Gustafson Fort Frances	223	42:55	8:35	1:26:00	8:36
226	8/16	675	M60-64	Joe McGill Marathon	252	43:42	8:45	1:26:03	8:37
227	15/45	693	F25-29	Tara Labate	256	43:47	8:46	1:26:04	8:37
228	8/26	381	F20-24	Brickell Schultz	282	44:15	8:51	1:26:09	8:37
229	34/43	496	M35-39	Jeffrey O'Brien	201	42:02	8:25	1:26:11	8:38
230	9/26	444	F20-24	Andrea Zapcic Red Rock	207	42:11	8:27	1:26:18	8:38
231	4/13	541	M65-69	Josef Ehrler	258	43:49	8:46	1:26:18	8:38
232	7/26	500	F50-54	Joy Sys	239	43:20	8:40	1:26:25	8:39
233	15/23	683	M20-24	Lucas Giardino	226	42:56	8:36	1:26:28	8:39
234	19/28	533	M45-49	Kevin Bezanson	177	40:59	8:12	1:26:30	8:39
235	17/47	474	F30-34	Kristin Costa	212	42:20	8:28	1:26:32	8:40
236	10/26	133	F20-24	Marissa Lavoie	219	42:46	8:34	1:26:33	8:40
237	35/43	700	M35-39	X Jeff Mahoney	277	44:05	8:49	1:26:33	8:40
238	16/45	704	F25-29	X Stephanie Drost	275	44:05	8:49	1:26:34	8:40
239	17/45	113	F25-29	Alexandra Naroski Toronto	262	43:57	8:48	1:26:37	8:40
240	18/45	112	F25-29	Hannah Naroski	264	43:57	8:48	1:26:38	8:40
241	14/56	380	F35-39	Emily Shandruk	246	43:35	8:43	1:26:50	8:41
242	2/11	469	F60-64	Maryanne Rooney	259	43:50	8:46	1:26:51	8:42
243	18/47	147	F30-34	Camille Zawacki Shuniah	325	45:24	9:05	1:26:52	8:42
244	15/56	315	F35-39	Becky Agar	250	43:41	8:45	1:27:06	8:43
245	3/11	369	F60-64	Maureen Belluz Fort Frances	232	43:15	8:39	1:27:11	8:44
246	21/36	470	M30-34	Deiter Jarvinen	161	40:23	8:05	1:27:14	8:44
247	9/16	423	M55-59	Terry Hill Rosslyn	234	43:16	8:40	1:27:19	8:44
248	36/43	334	M35-39	Kevin Pilon	344	46:15	9:15	1:27:22	8:45
249	22/36	305	M30-34	Travis Potter	229	43:05	8:37	1:27:23	8:45
250	23/36	583	M30-34	Joshua Sturby Neebing	208	42:12	8:27	1:27:26	8:45

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
251	5/33	573	F45-49	Kayla Dixon	255	43:47	8:46	1:27:33	8:46
252	2/13	709	F<19	Grace Wilson	271	44:02	8:49	1:27:33	8:46
253	20/28	483	M45-49	Chris Goegan	254	43:45	8:45	1:27:35	8:46
254	9/16	713	M60-64	Fred Bauer	248	43:36	8:44	1:27:35	8:46
255	3/13	196	F<19	Danielle Saunders	257	43:47	8:46	1:27:36	8:46
256	24/36	515	M30-34	Stephen Massaro	190	41:27	8:18	1:27:42	8:47
257	4/11	353	F60-64	Anne Schan Fowler	247	43:35	8:43	1:27:44	8:47
258	6/33	622	F45-49	Melanie Depue Nipigon	249	43:39	8:44	1:27:47	8:47
259	10/16	427	M60-64	Brian Backor	317	45:11	9:03	1:27:51	8:48
260	11/16	654	M60-64	Tim Surcess	233	43:16	8:40	1:27:55	8:48
261	4/13	377	F<19	Maura Brett	279	44:08	8:50	1:27:57	8:48
262	16/56	487	F35-39	Robin Clinker	266	43:59	8:48	1:27:58	8:48
263	16/23	502	M20-24	Nathan McKenzie	378	47:00	9:24	1:28:00	8:48
264	5/13	702	M65-69	Rod Fuchihara	238	43:20	8:40	1:28:01	8:49
265	6/13	412	M65-69	Jay Henderson	228	43:01	8:37	1:28:04	8:49
266	7/10	647	M<19	Rashaun Harper Sandy Lake	214	42:24	8:29	1:28:08	8:49
267	21/28	665	M45-49 X	George Wilson	272	44:02	8:49	1:28:12	8:50
268	19/47	588	F30-34	Kayla Carlson	297	44:37	8:56	1:28:16	8:50
269	10/16	535	M55-59 X	Doug Wright	324	45:23	9:05	1:28:18	8:50
270	5/11	273	F60-64	Angela Domansky Desserre	286	44:23	8:53	1:28:19	8:50
271	12/16	153	M60-64	Terry O'Shea	231	43:14	8:39	1:28:22	8:51
272	7/33	682	F45-49	Natalie Paavola	217	42:42	8:33	1:28:36	8:52
273	3/13	205	F55-59	Ellen MacKenzie	292	44:29	8:54	1:28:38	8:52
274	11/26	151	F20-24	Gabrielle Erickson	299	44:40	8:56	1:28:40	8:52
275	12/21	253	M50-54	Marshall Erickson	298	44:40	8:56	1:28:41	8:53
276	8/26	528	F50-54	Angela Saunders	268	44:00	8:48	1:28:44	8:53
277	13/21	297	M50-54	Timothy Henderson	245	43:34	8:43	1:28:45	8:53
278	25/36	478	M30-34	Eric Bron	273	44:03	8:49	1:28:46	8:53
279	10/29	605	M40-44	Tatum Wilson Toronto	211	42:19	8:28	1:28:51	8:53
280	8/33	254	F45-49	Shawne Neubauer	300	44:42	8:57	1:28:51	8:54
281	17/56	269	F35-39	Tanya Baker	302	44:44	8:57	1:28:53	8:54
282	18/56	130	F35-39	Morning Star Tom Morson	240	43:22	8:41	1:28:58	8:54
283	6/11	521	F60-64	Carol Bannon	291	44:28	8:54	1:28:58	8:54
284	14/21	453	M50-54	James Panikulam	290	44:28	8:54	1:28:58	8:54
285	24/30	372	M25-29	Jory Kettles Sioux Lookout	327	45:28	9:06	1:28:59	8:54
286	8/10	646	M<19	Denzel Morriseau Sandy Lake	209	42:14	8:27	1:29:03	8:55
287	19/56	415	F35-39	Alicia Turner	293	44:30	8:54	1:29:04	8:55
288	9/33	492	F45-49	Raeanne Faykes	295	44:32	8:55	1:29:08	8:55
289	7/13	287	M65-69	John Lutes London	294	44:30	8:54	1:29:10	8:55
290	11/29	302	M40-44	John Stieh Shuniah	310	44:54	8:59	1:29:12	8:56
291	19/45	632	F25-29	Abbey Nedgial	330	45:39	9:08	1:29:14	8:56
292	9/26	433	F50-54	Fiona Maclean	309	44:54	8:59	1:29:14	8:56
293	10/26	617	F50-54	Bonnie Tittaferante	243	43:30	8:42	1:29:17	8:56
294	4/13	411	F55-59	Barb Tabachak	278	44:08	8:50	1:29:19	8:56
295	20/47	107	F30-34	Joelle Smith Winnipeg	312	45:01	9:01	1:29:21	8:57
296	20/45	508	F25-29	Natalie Ghent	311	45:01	9:01	1:29:24	8:57
297	12/26	569	F20-24	Victoria Morabito	379	47:00	9:24	1:29:31	8:58
298	12/29	255	M40-44	Clint Neubauer	237	43:20	8:40	1:29:34	8:58
299	11/26	650	F50-54	Jodi Scott	306	44:51	8:59	1:29:37	8:58
300	22/28	168	M45-49	Marc Leschuk	319	45:20	9:04	1:29:44	8:59

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
301	21/45	395	F25-29	Maggie Kuzmich	270	44:00	8:48	1:29:47	8:59
302	26/36	378	M30-34	Brad Cornies	283	44:16	8:52	1:29:47	8:59
303	13/29	324	M40-44	Daniel Desautels	296	44:36	8:56	1:29:53	9:00
304	21/47	472	F30-34	Ashley Melnik Kakabeka Falls	316	45:07	9:02	1:29:56	9:00
305	10/33	416	F45-49	Colleen Henny	267	43:59	8:48	1:29:58	9:00
306	5/13	213	F<19	Alyssa Stiletto	372	46:52	9:23	1:30:01	9:01
307	6/13	208	F<19	Delaney McLeod	373	46:52	9:23	1:30:01	9:01
308	20/56	156	F35-39	Kimberley Johnston	253	43:45	8:45	1:30:46	9:05
309	14/29	268	M40-44	James Davis Atikokan	313	45:02	9:01	1:30:46	9:05
310	9/10	708	M<19	Nathan Smallwood	376	46:55	9:23	1:30:47	9:05
311	21/56	148	F35-39	Deanne Gagnon Murillo	348	46:20	9:16	1:30:47	9:05
312	22/47	190	F30-34	Ashley Anderson	364	46:44	9:21	1:30:48	9:05
313	9/38	283	F40-44	Julie Slack Atikokan	314	45:03	9:01	1:30:49	9:05
314	23/28	662	M45-49	Justin Kreczmer	366	46:46	9:22	1:30:55	9:06
315	7/11	198	F60-64	Linda Stevens	318	45:19	9:04	1:30:56	9:06
316	2/3	677	M70-79	X Arnie Nurmi	355	46:37	9:20	1:30:58	9:06
317	15/21	343	M50-54	X Darren Smallwood	377	46:55	9:23	1:30:59	9:06
318	22/56	385	F35-39	Dani Garon	336	46:00	9:12	1:31:02	9:07
319	22/45	435	F25-29	Shannon McMillan	315	45:03	9:01	1:31:12	9:08
320	17/23	370	M20-24	Joshua De Jong	301	44:42	8:57	1:31:14	9:08
321	8/11	124	F60-64	Susan McDonald	307	44:52	8:59	1:31:19	9:08
322	10/38	589	F40-44	Jennifer Lawrance	340	46:13	9:15	1:31:27	9:09
323	11/38	279	F40-44	Jennifer Lawson	339	46:13	9:15	1:31:28	9:09
324	23/56	274	F35-39	Jenns Mademedoit	338	46:12	9:15	1:31:28	9:09
325	5/13	173	F55-59	Donna Fossum	303	44:44	8:57	1:31:32	9:10
326	23/45	162	F25-29	Heather Schmidt	265	43:58	8:48	1:31:35	9:10
327	23/47	455	F30-34	Megan Barone	276	44:05	8:49	1:31:42	9:11
328	15/29	342	M40-44	Matthaeus Lundie Ottawa	385	47:20	9:28	1:31:46	9:11
329	24/47	581	F30-34	Chantal Boutotte	269	44:00	8:48	1:31:48	9:11
330	27/36	298	M30-34	Hazem Sabeh	281	44:14	8:51	1:31:54	9:12
331	28/36	129	M30-34	Trevor Vares Geraldton	363	46:44	9:21	1:32:01	9:13
332	12/38	387	F40-44	Lori Florindo	332	45:42	9:09	1:32:03	9:13
333	11/33	549	F45-49	Donna Jeanpierre	359	46:42	9:21	1:32:04	9:13
334	25/47	333	F30-34	April Pilon	353	46:27	9:18	1:32:06	9:13
335	7/13	516	F<19	Maddie Cryer	358	46:40	9:20	1:32:08	9:13
336	13/38	193	F40-44	Anne Broersma	382	47:10	9:26	1:32:17	9:14
337	24/45	552	F25-29	Madison Rizzuto	321	45:21	9:05	1:32:18	9:14
338	12/33	299	F45-49	Allison Leschuk	320	45:20	9:04	1:32:18	9:14
339	14/38	714	F40-44	Crystal Cook Manrathon	361	46:43	9:21	1:32:22	9:15
340	24/28	166	M45-49	Matt Sombrutski	305	44:50	8:58	1:32:26	9:15
341	16/29	625	M40-44	Ryan Thornton	287	44:24	8:53	1:32:28	9:15
342	26/47	265	F30-34	Meghan Hill	284	44:18	8:52	1:32:33	9:16
343	15/38	585	F40-44	Arlayna Atkinson	369	46:48	9:22	1:32:39	9:16
344	37/43	425	M35-39	Roy Pelletier Rosslyn	341	46:13	9:15	1:32:48	9:17
345	13/33	110	F45-49	Shannon Reynolds	331	45:41	9:09	1:32:49	9:17
346	24/56	426	F35-39	Christa Pelletier Rosslyn	342	46:13	9:15	1:32:49	9:17
347	14/33	207	F45-49	Katie Ostrom Rosslyn	308	44:52	8:59	1:32:54	9:18
348	13/26	524	F20-24	Angela Iuvancigh Gorham	346	46:18	9:16	1:32:55	9:18
349	12/26	556	F50-54	Beth Ponka	365	46:45	9:21	1:32:58	9:18
350	27/47	256	F30-34	Kristina Booi Red Lake	335	45:58	9:12	1:33:02	9:19

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
351	17/29	667	M40-44	Derek Ortgiese	368	46:47	9:22	1:33:08	9:19
352	25/45	382	F25-29	Karly Huitsing Slate River	289	44:26	8:54	1:33:13	9:20
353	18/29	363	M40-44	Daniel Depeuter Shuniah	360	46:42	9:21	1:33:13	9:20
354	16/21	428	M50-54	Gord Crawford	351	46:22	9:17	1:33:14	9:20
355	13/26	464	F50-54	Luisa Burgess	386	47:24	9:29	1:33:16	9:20
356	19/29	359	M40-44	Darryl Fawcett Kakabeka Falls	387	47:26	9:30	1:33:16	9:20
357	16/38	530	F40-44	Michelle Walsh	347	46:19	9:16	1:33:18	9:20
358	25/28	661	M45-49	Jerry Nardi	354	46:29	9:18	1:33:25	9:21
359	11/16	596	M55-59	Francesco Pollari	401	48:13	9:39	1:33:26	9:21
360	28/47	301	F30-34	Seija Grant	304	44:48	8:58	1:33:28	9:21
361	14/26	551	F50-54	Connie Cahill	333	45:43	9:09	1:33:30	9:21
362	12/16	591	M55-59	Bruce Iwasa	371	46:49	9:22	1:33:34	9:22
363	8/13	511	M65-69	Allan Snelgrove	367	46:46	9:22	1:33:36	9:22
364	17/38	577	F40-44	Jerry-Lynn Durant	356	46:38	9:20	1:33:41	9:23
365	38/43	579	M35-39	Patrick Shewchuk	357	46:38	9:20	1:33:41	9:23
366	15/33	642	F45-49	Evelyn Gliddy Wunnumin Lake	326	45:24	9:05	1:34:00	9:24
367	15/26	490	F50-54	Helena Billard	370	46:48	9:22	1:34:01	9:25
368	14/26	562	F20-24	Brittany Anderson	322	45:22	9:05	1:34:06	9:25
369	16/26	321	F50-54	Maureen Page	329	45:35	9:07	1:34:11	9:26
370	18/23	266	M20-24	Brennan Posmituk	288	44:25	8:53	1:34:17	9:26
371	29/36	679	M30-34	Julius Duku Marathon	285	44:20	8:52	1:34:23	9:27
372	1/4	73	F70-79	Nancy Wells Toronto	380	47:01	9:25	1:34:30	9:27
373	25/56	544	F35-39	Leah Payne	383	47:17	9:28	1:34:31	9:28
374	20/29	546	M40-44	Gareth Payne	384	47:17	9:28	1:34:31	9:28
375	21/29	422	M40-44	Ryan McKay	244	43:34	8:43	1:34:58	9:30
376	30/36	503	M30-34	Randy Taylor	362	46:43	9:21	1:35:01	9:31
377	39/43	689	M35-39	Aaron Blazina	395	47:42	9:33	1:35:08	9:31
378	26/56	235	F35-39	Leah Nix Atikokan	417	49:16	9:52	1:35:14	9:32
379	13/16	687	M60-64	John Friday	345	46:16	9:16	1:35:20	9:32
380	22/29	634	M40-44	Daniel Kaukinen	415	49:15	9:51	1:35:23	9:33
381	13/16	210	M55-59	John Scott	334	45:45	9:09	1:35:28	9:33
382	26/45	243	F25-29	Brittney Serino	337	46:12	9:15	1:35:37	9:34
383	25/30	247	M25-29	Brett Biasiol	280	44:09	8:50	1:35:40	9:34
384	26/30	200	M25-29	Brandon Willson	352	46:25	9:17	1:35:42	9:35
385	40/43	262	M35-39	Greg Noyes	349	46:21	9:17	1:35:44	9:35
386	29/47	186	F30-34	Ashley Lange	350	46:22	9:17	1:35:47	9:35
387	17/26	365	F50-54	Teresa Veneruz	389	47:36	9:32	1:36:02	9:37
388	10/10	643	M<19	Lester Gliddy Wunnumin Lake	402	48:17	9:40	1:36:04	9:37
389	27/45	115	F25-29	Kelsey Weir Atikokan	406	48:34	9:43	1:36:09	9:37
390	27/56	174	F35-39	Kerri Davis Atikokan	410	48:51	9:47	1:36:15	9:38
391	9/13	223	M65-69	Carman Carlucci	394	47:42	9:33	1:36:16	9:38
392	18/38	322	F40-44	Vicky Carlucci	393	47:42	9:33	1:36:16	9:38
393	28/56	202	F35-39	Jenn Lawr	374	46:54	9:23	1:36:17	9:38
394	29/56	183	F35-39	Kristy Papineau	375	46:54	9:23	1:36:20	9:38
395	27/30	701	M25-29	Kevin Jackson	328	45:31	9:07	1:36:34	9:40
396	41/43	228	M35-39	Christopher Harper Calgary	425	49:27	9:54	1:36:58	9:42
397	19/38	101	F40-44	Michelle Henderson	381	47:01	9:25	1:37:04	9:43
398	30/56	281	F35-39	Caitlin Peuramaki-Brown Kaministiq	396	47:43	9:33	1:37:06	9:43
399	8/13	566	F<19	Victoria Vita	400	48:11	9:39	1:37:09	9:43
400	20/38	564	F40-44	Carrie Vita	399	48:11	9:39	1:37:09	9:43

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
401	15/26	449	F20-24	Nicole Grochowski	388	47:35	9:31	1:37:18	9:44
402	9/11	674	F60-64	Barb McGill Marathon	391	47:40	9:32	1:37:19	9:44
403	31/56	152	F35-39	Kimberly Moir Shuniah	424	49:27	9:54	1:37:26	9:45
404	28/30	344	M25-29	Jordan Lehto	414	49:12	9:51	1:37:29	9:45
405	32/56	523	F35-39	Hope Buset	343	46:14	9:15	1:37:39	9:46
406	16/33	547	F45-49	Cheri Stanfield	409	48:50	9:46	1:37:48	9:47
407	33/56	284	F35-39	Angel Gledhill	398	48:05	9:37	1:37:49	9:47
408	23/29	407	M40-44	Casey Horan	442	50:29	10:06	1:37:57	9:48
409	34/56	434	F35-39	April Hadley	416	49:15	9:51	1:38:04	9:49
410	29/30	318	M25-29	Owolobi Moro	403	48:24	9:41	1:38:13	9:50
411	28/45	319	F25-29	Sarah Farrell	404	48:29	9:42	1:38:14	9:50
412	21/38	443	F40-44	Thayna Bivins	412	49:02	9:49	1:38:27	9:51
413	31/36	441	M30-34	Randy Edgar	428	49:41	9:57	1:38:31	9:52
414	32/36	222	M30-34	Brendan Hardick	432	49:50	9:58	1:38:39	9:52
415	29/45	326	F25-29	Hailey Whitelock Marathon	413	49:07	9:50	1:38:42	9:53
416	17/33	216	F45-49	Joann Scott	411	48:51	9:47	1:38:43	9:53
417	19/23	548	M20-24	Nicholas Giles-Pelletier	392	47:41	9:33	1:38:51	9:54
418	16/26	494	F20-24	Francesca Bava	475	51:36	10:20	1:38:53	9:54
419	30/47	116	F30-34	Krista Bonham Atikokan	408	48:46	9:46	1:39:13	9:56
420	20/23	630	M20-24	Mason Quarrell	436	50:04	10:01	1:39:16	9:56
421	30/45	270	F25-29	Allie Stewart	437	50:04	10:01	1:39:17	9:56
422	22/38	568	F40-44	Jessica Carfagnini	430	49:48	9:58	1:39:19	9:56
423	31/45	309	F25-29	Alexandra Dampier	476	51:36	10:20	1:39:21	9:56
424	26/28	459	M45-49	Jason Marcotte	405	48:31	9:43	1:39:24	9:57
425	18/33	248	F45-49	Sherri Dafoe	445	50:34	10:07	1:39:25	9:57
426	27/28	489	M45-49	Gene Tsao	452	50:41	10:09	1:39:35	9:58
427	18/26	542	F50-54	Sherri Johnson Fort William FN	407	48:38	9:44	1:39:50	9:59
428	17/21	419	M50-54	Michael Belcamino	420	49:20	9:52	1:40:10	10:01
429	14/16	289	M55-59	Grant Turner Ottawa	443	50:32	10:07	1:40:16	10:02
430	19/33	189	F45-49	Stephanie Smallwood	472	51:27	10:18	1:40:18	10:02
431	23/38	187	F40-44	Melanie Maille	444	50:33	10:07	1:40:24	10:03
432	17/26	121	F20-24	Ashley Dokuchic	449	50:36	10:08	1:40:25	10:03
433	6/13	349	F55-59	Cathy Michaliuk	426	49:36	9:56	1:40:27	10:03
434	35/56	197	F35-39	Shelly Martyn	457	50:49	10:10	1:40:36	10:04
435	21/23	227	M20-24	Madison Ainsworth	456	50:48	10:10	1:40:36	10:04
436	31/47	170	F30-34	Hannah Pawluk	455	50:48	10:10	1:40:36	10:04
437	18/26	185	F20-24	Delaney Read	431	49:48	9:58	1:40:39	10:04
438	22/23	440	M20-24	Zachary Watson	427	49:40	9:56	1:40:45	10:05
439	24/38	604	F40-44	Kirsty Greene Sioux Lookout	467	51:13	10:15	1:40:47	10:05
440	33/36	118	M30-34	Ryan Mathisrud	419	49:20	9:52	1:40:48	10:05
441	10/13	618	M65-69	Clyde Tuyl	429	49:47	9:58	1:40:48	10:05
442	24/29	598	M40-44	Adam Moir Dryden	418	49:17	9:52	1:40:53	10:06
443	20/33	199	F45-49	Marie-Claude Gauthier	447	50:35	10:07	1:41:03	10:07
444	32/47	135	F30-34	Grace Herring Hatley	450	50:36	10:08	1:41:20	10:08
445	25/29	403	M40-44	Tobin Lees	454	50:44	10:09	1:41:22	10:09
446	25/38	669	F40-44	Jenny Woolverton	468	51:14	10:15	1:41:23	10:09
447	26/29	567	M40-44	Ryan Stachow Slate River	441	50:16	10:04	1:41:25	10:09
448	33/47	103	F30-34	Amanda Tozer Longlac	478	51:43	10:21	1:41:48	10:11
449	32/45	250	F25-29	Kayley East Wawa	488	52:45	10:33	1:41:51	10:12
450	19/26	325	F20-24	Shannon Dyce	435	50:03	10:01	1:41:59	10:12

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
451	27/29	477	M40-44	Jarron Childs	438	50:10	10:02	1:41:59	10:12
452	33/45	257	F25-29	Anne-Marie McKitrick	440	50:14	10:03	1:42:14	10:14
453	36/56	594	F35-39	Melanie Busniuk	433	50:01	10:01	1:42:21	10:15
454	42/43	558	M35-39	Ryan Sinninghe	390	47:37	9:32	1:42:30	10:15
455	14/16	221	M60-64	David Hardick	448	50:35	10:07	1:43:00	10:18
456	21/33	330	F45-49	Heather Lammers	446	50:34	10:07	1:43:06	10:19
457	22/33	134	F45-49	Heather Benincasa	469	51:16	10:16	1:43:16	10:20
458	23/33	486	F45-49	Kim Gerrish	458	50:54	10:11	1:43:19	10:20
459	34/47	225	F30-34	Alexandra Jones	461	51:01	10:13	1:43:21	10:21
460	1/4	386	F65-69	Bev Chambers Francis	451	50:36	10:08	1:43:22	10:21
461	35/47	391	F30-34	Lainey Bannon	485	52:16	10:28	1:43:30	10:21
462	26/38	635	F40-44	Keri Brown	483	52:15	10:27	1:43:30	10:21
463	37/56	550	F35-39	Karlee Grant	484	52:15	10:27	1:43:32	10:22
464	34/45	595	F25-29	Taryn Jackson Kakabeka Falls	434	50:01	10:01	1:43:44	10:23
465	20/26	633	F20-24	Kaitlyn Tougas	481	51:52	10:23	1:43:45	10:23
466	24/33	201	F45-49	Vikki Tougas	480	51:52	10:23	1:43:45	10:23
467	36/47	177	F30-34	Dakota Nesbitt	459	51:00	10:12	1:43:49	10:23
468	7/13	518	F55-59	Donna Fry Shuniah	464	51:09	10:14	1:43:54	10:24
469	25/33	401	F45-49	Karen Stewart	504	54:11	10:51	1:44:10	10:25
470	27/38	599	F40-44	Nancy Moir Dryden	479	51:50	10:22	1:44:22	10:27
471	18/21	692	M50-54	Robert Mauro	532	57:43	11:33	1:44:34	10:28
472	38/56	458	F35-39	Carly Perras	471	51:26	10:18	1:45:12	10:32
473	37/47	514	F30-34	Natalie Vibert	474	51:33	10:19	1:45:14	10:32
474	38/47	237	F30-34	Jamie Henny Kaministiquia	462	51:01	10:13	1:45:15	10:32
475	9/13	648	F<19	Tianna Goodman Sandy Lake	477	51:41	10:21	1:45:22	10:33
476	21/26	505	F20-24	Samantha Stovel	463	51:07	10:14	1:46:07	10:37
477	35/45	368	F25-29	Aranka Golphy	465	51:10	10:14	1:46:08	10:37
478	26/33	641	F45-49	Paula Wilson Fowler	397	48:04	9:37	1:46:10	10:37
479	22/26	204	F20-24	Breanna Beecken	422	49:24	9:53	1:46:25	10:39
480	27/33	258	F45-49	Michelle McKitrick	421	49:24	9:53	1:46:29	10:39
481	39/56	165	F35-39	Anna Sombrutski	487	52:29	10:30	1:46:38	10:40
482	10/13	127	F<19	Faith King Atikokan	439	50:12	10:03	1:46:45	10:41
483	39/47	276	F30-34	Shannon Osadic	460	51:00	10:12	1:46:48	10:41
484	43/43	355	M35-39	Ken Isotalo	473	51:32	10:19	1:46:48	10:41
485	15/16	491	M55-59	Pasquale Izzo	486	52:26	10:30	1:46:48	10:41
486	19/26	238	F50-54	Patricia Prince	501	53:33	10:43	1:47:20	10:44
487	40/47	293	F30-34	Victoria Marks	453	50:43	10:09	1:47:22	10:45
488	28/38	626	F40-44	Pam Sawler	503	53:43	10:45	1:48:01	10:49
489	34/36	610	M30-34	Scott Diakunchak Slate River	423	49:26	9:54	1:48:08	10:49
490	23/26	706	F20-24	Megan Crawford	505	54:11	10:51	1:48:12	10:50
491	36/45	680	F25-29	Katie Peters	497	53:11	10:39	1:48:24	10:51
492	37/45	246	F25-29	Shannon Darby	498	53:11	10:39	1:48:25	10:51
493	35/36	614	M30-34	Jeff Barabash	496	53:11	10:39	1:48:26	10:51
494	8/13	219	F55-59	Cheryl Ready	506	54:21	10:53	1:48:37	10:52
495	38/45	698	F25-29	Olivia Seargeant	523	56:15	11:15	1:49:14	10:56
496	39/45	294	F25-29	Sarah Stanley	466	51:10	10:14	1:49:16	10:56
497	40/56	676	F35-39	Jessica Wyatt	499	53:23	10:41	1:49:27	10:57
498	41/47	497	F30-34	Gabriella Balog	495	53:10	10:38	1:49:35	10:58
499	30/30	146	M25-29	Matthew Sanche	491	53:05	10:37	1:49:36	10:58
500	42/47	145	F30-34	Amanda Sanche	490	53:05	10:37	1:49:36	10:58

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
501	3/3	488	M70-79	Dan Slomke	500	53:25	10:41	1:49:40	10:58
502	28/29	184	M40-44	David Norris	508	54:22	10:53	1:49:41	10:59
503	29/38	181	F40-44	Alyson MacKay	507	54:21	10:53	1:49:42	10:59
504	40/45	194	F25-29	Ainsley Miller	494	53:09	10:38	1:49:44	10:59
505	41/45	214	F25-29	Danielle Kaplar	492	53:06	10:38	1:49:46	10:59
506	20/26	195	F50-54	Karen McQueen	493	53:07	10:38	1:49:46	10:59
507	16/16	108	M55-59	Peter Smith Dryden	515	54:30	10:54	1:49:53	11:00
508	41/56	430	F35-39	Michelle Greaves	516	54:43	10:57	1:50:03	11:01
509	42/56	640	F35-39	Jennifer Kelly St. Catharines	513	54:28	10:54	1:50:34	11:04
510	30/38	519	F40-44	Melinda Norhaugen	521	56:11	11:15	1:50:36	11:04
511	19/21	553	M50-54	Steve Tanguay	520	56:11	11:15	1:50:36	11:04
512	43/56	226	F35-39	Allison Scott	470	51:25	10:17	1:50:44	11:05
513	2/4	619	F70-79	Dee Tuyl	502	53:37	10:44	1:50:53	11:06
514	42/45	383	F25-29	Christine Chochla	489	52:47	10:34	1:51:43	11:11
515	2/4	260	F65-69	Debby Kennedy Kakabeka Falls	527	57:10	11:26	1:51:48	11:11
516	21/26	498	F50-54	Fran Mazzaferro	510	54:25	10:53	1:52:03	11:13
517	44/56	406	F35-39	Emily Morris Slate River	511	54:26	10:54	1:52:04	11:13
518	24/26	397	F20-24	Raelene Temple	512	54:27	10:54	1:52:07	11:13
519	20/21	712	M50-54	Charles Thompson	517	55:21	11:05	1:52:36	11:16
520	31/38	711	F40-44	Jaana Penna	518	55:23	11:05	1:52:41	11:17
521	15/16	117	M60-64	John Gardam Manotick	531	57:35	11:31	1:53:17	11:20
522	32/38	105	F40-44	Holly Gatto	526	57:10	11:26	1:53:18	11:20
523	43/45	159	F25-29	Vanessa Kroeker	522	56:14	11:15	1:53:33	11:22
524	33/38	114	F40-44	Linda Sanzo	509	54:24	10:53	1:53:34	11:22
525	3/4	512	F70-79	Gael Jones Shuniah	541	58:30	11:42	1:54:29	11:27
526	34/38	360	F40-44	Jennifer McFarlane Kakabeka Falls	514	54:29	10:54	1:55:08	11:31
527	11/13	311	F<19	Crystal Budd Kakabeka Falls	539	58:17	11:40	1:55:12	11:32
528	12/13	312	F<19	Shaelynn Moorman	540	58:18	11:40	1:55:13	11:32
529	36/36	560	M30-34	Curtis Ball	482	52:09	10:26	1:55:28	11:33
530	28/33	651	F45-49	Anita Lafontaine	537	58:14	11:39	1:55:32	11:34
531	11/13	644	M65-69	Ralph Bekintis Sandy Lake	519	55:44	11:09	1:55:55	11:36
532	45/56	517	F35-39	Nancy Monchka	538	58:16	11:40	1:56:38	11:40
533	46/56	405	F35-39	Katie Hughdie	530	57:23	11:29	1:56:52	11:42
534	35/38	358	F40-44	Tania Bimm Atikokan	544	58:40	11:44	1:56:54	11:42
535	9/13	288	F55-59	Marilee Chase	546	58:41	11:45	1:57:10	11:43
536	29/33	532	F45-49	Lesley Lamers Kakabeka Falls	542	58:34	11:43	1:57:56	11:48
537	10/13	629	F55-59	Stephanie Crawford	550	58:57	11:48	1:58:05	11:49
538	47/56	178	F35-39	Amanda Blake	524	56:59	11:24	1:58:22	11:51
539	11/13	536	F55-59	Jane McLeod	551	58:58	11:48	1:58:26	11:51
540	22/26	111	F50-54	June Trout Sioux Lookout	548	58:42	11:45	1:58:28	11:51
541	3/4	468	F65-69	Mairi Gerow	535	58:02	11:37	1:58:44	11:53
542	43/47	574	F30-34	Ashley Van Ramshorst	543	58:35	11:43	1:59:06	11:55
543	12/13	158	F55-59	Margaret Beardy Sioux Lookout	549	58:42	11:45	1:59:22	11:57
544	23/26	264	F50-54	Barb Lange Atikokan	547	58:41	11:45	1:59:41	11:59
545	44/47	392	F30-34	Stephanie Blanchard	553	59:09	11:50	2:00:09	12:01
546	45/47	421	F30-34	Ashley Fratpietro	528	57:12	11:27	2:00:34	12:04
547	30/33	417	F45-49	Shelley O'Neill	545	58:40	11:44	2:01:45	12:11
548	36/38	211	F40-44	Margaret McCann	556	1:00:26	12:06	2:01:57	12:12
549	46/47	263	F30-34	Erin Myllyaho	563	1:02:31	12:31	2:02:22	12:15
550	12/13	285	M65-69	Jimmy Johnson	533	57:47	11:34	2:02:32	12:16

X - Professional Fire Fighter

18:37:43 05/23/2019

Fire Fighters Ten Mile Road Race (est 1910)

Thunder Bay

05/20/2019

Race Scored by Thunder Bay Timing

Individual RESULTS

Place	Cat/Tot	Bib	Cat	Name	-- 5 Mile Split --		--- Finish ---		
					Rank	Time	Pace	Time	Pace
551	31/33	376	F45-49	Tammy Ambrose	534	57:51	11:35	2:02:50	12:17
552	13/13	565	F<19	Noelle Vita	565	1:02:49	12:34	2:03:12	12:20
553	13/13	292	F55-59	Tricia Allan	560	1:02:15	12:27	2:03:40	12:22
554	23/23	685	M20-24	Alex Giardino	525	57:01	11:25	2:03:53	12:24
555	48/56	493	F35-39	Brooke Carlson	555	59:36	11:56	2:04:49	12:29
556	49/56	217	F35-39	Pam Cain Slate River	554	59:36	11:56	2:04:50	12:29
557	4/4	699	F70-79	Marlene Pawluk Fowler	552	59:04	11:49	2:05:31	12:34
558	13/13	437	M65-69	John Hadley Sault Ste. Marie	529	57:19	11:28	2:05:45	12:35
559	47/47	540	F30-34	Kristin Maunula	557	1:00:58	12:12	2:05:56	12:36
560	50/56	157	F35-39	Amanda Kakekaspan Sioux Lookout	559	1:02:14	12:27	2:06:12	12:38
561	10/11	559	F60-64	Maureen Parkes	571	1:03:38	12:44	2:08:17	12:50
562	24/26	140	F50-54	Kim Spivak	570	1:03:38	12:44	2:08:39	12:52
563	51/56	267	F35-39	Christine Avgeropoulos	567	1:03:03	12:37	2:10:26	13:03
564	25/26	555	F20-24	Tobi Crow Sandy Lake	574	1:05:43	13:09	2:10:42	13:05
565	44/45	447	F25-29	Syndyn Baxter	569	1:03:25	12:41	2:10:52	13:06
566	28/28	460	M45-49	Ian Hamilton	568	1:03:25	12:41	2:10:54	13:06
567	25/26	218	F50-54	Kathy Shilliday	562	1:02:22	12:29	2:12:12	13:14
568	52/56	457	F35-39	Dawn Boardman Hamilton	561	1:02:22	12:29	2:13:16	13:20
569	21/21	220	M50-54	Brian Soldera	564	1:02:43	12:33	2:13:21	13:21
570	45/45	212	F25-29	Kelsi Soldera	566	1:02:50	12:34	2:13:22	13:21
571	53/56	373	F35-39	Chrissy Sutton	573	1:05:21	13:05	2:13:49	13:23
572	26/26	554	F20-24	Clarissa Crowe Sandy Lake	536	58:08	11:38	2:14:01	13:25
573	16/16	628	M60-64	Jacob Fisher Whitedog	558	1:01:20	12:16	2:14:21	13:27
574	37/38	362	F40-44	Crystal Depeuter Shuniah	578	1:08:12	13:39	2:15:01	13:31
575	4/4	215	F65-69	Karen Carlucci	579	1:08:12	13:39	2:15:01	13:31
576	54/56	249	F35-39	Ashley Kettles	575	1:05:56	13:12	2:15:22	13:33
577	38/38	571	F40-44	Laura Ortgiese Kakabeka Falls	576	1:06:46	13:22	2:17:12	13:44
578	11/11	104	F60-64	Mary Gardam Manotick	577	1:07:52	13:35	2:17:55	13:48
579	55/56	446	F35-39	Eunice Keno Sandy Lake	572	1:03:53	12:47	2:18:04	13:49
580	56/56	182	F35-39	Jennifer Love	582	1:09:26	13:54	2:25:57	14:36
581	32/33	242	F45-49	Lori Schmidt	581	1:09:13	13:51	2:25:59	14:36
582	29/29	576	M40-44	Manish Agarwal	580	1:08:22	13:41	2:29:42	14:59
583	26/26	259	F50-54	Caroline Meyer Toronto	583	1:16:31	15:19	2:33:45	15:23
584	33/33	586	F45-49	Lisa Lecocq	584	1:18:24	15:41	2:43:48	16:23

X - Professional Fire Fighter

18:37:43 05/23/2019